

# STAAR First Visit Social Story Script for Parents

**Instructions:** The numbers below correspond to the page numbers on the smaller (4 page) social story you have received in the mail. Feel free to read this script as your child looks at the pictures.

1. Why are we doing the STAAR Study? Some kids worry and get afraid a lot. This means they can't do some things they want to do. When they avoid situations, they don't learn about them.
2. Some kids miss out on birthday parties or trips to the amusement park because of their worries. What about you?
3. In the STAAR study, there is a computer program that acts like the "sorting hat" from Harry Potter and it will randomly put you in one of two groups.
4. Then, for four months, you will come to the MIND Institute several times to see a doctor. (Point to photo on the left) Sometimes the doctor may give your parents a medicine to take home and give you. This medicine might help you feel less worried or scared. (Point to photo on the right) Sometimes the doctor may talk to you about things that make you worried or scared and help you learn how to handle these feelings.