

## Virtual Teen Sibling Group

Begins  
April 26

**Days:** Wednesdays

**Time:** 4:30 p.m.

Sessions will be held weekly for 6 weeks.

- Session 1: Apr. 26 – May 31
- Session 2: Aug. 9 – Sept. 13

#### Location

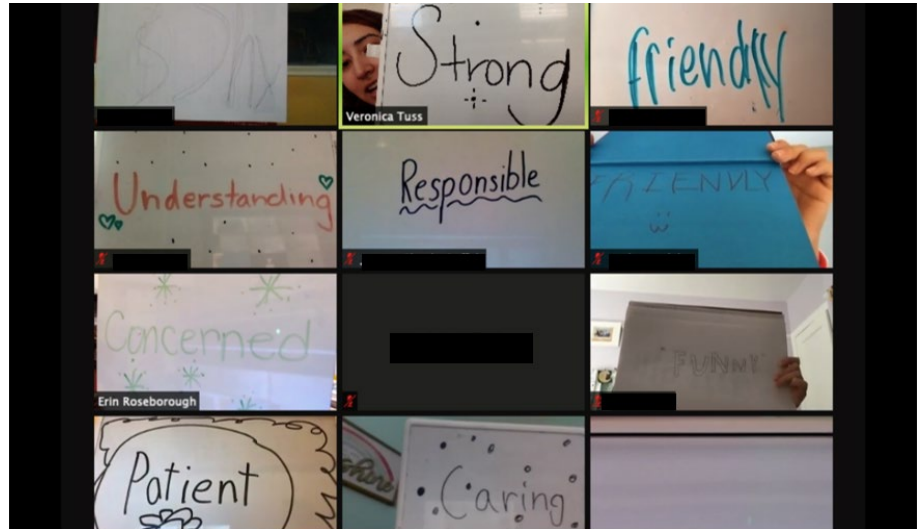
Virtual – Zoom links will be provided following registration.

#### Helpful Information

This is a completely virtual event. Basic art supplies are required and can be provided.

Registration is **required** and completely **FREE**.

This program is made possible thanks to the generosity of donors. Donations to our Child Life Fund are welcome. This program is funded by a Children's Miracle Network grant.



Calling all Teens! Our Sibling Group is now available for ages 13-16!

#### What does this program include?

- Free virtual support group led by certified child life specialists
- An opportunity to interact with other teen siblings of children with neurodevelopmental disabilities
- Weekly discussions, activities and arts

#### Requirements for Enrolling:

- Ages 13-16
- Must be the neurotypical sibling of a child or teen with a neurodevelopmental disability such as autism, ADHD, Down syndrome or fragile X syndrome
- Must be participating in the Sibling Group for the first time
- Must have a laptop, computer, or tablet with internet access

Contact the MIND Institute's Child Life Program for more information and registration information.

[HS-mindchildlife@ucdavis.edu](mailto:HS-mindchildlife@ucdavis.edu).