

**Tuesday
November 4, 2025
4 p.m. – 6 p.m.
NAOB 1115**

Registration QR Code



Event Speakers

Sara Aghamohammadi, M.D.
Pediatrics

Katren Tyler, M.D.
Emergency Wellness

Uma Anand, Ph.D.
*Academic & Staff Assistance
Program*



Clinician Health & Wellbeing Summit

Tuesday, November 4, 2025

4 p.m. – 6 p.m.

North Addition Office Building, RM 1115

Please join us for our Annual Wellness Summit as we focus on creating a healthy and supportive professional environment for all clinicians.

4:15 p.m. – Welcome & Employee Engagement Survey Results
by Sara Aghamohammadi, M.D., Chief Wellness Officer

4:45 p.m. – Department Wellness Champions Accomplishments
by Katren Tyler, M.D., Chair of the Medical Staff Well-being Committee

5 p.m. – Opt Out ASAP Sessions
by Uma Anand, Ph.D., Psychologist for GME and ASAP

5:15 p.m. – Closing Remarks & Reception
Light refreshments & snacks

Registration Deadline: Friday, October 17, 2025