

Staying Healthy With Deep Brain Stimulation

Northern California Neuroscience Program
Kaiser Permanente ▪ UC Davis Health ▪ Sutter Health

If you have an implanted **Deep Brain Stimulator (DBS)** for a Movement Disorder like Parkinson's disease this class has been developed just for you!

For more information and/or to pre-register for a class contact us:

Kaiser Permanente

2025 Morse Ave,
Conf. Rm. 2
Sacramento, CA
Catherine Nitafan-Young,
FNP
Message line: (916) 973-6860

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UC Davis Health

Midtown Clinic
3160 Folsom Blvd,
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Sacramento, CA
Laura Sperry, ANP
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Sutter Health

2800 L Street
Suite 500, 5th floor
Conference Room 501
Sacramento, CA
Linda Ramatowski, FNP
Message line: (916) 454-6936



2018 Schedule



February 21st at 2:30 PM at Sutter
Self-Care Series #1: Balance

March 19th at 10:00 AM at Kaiser
Self-Care Series #2: Cognitive Rehabilitation

April 18th at 2:30 PM at UC Davis
Self-Care Series #3: Speech/Swallow Therapy

May 21st at 10:00 AM at Kaiser
Self-Care Series #4: Caregiver Fatigue/ Emotional Wellness

June 20th at 2:30 PM at Sutter
Self-Care Series #5: Nutrition

July 16^h at 10:00 AM at Kaiser
Post-DBS surgery care & concerns

August 15th at 2:30 PM at UC Davis
Nonmotor Symptoms

September 17th at 10:00 AM at Kaiser
Resources for PD

October 17th at 2:30 PM at Sutter
Vision/ Driving Safety

November 19th at 10:00 AM at Kaiser
PD Update

December 19th at 2:30 PM at UC Davis
Patient Panel-UC Davis, Sutter, Kaiser Nurse Practitioners