

22q HEALTHY MINDS CLINIC REFERRAL INFORMATION

Thank you for your interest in the 22q Healthy Minds Clinic at the UC Davis MIND Institute. Please follow the step-by-step directions to initiate a referral to our clinic. Each of the steps below must be completed. We are unable to accept incomplete referrals.

1. As the first step for an appointment in our clinic, please schedule an appointment with your child's primary health care provider. Take this letter with you to the appointment and show it to your child's doctor.
2. In order to examine your child, we **MUST** have a referral from your child's healthcare provider. We cannot accept parent self-referrals without the healthcare provider's referral.
3. When you meet with your health care provider, ask him or her to refer your child through your medical insurance, **not your mental/behavioral health/substance abuse insurance**. The provider's office must call the UC Davis Physician Referral Center at 800-482-3284. The referral must include the following **TWO VERY IMPORTANT** pieces of information:
 - a. **MEDICAL NECESSITY**- Your health care provider must provide a written progress note that documents the medical necessity for your child to be examined in our clinic. That note must give the history of symptoms prompting the request for examination. The attached document (insurance-just-letter) may help your provider make the appropriate referral to document **medical necessity**. Insurance companies usually agree that the examination is medically necessary if your child's provider emphasizes the neurocognitive effects of chromosome 22q11.2 deletion syndrome. Please note that insurance companies will **not** cover assessments for educational or learning problems. Consequently, your child's provider **should NOT state** that the examination is for the purpose of educational planning or problems your child has learning. Some common codes include:
 - 22q11.2DS/Velocardiofacial Syndrome (Q93.81)
 - Anxiety State, unspecified (F41.1)
 - Attention or concentration deficit (R41.840)
 - Autism Spectrum Disorder (F84.0)
 - Cognitive Communication Deficit (R41.841)
 - Delayed Milestones (R62.0)
 - Dyslexia and alexia (R48.0)
 - Memory disturbance (R41.3)
 - Mild neurocognitive disorder due to another medical condition (G31.84)
 - Symbolic Dysfunction, e.g. dyscalculia/math disability (R48.9)
 - Visual-spatial deficit (R41.842)
 - b. **PROCEDURE CODES**- The referral also needs to include the request for the following CPT (Current Procedural Terminology) codes: **99205 x1 hr, 96112 x1 hr, 96113 x4 ½-hours, 96116 x1 hr, 96121 x2 hrs, for children 4-years & older: 96132 x1 hr, 96133 x10 hrs, 96136 x1 ½-hr, 96137 x6 ½-hrs, for children 3-years & younger 96132 x1 hr, 96133 x7 hrs, 96136 x1 ½-hr, 96137 x4 ½-hrs, 99354 x 1hr, 99366 x 1hr and 99367 x 1hr.**
4. Once the provider's office has placed the referral with UC Davis Physician Referral Center, you may contact **June LaMarr, New Patient Referral Coordinator, at 916-703-0440**. Once your insurance authorizes the examination, we will send you questionnaires and schedule an appointment.
5. Please see the website link above for records/documents that should be sent to us.
 - a. Patient's current and past medical and developmental history, along with the last PCP appointment documenting a physical examination.
 - b. School/Agency records if applicable, including current 504 plan, Individual Education Plan (IEP), most recent psychoeducational or eligibility evaluation reports, Individual Family Service Plan (IFSP) or Individual Program Plan (IPP).
 - c. Copies of previous diagnostic or psychiatric evaluation reports, including Mental/Behavioral Health, Speech/Language, Occupational Therapy, etc.
 - d. Completion of a patient intake questionnaire and other behavioral questionnaires prior to the appointment.

For more information about our clinic, please see our website:

<http://www.ucdmc.ucdavis.edu/mindinstitute/research/cabil/healthymindsclinic.html>