

Phlebotomy (Blood Draw)

- Your child should drink plenty of fluids before the visit, so he/she is well-hydrated.
- Please advise the phlebotomist of any complications, allergies and/or medications that your child is currently taking prior to the draw.
- We have different positioning options during the blood draw, depending upon your child's needs. We will discuss these options with you prior to the draw.
- We have a television monitor available, so feel free to bring a DVD or video for your child to watch during the procedure. You may also bring items such as a toy, stuffed animal, or blankets to make the child feel secure.
- Up to 3 tablespoons of blood are collected from the child and 5 tablespoons from parent(s). The total amount of blood drawn does not exceed the maximum amount recommended by the National Institutes of Health (NIH), in accordance with the weight of the child.



Post-Phlebotomy Care



- After blood collection, apply firm pressure to the arm for a few minutes to help facilitate clot formation.
- Drink plenty of fluids.
- If dizzy, sit or lie down.
- If bruising occurs, apply cold compress or ice.
- Leave the bandage on until the bleeding has stopped completely. Keep a close eye on your child as he/she may try to remove the bandage.
- Avoid caffeine and alcohol intake (Adults).
- No smoking for ½ an hour (Adults).
- Seek medical attention if symptoms persist.

If you have any further questions or concerns, please contact:

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