<table>
<thead>
<tr>
<th>APPOINTMENT</th>
<th>PROVIDER/ DESCRIPTION</th>
<th>DATE/TIME</th>
<th>SPECIAL INSTRUCTIONS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Neurology</td>
<td>Laura Sperry, ANP-BC Neurology Nurse Practitioner</td>
<td></td>
<td>DBS Candidates must attend an informational class about DBS prior to surgery being scheduled.</td>
</tr>
<tr>
<td>Neuropsychology</td>
<td>Dr. Sarah Farias, Dr. Michelle Chan</td>
<td></td>
<td>Office will call you to schedule.</td>
</tr>
<tr>
<td>Neurosurgery</td>
<td>Dr. Kia Shahlaie, Neurosurgeon Dr. Fady Girgis, Neurosurgeon Claire Basco, MSN, FNP-C, CNRN Tram James, MSN, FNP-C Neurosurgery Nurse Practitioners</td>
<td></td>
<td>Office will call you to schedule.</td>
</tr>
<tr>
<td>MRI Scan</td>
<td>U.C. Davis Health System Radiology</td>
<td></td>
<td>Please call Radiology at 916-734-0655 to schedule this appointment.</td>
</tr>
<tr>
<td>Neurosurgery Pre-op Evaluation (1)</td>
<td>Dr. Kia Shahlaie Dr. Fady Girgis Claire Basco, MSN, FNP-C, CNRN Tram James, MSN, FNP-C</td>
<td></td>
<td>Office will call you to schedule.</td>
</tr>
<tr>
<td>Anesthesia Clearance, if applicable</td>
<td>Physical/ECG/Bloodwork Dr. Huong Bach, Surgical Admissions</td>
<td></td>
<td>2-4 weeks before surgery. Neurosurgeon’s office coordinates this appointment, if needed. NO ASPIRIN OR ASPIRIN-LIKE PRODUCTS FOR 2 WEEKS PRIOR TO ANY SURGERY.</td>
</tr>
<tr>
<td>MRI Scan-PRE-OP</td>
<td>U.C. Davis Health System Radiology</td>
<td></td>
<td>Usually performed several days prior to surgery to aid in surgical planning. Scheduled by Neurosurgeon’s office.</td>
</tr>
</tbody>
</table>
| Surgery 1- Electrode Placement    | May require 1 night hospital stay. Some patients may have a bilateral surgery “staged” into 2 separate surgeries approx. 6-12 weeks apart. |            | • Do not take Parkinson’s or Essential tremor medications after 8pm the night before surgery  
  • Bring medications with you.  
  • Stop Azilect 14 days prior to surgery  
  • Discuss blood thinners with your provider as these often need to be stopped 2 weeks prior to surgery.                                                                                     |
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| **Neurosurgery – Post-op (1) and Pre-op (2) Evaluation (IPG), if needed** | **Suture Removal/Incision Check**  
Dr. Kia Shahlaie  
Dr. Fady Girgis  
Claire Basco, MSN, FNP-C, CNRN  
Tram James, MSN, FNP-C  
Length: 1 hour | Office will call you to schedule approximately 7-10 days after surgery. |
| **Surgery 2- Generator (IPG) Placement**      | Usually 1-2 weeks following electrode placement surgery  
This is an outpatient surgery. | • Take all Parkinson’s, tremor and dystonia medications the morning of surgery.  
• Follow instructions on discontinuing blood thinners prior to this surgery (same as electrode placement surgery) |
| **Neurosurgery – Post-op (2) Evaluation**     | **Suture Removal/Incision Check**  
Dr. Kia Shahlaie  
Dr. Fady Girgis  
Claire Basco, MSN, FNP-C, CNRN  
Tram James, MSN, FNP-C  
Length: 1 hour | Neurosurgeon’s office will schedule approximately 7-10 days after surgery. |
| **Neurology – Initial Programming**           | Laura Sperry, ANP-BC  
Length: 2 hours | • Initial programming will usually be approx. 4 weeks after electrode placement surgery.  
• Patients with Parkinson’s: Stop PD meds day of programming appointment. Bring your medications.  
• Patients with Dystonia/ Tremor: Follow normal medication dosage schedule (no need to stop meds) |
| **Neurology – First follow-up DBS appointment** | **Reinforce home programmer use/ evaluate progress and address any side effects**  
Laura Sperry, ANP or your Neurologist  
Length: 1 hour | • Follow-up programming appointments are usually 1-4 weeks later.  
• Will require several visits.  
• If you have Parkinson’s disease, come to appointment “OFF” medication until otherwise told.  
• Bring medication with you. |
| **Neuropsychology**                           | Dr. Sarah Farias, Dr. Michelle Chan  
Length: 3-4 hours  
Memory and Depression Testing | 6+ month evaluation post-surgery, if applicable.  
Office will call you to schedule. |

If you have non-urgent questions, please call the DBS Nurse Practitioner, Laura Sperry, at 916-734-6797.

Call the Clinic directly for any urgent concerns at 916-734-3588.