



**Sacramento-Midtown and Folsom**

**2901 K St  
Sacramento, CA 95816  
916-836-8383  
Orangetheoryfitness.com/  
Sacramento-midtown**

**230 Palladio Pkwy #1221  
Folsom, CA 95630  
916-790-6810  
Orangetheoryfitness.com/  
Folsom**

**CORPORATE MEMBERSHIP DISCOUNT  
UC Davis Students and Staff**

**One Hour Full Body Workout-Cardio and Strength Training  
Heart-Rate Monitored Group Training  
High Energy Workout with Intervals of Treadmills, Rowing Machines, Suspension  
training and Free Weights**

**2 Free Intro Sessions**

<b>Premier Membership</b>	<b>Unlimited</b>	<b>\$149/Monthly</b>	<b>Regularly \$159</b>
<b>Elite Membership</b>	<b>8</b>	<b>\$89/Monthly</b>	<b>Regularly \$99</b>

**Once you join our locations, you can use any Orangetheory in the  
Nation....over 450 studios!**

**Get in for an Hour and Burn Calories for up to 36 More!**