



Sarah Tomaszewski Farias, Ph.D.

Philosophy of Care

The goal of neuropsychological testing is to help patients better understand their cognitive strengths and weaknesses. The information we learn from these evaluations often provides useful information to aid in the diagnosis of neurological disorders and, importantly, it can also be used to make recommendations and develop intervention strategies to improve one's ability to compensation and 'work around' their cognitive weaknesses.

Clinical Interests

Dr. Farias is a neuropsychologist offering cognitive evaluations to adults with a wide variety of neurological conditions that can affect memory and other thinking abilities. She has special clinical interests and expertise in the cognitive changes associated with aging, Alzheimer's disease and related disorders. She is also a member of the multidisciplinary epilepsy and movement disorders surgical intervention programs in the UC Davis Health System.

Research/Academic Interests

Dr. Farias' research focuses on several areas related to cognitive aging including:

1. identifying early clinical signs Alzheimer's disease
2. evaluating social determinates of brain health and lifestyle factors that increase or decrease risk for cognitive impairment and Alzheimer's disease
3. developing and evaluating behavioral interventions to promote cognitive health and functional independence.

Title Professor, Department of Neurology

Director, UC Davis California Alzheimer's Disease Center, Sacramento

Specialty Neuropsychology, Cognitive Neuroscience, Alzheimer's Disease, Dementia

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Division Neurology

Clinic UC Davis Medical Group, Sacramento - Midtown

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Education Ph.D., University of North Texas, Denton TX 2000
B.S., Arizona State University, Tempe AZ 1993

Internships Neurology and Psychiatry/Neuropsychology, Tulane University, New Orleans LA 1999-2000

Fellowships Neurology/Neuropsychology, UC Davis, Sacramento CA 2000-2002

Board Certifications American Board of Professional Psychology, Clinical Neuropsychology
CA Psychology License

Professional Memberships American Board of Clinical Neuropsychology
American Board of Professional Psychology

Honors and Awards National Institute of Mental Health (NIMH)-funded Summer Research Institute in Geriatric
Psychiatry, 2002
Clinical Fund Scholarship, 1994

Select Recent Publications Denny KG, Harvey D, Meyer OL, Chan ML, Barba C, Farias ST. A Combined Treatment Approach to Support Everyday Function and Promote Brain Health in Older Adults: A Pilot Study. Clin Gerontol. 2020 Mar-Apr;43(2):209-220. doi:10.1080/07317115.2019.1633574. Epub 2019 Jul 9. PMID:31284845.

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Brewster PW, Melrose RJ, Marquine MJ, Johnson JK, Napoles A, MacKay-Brandt A, Farias S, Reed B, Mungas D. Life experience and demographic influences on cognitive function in older adults. *Neuropsychology*. 2014 Nov;28(6):846-58. doi:10.1037/neu0000098. Epub 2014 Jun 16. PMID: 24933483.

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Tomaszewski Farias S, Cahn-Weiner DA, Harvey DJ, Reed BR, Mungas D, Kramer JH, Chui H. Longitudinal changes in memory and executive functioning are associated with longitudinal change in instrumental activities of daily living in older adults. *Clin Neuropsychol*. 2009 Apr;23(3):446-61. doi:10.1080/13854040802360558. Epub 2008 Sep 23. PMID:18821181.



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Kile SJ, Ellis WG, Olichney JM, Farias S, DeCarli C. Alzheimer abnormalities of the amygdala with Klüver-Bucy syndrome symptoms: an amygdaloid variant of Alzheimer disease. *Arch Neurol.* 2009 Jan;66(1):125-9. doi:10.1001/archneurol.2008.517. PMID:19139311.

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