

Program description

This 8-week program will focus on providing a social, expressive outlet for siblings (ages 7-13) of individuals with neurodevelopmental disabilities.

Children will be able to connect with individuals who understand and share similar familial experiences.

Siblings will be met by MIND Institute Child Life Specialists while participating in a variety of virtual activities that will promote social engagement and a safe discussion environment.

The program will offer
~ Film and book discussions
~ Zoom activities
~ Arts & Crafts

Free for All Families!

Registration is required and spots are limited.



Erin Roseborough
Child Life Specialist



Caitlin Jensen Becerra
Child Life Specialist

We would like to extend an invitation to our sibling group, hosted virtually from the UC Davis MIND Institute!

Sibling Group - Virtual Sessions

2022 Virtual Sibling Group Sessions:

Session 1: March 8 – April 22

Session 2: May 17 – June 18

Session 3: September 13 - November 1

Purpose:

The group is designed to provide a social, expressive outlet for siblings (ages 7-13 years) of individuals with developmental disabilities or chronic health issues. This program will be led by our two Certified Child Life Specialists, Erin Roseborough, CCLS and Caitlin Jensen Be, MS, CCLS.

This FREE program will focus on providing a safe space to interact, have fun, and engage with our siblings in conversation, activities, crafts, and play. To meet the needs of this unique program, it is currently offered to typically developing siblings only.

Who: Typically developing siblings, ages 7-13 years, of brothers or sisters with neurodevelopmental disabilities (autism, fragile X, ADHD, and 22q11.2 deletion syndrome).

When: Tuesdays from 4:00 p.m.- 5:00 p.m.

Where: Sessions will be held via zoom. Link to be provided following registration.

To register for our Virtual Sibling Group please contact:
hs-mindchildlife@ucdavis.edu