Choosing your UC Davis Health provider is as simple as 1-2-3

1. First, choose one of the many health insurance plans that we accept. You can view the list at choosehealth.ucdavis.edu.

2. Next, choose us as your medical group. (We may be listed as UC Davis Health or as UC Davis Medical Group in your materials).

3. Then choose your preferred UC Davis Health doctor, and contact their office to confirm they are accepting new patients. You can browse our physicians at choosehealth.ucdavis.edu, or call 800-2-UCDAVIS.

To request a UC Davis Health primary care provider or to learn more, visit our website at choosehealth.ucdavis.edu or call 800-2-UCDAVIS (800-282-3284).

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Health plans we accept

**HMOs**
- **Anthem** 800-888-8288
- **Blue Cross**
- **Blue Shield** 888-568-3560
- **Cigna** 800-244-6224

**PPOs**
- **Aetna** 800-872-3862
- **Beech Street** 800-877-1444
- **Anthem**
- **Blue Cross**
- **Blue Shield** 888-626-6780
- **Cigna** 800-997-1654
- **First Health** 800-226-5116
- **Great West Healthcare – Cigna**
- **Health Net**
- **United Healthcare**
- **United Healthcare West**

*Not a comprehensive list. Your plan materials may include UC Davis Health or UC Davis Medical Group. Please call your plan’s member services with any questions for information.*