Advanced Practice Providers

December 3, 2019
12pm – 1 pm

UC Davis Cancer Auditorium
Lunch and CME provided.

Register at Eventbrite:

Advanced Practice
Grand Rounds

Prevent and Reverse Disease with Whole Plant Food
Maureen Craig RN, MSN, CNS, CNN, APHN-BC

Maureen is a Clinical Nurse Specialist and Mindfulness and Yoga Teacher. She works full time as a Clinical Nurse Specialist at UC Davis Medical Center where she teams with patients and families facing Kidney Failure to plan health care and build self-care.

Maureen authored and/or edited the Acute Care content of the American Nephrology Nurses Association’s Core Curriculum for Nephrology Nursing 5th Edition. She has completed 7 years as a volunteer for the Nephrology Nursing Certification Commission, serving in several roles including President, leading the effort to establish credentialing mechanisms to promote patient safety and to improve the quality of care provided to nephrology patients.

Maureen discovered Yoga, Mindfulness, and then Whole Food Plant Based Eating starting in 2009. Maureen completed her yoga teacher training at the White Lotus Foundation in Santa Barbara in 2014, and Mindful Self Compassion teacher training with UCSD in 2016. She is grateful for these practices in her daily life and shares them with her patients and her health professional colleagues.