Keeping Summer Safe for Kids

Drowning prevention
- Install four-sided fence around backyard swimming pools
- Adults should actively supervise children around bathtubs, swimming pools or any other body of water
- Wear life jackets
- Learn life-saving skills, including basics of swimming and cardiopulmonary resuscitation (CPR)

Fall prevention
- Supervise young children at all times around fall hazards, such as stairs and playground equipment
- Use window guards to prevent children from falling through screens or open windows
- Secure shelves, TVs, dressers and other furniture that may tip over

Helmet safety
- Use a helmet for all wheeled activities (bike, skateboard, scooter, etc.)
- Ensure proper measurement so the helmet is the correct size for the child
- Replace helmets if they become damaged or have been involved in a crash

Reminder
California law requires children under the age of 18 to wear a helmet when riding a bike, scooter, skateboard, or when skating

Hot weather safety
- Dress infants and children in loose, lightweight, light-colored clothing
- Keep children hydrated
- Never leave infants or children in a parked car, even if the windows are rolled down
- Regularly apply sunscreen

Learn more at children.ucdavis.edu