

# Choosing your UC Davis Health provider is as simple as 1-2-3

## Health plans we accept

### HMOs

Anthem	Health Net
Blue Cross	<b>888-926-2164</b>
<b>800-888-8288</b>	UC Blue & Gold
Blue Shield	<b>800-539-4072</b>
<b>888-568-3560</b>	United Healthcare
Cigna	<b>800-624-8822</b>
<b>800-244-6224</b>	

### PPOs & standard insurance

Aetna	HealthSmart – Interplan
<b>800-872-3862</b>	<b>800-444-4036</b>
Beech Street	Multiplan
<b>800-877-1444</b>	<b>888-342-7427</b>
Anthem	Networks By Design
Blue Cross	<b>800-709-4734</b>
<b>800-331-1476</b>	Pacific Foundation for Medical Care
Blue Shield	<b>800-548-7677</b>
<b>888-626-6780</b>	TriCare
Cigna	<b>844-866-9378</b>
<b>800-997-1654</b>	UC Care
First Health	<b>844-437-0486</b>
<b>800-226-5116</b>	United Healthcare
Great West Healthcare – Cigna	<b>800-357-0978</b>
<b>800-663-8081</b>	United Healthcare West
Health Net	<b>800-624-8822</b>
<b>800-641-7761</b>	
Hometown Health Plan	
<b>775-982-3000</b>	

Not a comprehensive list. Your plan materials may include UC Davis Health or UC Davis Medical Group. Please call your plan's member services with any questions or for information. Contact numbers may change.

**1**

First, choose one of the many health insurance plans that we accept. You can view the list at [choosehealth.ucdavis.edu](https://choosehealth.ucdavis.edu).

**2**

Next, choose us as your medical group. (We may be listed as UC Davis Health or as UC Davis Medical Group in your materials).

**3**

Then choose your preferred UC Davis Health doctor, and contact their office to confirm they are accepting new patients. You can browse our physicians at [choosehealth.ucdavis.edu](https://choosehealth.ucdavis.edu), or call **800-2-UCDAVIS**.

To request a UC Davis Health primary care provider or to learn more, visit our website at [choosehealth.ucdavis.edu](https://choosehealth.ucdavis.edu) or call **800-2-UCDAVIS (800-282-3284)**.

### Find a primary care doctor close to home

Specialty care available at many community locations.

