

Celebrating teamwork, communication, achievement, and excellence



A Message from
Chief Nursing and Patient
Care Services Officer
Toby Marsh

The nurses of UC Davis Health are incredible and the exceptional care they provide our patients is world-class.

The love, compassion, courage, and integrity they display when caring for our patients fill me with deep appreciation and pride.

This issue of UC Davis Nurse highlights some of the amazing awards our health system and nurses have achieved recently. The Neonatal Intensive Care Unit (NICU) at UC Davis Children’s Hospital received a gold-level Beacon Award for Excellence from the American Association of Critical-care Nurses. The NICU is the 12th NICU in the United States and the only hospital in Northern California to earn this honor.

The Emergency Department received the 2021 Emergency Nurses Association Lantern Award for demonstrating exceptional and innovative performance in leadership, practice, education, advocacy, and research. You will also read about the newest group of DAISY award winners.

Please take a moment to read and get to know the nurses who make up the Professional Governance Council, a structure that empowers professional clinical nurses to contribute collaboratively as decision-makers regarding the nursing practice environment. The council works together to coordinate activities to outcomes in the areas of nursing, evidence-based practice and research, education, relationship-based care, nursing excellence, technology, and nursing quality.

TOBY MARSH | CONTINUED ON PAGE 9

Emergency Department Silent Conversation



In May of 2021, the Emergency Department (ED) implemented a “Silent Conversation” workflow. The goal of the workflow is to identify patients vulnerable to human trafficking. ED staff are trained to recognize warning signs for potential human trafficking victims and will follow the established workflow. With the integration of EMR, the ED staff can click the appropriate notification button to signal the treating provider. The ED remains committed to supporting and ensuring the safety of the vulnerable population that the hospital serves. It recognizes that each patient encounter is an opportunity and maybe the only chance to reach those at risk. ♦

Davis 5 NICU receives gold-level Beacon Award for Excellence

The Neonatal Intensive Care Unit (NICU) at UC Davis Children's Hospital is now the 12th NICU in the U.S. to receive a gold-level Beacon Award for Excellence from the American Association of Critical-Care Nurses (AACN). It is the only hospital in Northern California to receive this honor.

The Beacon Award for Excellence, a significant milestone on the path to exceptional patient care and healthy work environments, recognizes caregivers who successfully improve patient outcomes and align practices with AACN's six Healthy Work Environment Standards. These standards are skilled communication, true collaboration, effective decision making, appropriate staffing, meaningful recognition and authentic leadership.

"We are so proud to receive this award," said Sheryl Ruth, nurse manager of the UC Davis NICU.

"Achieving this award is an honor that brings such joy to those who have worked so hard to achieve excellence in patient care and positive patient outcomes."



"This award recognizes the quality of care and commitment to constant improvement while providing an environment that empowers nurses."

AACN President Beth Wathen applauds the commitment of the caregivers at the UC Davis NICU for working together to meet and exceed the high standards set forth by the Beacon Award for Excellence.

"The Beacon Award for Excellence is a testament to a team's commitment to providing safe, patient-centered and evidence-based care to patients and families. Creating healthy and supportive work environments empowers

nurses and other team members to make their optimal contribution," Wathen explained. "Achieving this award is an honor that brings such joy to those who have worked so hard to achieve excellence in patient care and positive patient outcomes."

The gold-level Beacon Award for Excellence signifies an effective and systematic approach to policies, procedures and processes that include engagement of staff and key stakeholders; fact-based evaluation strategies for continuous process improvement; and performance measures that meet or exceed relevant benchmarks. UC Davis Children's Hospital's NICU earned a gold award by meeting the following evidence-based Beacon Award for Excellence criteria:

- Leadership Structures and Systems
- Appropriate Staffing and Staff Engagement
- Effective Communication, Knowledge Management, and Learning and Development
- Evidence-Based Practice and Processes
- Outcome Measurement ♦

Gratitude Heals

Our clinicians give themselves in many ways, including charitable giving. “Why I Give” offers a personal look at why one of our own gives to UC Davis Health.

Marilyn Ratkay retired in 1999 as the PCS Director overseeing Women’s and Children’s Health, but Marilyn has lived the credo of “once a UC Davis nurse, always a UC Davis nurse,” which became especially true recently.

This spring, Marilyn provided a generous gift of stock to launch a professional development program for pediatric nurses – demonstrating that in retirement one can use accumulated assets for a philanthropic impact that makes a huge difference for patients, families and staff.

In the future, thanks to Marilyn’s gift, pediatric nurses will be able to attend conferences and exchange visits at children’s hospitals around the country with the goal of implementing innovative best practices here at our Children’s Hospital.

What makes someone like Marilyn invest in the future of pediatric nurses? We sat down with Marilyn to find out.

Why did you become a nurse?

I always wanted to be a nurse from the time I was five years old. I pictured myself as a surgical nurse in the operating room. So when it became time to enter college there was no doubt that I would be a nursing major.

You had a wonderful career at UC Davis Children’s Hospital. What made it is so memorable for you?

As the university was taking over the county hospital and transitioning to become a major health center, there were many times that new ideas could be put into practice. There was a “go for it” attitude that



Left to right: Diana Sundberg, Child Life and Creative Arts Therapy Manager, Marilyn Ratkay, retired UC Davis Nurse and Angie Marin, Nurse Manager, Pediatrics

allowed for innovations in practice. I was lucky to be in the right place at the right time to make changes in the care of obstetrical and pediatric patients that continue to this day. When you have the opportunity to put your ideas into practice and see those ideas blossom and thrive, you have the makings of a wonderful career. UC Davis provided me with those gifts.

Why is giving back to UC Davis Health important to you?

The University of California has always been an important part of my life. I did my graduate work at UCSF. I had a mentor there that helped me find my first job, and she also supported me during that first difficult year. Later when I came to Sacramento in 1976, UC Davis offered me a job that morphed into the remainder of my career. At UC Davis, I had the good fortune to support new programs and work toward my vision of what nursing care could be for women and children. UC Davis provided me with many opportunities, and I would like to pay it forward in some small way.

Why is professional development important for nurses, and why did you want to start this program with your gift?

Professional development is a cornerstone of any professional career. Exposure to new ideas can spark the desire to make significant changes in the provision of nursing care. I remember a conference I attended that changed the whole direction of my career and gave me a determination to improve the care for mothers and their children. Nurses can become revitalized and bring new ideas to the care

GRATITUDE HEALS | CONTINUED ON PAGE 4

of children and their families. I believe that the implementation of new ideas has led to the phenomenal care of kids at UC Davis Children's Hospital. Nurses caring for children should have the opportunity to learn and share innovations in practice that will continue this tradition of excellence.

You made a unique and generous gift of stocks that had appreciated over time. What would you say to other retired nurses about considering a similar gift?

If you are considering a gift, do it now. Life can change in a moment, so don't let the opportunity pass you by.

What would you tell your former nursing colleagues about investing in the future of nursing?

Investing now for the future helps to ensure the continuation of the progress we have made.

What comes next for Marilyn Ratkay?

One never knows what life will bring. Hopefully, opportunity will continue to knock at my door. ♦

The Gratitude Heals campaign is an ongoing effort by Patient Care Services to inspire and encourage the role—and impact—of philanthropy in the improved care of patients and self-care of clinicians and staff. The campaign is centered around four gift funds:

- The CARE Project
- Re-Igniting the Spirit of Caring Endowed Fund
- Patient Assistance Fund
- Child Life Support Fund



If you're interested in learning more about the campaign, please scan the QR code or contact David Van Hofwegen at dvanhof@ucdavis.edu.

Children's Hospital Association:

Pediatric Critical Care Advisory Committee Appointment

Michelle Linenberger, MSN Ed, RN, CCRN-K, NPD-BC, and Professional Development Nurse Specialist for the UC Davis Children's Hospital, was recently appointed to the Children's Hospital Association Pediatric Critical Care Advisory



Committee. This committee provides oversight and recommendations for pediatric, critical care, education for the Children's Hospital Association which is the national voice of more than two hundred and twenty children's hospitals advancing child health through innovation in the quality, cost, and delivery of care.

With more than twenty years of pediatric critical care and professional development experience, Michelle will collaborate with education nurse specialists from Children's Hospitals located throughout the country to provide oversight and recommendations regarding pediatric critical care education. As an expert nurse specialist in pediatric critical care, Michelle was selected to be a member of the advisory committee to help look at recommendations, best practices, targeted clinician competencies for Pediatric Learning Solutions in the areas of education design, curricula development and human performance concepts in the clinical areas of pediatric critical care, pediatric trauma and pediatric cardiac critical care. ♦

The Geriatric Resource Nurse Role

As part of our journey in becoming a NICHE (Nurses Improving Care for Healthsystem Elders) hospital, the Geriatric Resource Nurse (GRN) role has been created. The GRN is a staff nurse who has received training in geriatric syndromes and evidenced-based practices to provide person-centered care to improve patient outcomes. At UC Davis we created a thorough GRN program that includes fifteen modules on geriatric topics, eight hours of didactic training and twelve hours of clinical. The program is completed over twelve weeks. Additionally, nurses are trained to use the Fulmer SPICES tool to identify common syndromes of older adults which require further nursing interventions (SPICES = sleep disorders, problems eating or feeding, incontinence, confusion, evidence of falls, skin breakdown). The SPICES assessment was expanded to include polypharmacy and medications which increase the risk for falls or confusion, mobility limitations, and what matters most to the older person.

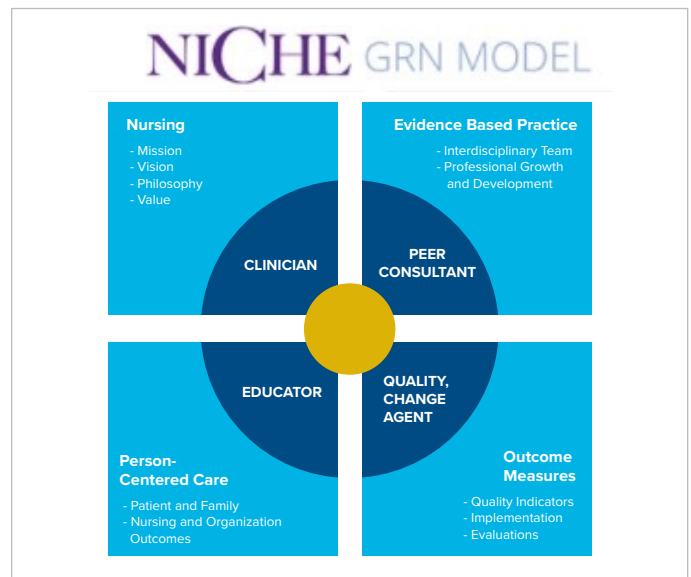
Davis 14 was the first unit to train staff for the GRN role. The first GRN cohort finished their twelve-week training and graduate on July 9th. Congratulations to the ten nurses on Davis 14: Sarah Minyo, Brett Fisher, Xin “Anna” Gao, Tatyana Nikitchuk, Caterina Martinez-Scott, Dinh Ta, Jersie Guzman, Catherine Boyd, Sushmil Datt, and Ling Tieu. The next GRN training started in September and has been expanded to include Davis 14, East 8, East 4, East 3, Tower 4 and Tower 6. If you are a nurse on one of these units, please consider applying for a future GRN training program at <https://bit.ly/3tq5bw1>. ♦



Sarah Minyo and Brett Fisher - Davis 14 RNs and Geriatric Resource Nurses



In one of the GRN classes, RNs and Geriatric Resource Nurses conduct a geriatric simulation. They are provided materials to experience changes in sensory that occur in old age as another nurse provides instructions on how to fill a medi-set.



UC Davis Inpatient Hospice Program: Elevating End-of-Life Care

In 2018, the UC Davis Hospice Program began to share its passion for providing end-of-life care in the hospital setting. Since then, with the support of the entire UC Davis Health community, the program has bloomed into an interprofessional consultative service that has reached patients in the Emergency Department through many units and now into the ICUs. The team is interdisciplinary and includes RNs who offer robust experience and knowledge in providing end-of-life care, a hospice/home health aide who provides our patients with soothing baths, an expert social worker who provides emotional support, counseling, and resource linkage, and the chaplain who helps support the patient's and caregiver's comprehensive spiritual needs.

The team approach offers fully holistic care to the patients and families through interdisciplinary practice. This small, effective team has positively influenced end-of-life care and reshaped the journey for families who are experiencing the emotions of losing a loved one.

When asked what they value most about their work, the Inpatient Hospice team stated:

“The honor of being able to provide care and support to patients and family during the dying process.”

“Getting to help each patient and family meet their own goals for end of life and honoring the uniqueness of each patient as we accompany them on a journey that is specific and meaningful to them.”

“We also value the opportunity to support the staff who may have questions on how to care for these patients as they transition.”

“Also knowing that our bereavement program will be there to support family members moving forward and that the care doesn't stop at end of life.”

Providing end of life care should be as unique as the patient and family being cared for. Recently, the Inpatient Hospice team supported a young woman who had suffered a tragic anoxic brain injury. She

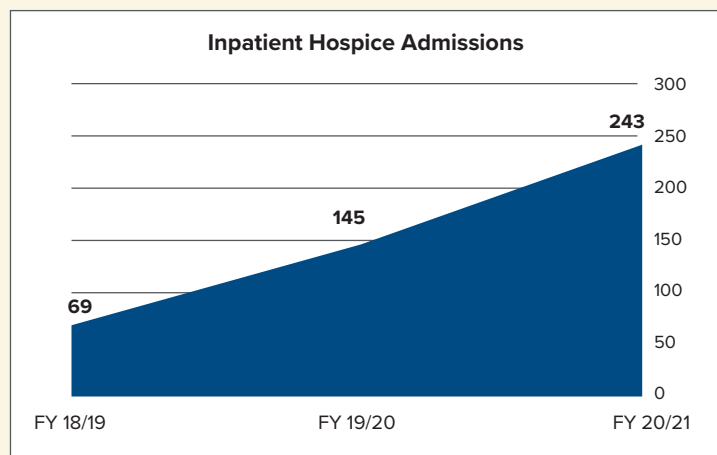


From left to right: Jenna Druce, RN, BSN, Tiffany Pulsipher, LCSW, Jack MacMillan, MD, Christine Haider-Winnett, Chaplain, and Amy Warner, RN, BSN, CCRN

was referred to the Inpatient Hospice Program by the Palliative Care team after the family came to the difficult decision to shift to comfort-focused care. The family also felt that their loved one would have been honored to be an organ donor. The Inpatient Hospice team coordinated with Sierra Donor Services to proceed with Donation After Cardiac Death. Unfortunately, the patient was unable to donate within the necessary 90-minute timeframe, but her care continued with inpatient hospice.

The team, including physicians, nurses, social worker, and chaplain, ensured her comfort until end of life. Inpatient hospice nurses Jenna Druce and Amy Warner provided frequent assessments and worked alongside the bedside nurses to ensure the patient was not experiencing any discomfort specific to her condition and proactively planned for potential comfort concerns. Hospice social worker Tiffany Pulsipher helped educate the family about the dying process, provided the family with emotional support, and a Zoom connection since they were unable to be at the bedside. Christine Haider-Winnett, Hospice Chaplain, provided patient-tailored spiritual care by reading poetry at the bedside at the request of the family. As a team, they were honored to provide holistic and compassionate end-of-life care to this patient and family.

The Inpatient Hospice team is onsite from 07:30 a.m. to 7:00 p.m. Monday- Friday, and after-hours support is available for current patients and families. The team is here to help everyone involved with the patient and their care - from the loved ones at the bedside, to the primary nurses and all members of the patient's health care team. Inpatient Hospice collaborates closely with the Palliative Care team, Sierra Donor Services, and Advanced Care Planning (ACP) social workers. Its mission is to educate, support, and empower individuals during the dying process. They encourage the UC Davis Health community to connect with them for any questions or more information at 916-734-2458. ♦



Shannon Reese receives AVA Award

Shannon Reese was the recipient of the 2021 Impact Award from the Association for Vascular Access (AVA). The Impact Award honors and recognizes an AVA member who has made significant contributions to the specialty practice of vascular access at a local level.

Shannon came to UC Davis Medical Center two and a half years ago with more than 13 years of experience in vascular access at UCLA Medical Center. Her experience at UCLA provided the foundation for her transformative leadership at UC Davis Health. Shannon is an expert in pediatric vascular access and has since co-founded a pediatric-specific PICC team after joining this healthcare system.

Shannon has been a member of multiple research studies and projects, as well as a member of several committees,



such as CLABSI and CLABSI Steering committee, which work collaboratively to decrease the infection rate of central lines in the hospital. She has also partnered with oncology services to implement strategies reducing CLABSIs in this patient population and ensuring correct vascular access devices are placed at the time of diagnosis. Shannon has begun teaching hospital-wide adult and pediatric ultrasound-guided PIV placement classes. Shannon has introduced the use of MAGIC guidelines as well as implementing the DIVA score to determine if a patient is a difficult stick.

Shannon provides unparalleled devotion to members of her team and providers within the hospital. She has developed unmatched

skills in her ability to obtain vascular access in the most challenging of patients. She is passionate about sharing her knowledge, skills, and inspiring members of her team to achieve excellence. Shannon has personally mentored each member of the PICC team and her mentorship and unparalleled skill have garnered respect and attention from providers outside of our health system. Leaders from other hospitals within our community regularly consult with Shannon for her expertise, particularly in pediatric vascular access.

Shannon exemplifies the AVA mission to "lead healthcare by protecting patients and providers to improve lives." Shannon provides an unwavering commitment to her patients and those she works with to ensure patients' vascular access needs are met by taking the whole person into consideration. Her tireless efforts promote patient healing and safety. ♦

Sharing Experiential Knowledge:

The Genesis, Evolution and Perpetuation of the “The Collective Brain”

In the era of digital preference cards, the sharing of experiential knowledge is a challenge. While surgeon preference cards are intended to be a “recipe card” for operating room personnel, the preference cards in the Children’s Surgery Center Operating Room were consistently outdated and inaccurate. The cards lacked detailed advice for the successful set-up for high-risk procedures and did not advise on how to maximize nurse/surgeon interactions. Not only did this information deficiency create communication problems between team members, but it led to inefficiencies during surgery, surgeon and staff frustration, wasting of supplies, and diminished confidence in nursing staff.



From left to right: Aida M. Benitez, MBA, BSN, RN, CNOR, Frances Villote, BSN, RN, CNOR, Sandina Bega, BSN, RN, Sarah St.Claire, MS, BSN, RN, CNOR

Early in 2019, the authors compiled several nurses’ notes into a document that could be shared with all department staff. When the document was complete, it was renamed the “*Collective Brain*” and posted on the department’s clinical resource website for accessibility. It is an evolving, dynamic document. Content is continually updated as authors receive new information from surgeons and colleagues. As the complexity of cases and the number of new surgeons increase, new procedures, images and details are added. The “*Collective Brain*” is shared with all new staff in the department. Much of the information contained in the “*Collective Brain*” cannot be found in textbooks or internet searches. Nurses with all levels of experience express this resource is invaluable. ♦

Diversity, Equity and Inclusion Council

The DEI Council has worked with the Office for Health Equity, Diversity, and Inclusion (HEDI) to increase understanding and appropriately identifying sexual orientation and gender identification (SOGI), particularly with our pediatric patients. The goal is to increase patient-centered care by educating staff on how to properly document SOGI into EMR. The council also collaborated with the Clinical Ladder Committee to ensure implicit bias did not play a part in process of vetting candidates. Going forward, the Clinical Ladder Committee will ask all candidates to be blinded for gender, racial and ethnic identity. The council led the way for Principles of Community week this year and also continued to hold Healing Circles for individuals as well as teams.

The DEI Council was excited to partner with the community for the second flu vaccine clinic in Oak Park. This volunteer opportunity is not only to provide vaccines but to develop a relationship with our neighbors. The council will also work with the Clinical Practice Council and Translational Services to serve our ESL patients with cultural humility. It continues to work with HEDI to advance SO/GI education, while it expands the Healing Circles outside of PCS and to be inclusive because healing is universal.

Many members of the council have completed training to create a Beloved Community by the King Center. The King Center was established in 1968 by Mrs. Coretta Scott King. It was envisioned by its founder to be “no dead monument, but a living memorial filled with all the vitality that was his, a center of human endeavor, committed to the causes for which he lived and died.” That vision was carried out through educational and community programs. The council is committed to building a Beloved Community that is based on Love, Compassion, Courage and Integrity.

The DEI Council continues to align its goals with the Nursing Strategic Plan by valuing diversity, equity, and inclusion as integral to the care of our colleagues, patients, and their families. ♦

Emergency Department Earns 2021 Emergency Nurses Association Lantern Award

The Emergency Department (ED) received the 2021 Emergency Nurses Association's (ENA) Lantern Award for demonstrating exceptional and innovative performance in leadership, practice, education, advocacy and research. The ENA is the premier professional nursing association dedicated to defining the future of emergency nursing and the Lantern Award showcases an emergency department's accomplishments in incorporating evidence-based practice and innovation into emergency care.

UC Davis Health's ED team is grounded in the tenants of high reliability and focuses on how all staff members are leaders at the point of care, who embark on initiatives that support research, operational excellence and improving clinical outcomes.

UC Davis Health nurses identify gaps and outline meaningful solutions to address key areas such as improving timely care for our patients, decreasing preventable errors, developing and implementing standard work, screening to predict for violence, and creating meaningful changes to optimize workload balance.

The staff has been pivotal in assimilating best practices and implementing multiple tests of change, which has led to reliable outcomes for our patients. Nurses, technicians, and all our ancillary staff have been innovative in their approach and have navigated changes with grace and global purpose to elevate the care for all patients while maintaining equity in all that they do.

"I am deeply grateful for all the work, leadership, and resilience



Emergency Department earns Lantern Award

the emergency department staff has demonstrated throughout the past few years," said Rupy Sandhu, executive director, emergency services at UC Davis Medical Center. "They are innovators and change agents in the field of emergency medicine and are committed to supporting both the art of compassionate care and the science of clinical care to improve the health of patients and their families. They are lifelong learners and continue to grow their knowledge each day." ♦

TOBY MARSH | CONTINUED FROM PAGE 1

Finally, learn about our Gratitude Heals program and Marilyn Ratkay. Marilyn retired from UC Davis Health in 1999 as the PCS Director overseeing Women's and Children's Health and lives the motto "once a UC Davis health nurse, always a UC Davis Health Nurse." She recently gifted funds to launch a professional development program for pediatric nurses, making a large impact for patients, families, and staff.

We hope you enjoy this edition of UC Davis Nurse and learning more about our amazing nurses and the care they provide each and every day. I am grateful

for all that our nurses do and to be part of such a kind, inclusive organization that is providing tomorrow's health care today.

With gratitude,

Toby K. Marsh, MSA, MSN, RN, FACHE, NEA-BC
Chief Nursing and Patient Care Services Officer
UC Davis Medical Center



Twitter: @TobyMarshRN



LinkedIn: www.linkedin.com/in/tobymarshr/



Instagram: @tobymarshr

CRNAs in the Community

Keeping the love in the UC Family!

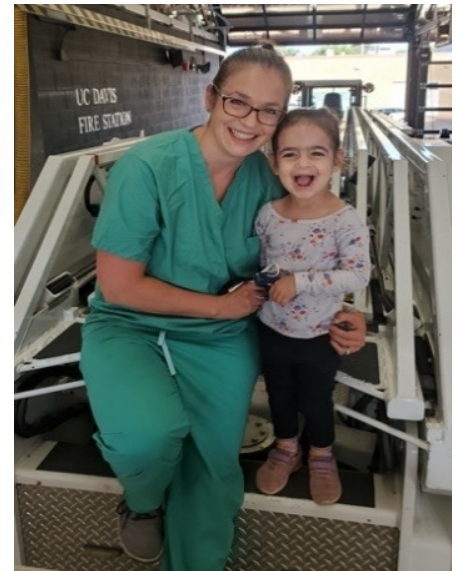
One of the hallmarks of nursing care is supporting the community. Recently, the Certified Registered Nurse Anesthetists (CRNAs) participated in an initiative to assist the UC Davis Fire Department (UCDFD). They began a formalized advanced airway training for the UCDFD paramedic program back in the summer of 2020. Even though they are involved with training all types of professionals and paraprofessionals in the operating arena, this endeavor hit home for



the CRNAs. Many of the CRNAs work and/or live in the area and being an integral part of training paramedics is not only rewarding but may one day save the lives of someone close to them. Plus, what better way to give back to the UC Davis Health brethren.

The UCDFD Paramedic Program is an intense and comprehensive fifty-eight week commitment for licensed EMTs with a minimum of six months of clinical experience. It culminates in a capstone field internship, passing the Paramedic ERE final written examination, and successful completion of the required National Registry of EMT's paramedic skills examination.

Scott Hatcher, EMS Captain and Pre-Hospital Care Coordinator for



the program, stated “what sets our program apart from others is our UC Davis Medical Center affiliation”. The paramedic students not only rotate through the operating room and work with the CRNAs to learn

What sets our program apart from others is our UC Davis Medical Center affiliation.



advance airway management, but they also train in various areas of the hospital, including the emergency department, labor and delivery, and the burn unit. They also work with the lift teams and respiratory therapy. Scott says, “the goal is to create true clinicians”.

In the program, the students complete over three hundred hours of clinical training that is concurrent with their didactic requirements. This translates into sixty units of college credits that are awarded by the UC School of Medicine through the UC Davis Division of Continuing and Professional Education.

CRNAs Leslie Rubin, Rebecca Orfino, and Kimberly Beres joined Scott and the paramedic students for two days of hands-on advanced airway training at the Davis Firehouse in May. The CRNAs taught the students mask ventilation and intubation under direct visualization and with the use of a portable video laryngoscope that is now available. The students also learned laryngeal mask airway techniques as well as how to establish a patent airway using adjuncts. Finally, the students participated in mock emergency airway and life-saving clinical scenarios from the point of on-scene through transport.

The CRNAs looked forward to the paramedic students’ arrival in the operating room in August. Each was assigned a CRNA in the main OR to learn advanced airway management for anesthetized patients. This type of live training hones airway skills, reinforces classroom training, and boosts clinical confidence to ensure a trainee’s success. ♦



**The goal is to
create true
clinicians.**

Cancer Center



There have been many milestones at the Cancer Center throughout the last year. Radiation Oncology is midway through its Versa Blue and Versa Gold Linac replacements. We hope to have completed the entire second phase of construction by the end of 2021, which will provide Radiation Oncology with two new Linac machines. Also, the American College of Radiology (SCR) survey was successfully completed in May. The Oncology Educational series that began in January is offered monthly as part of the Unit-Based Practice Council Project, which was also presented at the Nursing Science and Professional Governance event during Nurses Week in May. This project was also highlighted during the podium presentation on “Building Highly Competent Oncology Nurse Workforce” at the Philippine Nurses Association National Conference in July.

In partnership with Davis 8, the implementation of the Inpatient Admission/HAR process began in May 2021. It assists in the visibility of scheduled chemo patients in the hospital, to help improve patient flow.

Adult Infusion North expanded to Saturdays in December 2020 to allow for up to sixty-five more patients per day. South expansion to Saturdays is underway and plans to open by the end of Fall. In addition, a dedicated Sickle Cell Navigator to support various comprehensive sickle cell projects started in March 2021. The nurse-sensitive indicator of sickle cell patients receiving opioids within the hour also increased to 86.6% with an average time of forty-five minutes. Access to “Infiltration and Extravasation Dashboard” went live, not only in Adult Infusion, but also in Pediatric Infusion, Rocklin Infusion and Davis 8.



The Financial Toxicity project, which was part of the Reimagine Initiative that began during the COVID-19 pandemic, continued to help patients. It includes a dedicated financial counselor at the Cancer Center to assist patients experiencing financial hardships due to Covid-19, financial training for caregivers, and financial webpage resources. ♦



Jerry Bambao, BSN, MS, RN-BC
Tower 4 ENT/Internal Medicine

A patient asked Jerry if there were any books available to read during her stay. He explained that we did not have any books available, but he would go to the store on his break to get one for her. The look on her face and the tone in her voice softened up, and it was evident that the patient felt seen, heard, understood, cared for, and important. This encounter with Jerry changed her immediately. By attuning to the patient, Jerry was able to form a therapeutic relationship with this patient. For the rest of her hospitalization, she was calm, cooperative, happy, and appreciative.



Congratulations to our **DAISY Award recipients!**

You exemplify the nursing values of courage, compassion, and integrity in every situation.

The DAISY Award is a nation-wide program that recognizes nursing excellence. In memory of Patrick, the Barnes family recalled the skillful and compassionate care Patrick received from his nurses during his eight-week hospitalization. They wanted to say “thank you” to nurses everywhere by establishing a recognition program - the DAISY Award For Extraordinary Nurses (The DAISY Award) - to honor the super-human work nurses do every day at the bedside.



Sheryl A. Ruth, MS, RN, NEA-BC
Nurse Leader Award: Davis 5 NICU

What makes Sheryl an exceptional leader is her fierce dedication and her ability to nurture her staff. She always strives to advocate, protect, support, inspire and promote her staff. She empowers staff to problem-solve and encourages the implementation of their solutions. When staff recognized an issue with safe sleep practices for our older infants transitioning to home, Sheryl encouraged the bedside nurses to assess the situation and implement solutions. The staff developed an audit tool, improved bedside practice, and successfully obtained Gold Level National Safe Sleep certification. ♦



Shannon Romero, BSN, RN-BC
Ambulatory Nursing Practice

For many, many weeks Shannon worked seven days a week and long hours in UC Davis Health’s vaccine clinics. We simply could not have done it without her. Needless to say, her efforts helped promote optimal outcomes for thousands of patients and community members, not to mention the 100,000+ who have been vaccinated via these activities. Shannon was truly invaluable and a remarkable leader and colleague throughout.



Meet the Professional Governance Chairs

Governance Council



Diane Boyer, BSN, RN, CNIII
East 6 Cardiothoracic
Progressive Stepdown Unit
*Professional Governance
Council Chair*

**How many years have you been an RN?
How many at UC Davis Health?**

Total of eleven years all at UC Davis Health.

What do you like most about UC Davis Health?

I appreciate the opportunity to advance my learning and have the support of my supervisor. I love working with all the staff on my unit. We are a family and care deeply for each other, giving you a strong feeling of confidence and appreciation.

Love has been added to the values along with compassion courage and integrity. How do you connect love with your nursing practice?

I feel like taking the time to know my patients both inside and out and having a connection with them in knowing what their personal and medical needs are. Love comes through when you display kindness

and compassion with all your patients and with your peers.

What one change have you been involved with that you are proud of?

I am proud when I have finished precepting a new graduate and they change the way they approach their patients with compassion and understood that if they just took ten minutes to sit and listen to their patients a special connection can be developed. I am proud when I hear them say, "Today was a great day!"

What is your favorite self-care activity?

My favorite self-care activity is to take care of all thirty-one of my chickens. I enjoy seeing them get so excited when I give them a special treat! My most all-time favorite self-care activity is to go and see the beauty of what God has done while hiking in the mountains and sleeping under the stars.

What is one thing your peers may not know about you?

I get awfully sick with any kind of motion ride!! No roller coasters for me!

What are your favorite hobbies?

Gardening, reading, snowshoeing (anything in the snow!). I like just about everything!

How has the pandemic changed you personally and/or professionally?

I have realized how people can be so judgmental over others when they do not agree with what the government has to say about COVID. This pandemic has made me realize how truly blessed I am to have all my family stay healthy. Some of my family members have lost their jobs and we all have stayed together to help each other. Professionally, it feels good to be able to help volunteer in the community to help others, to just sit and listen to their story and provide comfort.



Maria Leonora A. Erespe, BSN, RN, MSHA, CN III
Davis 14 Ortho/Trauma Unit
*Professional Governance Council
Chair-Elect*

**How many years have you been an RN?
How many at UC Davis Health?**

Six years as RN and fifteen years at UC Davis Health.

What do you like most about UC Davis Health?

The opportunities to grow and the support given to those who want to grow in their careers.

Love has been added to the values along with compassion courage and integrity. How do you connect love with your nursing practice?

Going further than the tasks, learning beyond the person behind the hospital gown. By providing the best care available - as individualized as possible - factoring their emotional state of mind. That is how I show my love as a bedside nurse.

What one change have you been involved with that you are proud of?

Being part of the 5s team in our unit wherein we cleaned up the unit and made some changes to remove clutter, creating a more polished system.

What is your favorite self-care activity?

Shopping (even if it is window shopping only).

What is one thing your peers may not know about you?

That I get scared. With all my achievements my peers seem to think that I am fearless. Little do they know that, with all that I do, it scares me a lot. I am simply scared to fail.

What are your favorite hobbies?

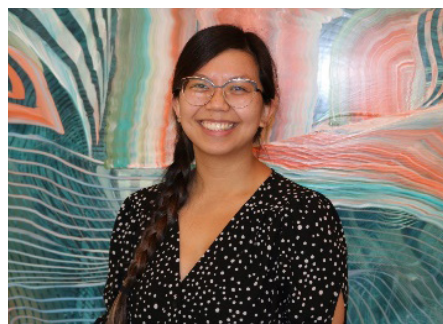
Watching movies.

How has the pandemic changed you personally and/or professionally?

Time is really gold. A person can lose everything in an instant. You see, as a new nurse, my adrenaline is still about saving lives, that medicine cures, that doctors can help cure, that researchers will find cure and that this country has the financial means to a cure. Not knowing what we were up against with Covid-19 showed us that we

do not know everything in this world and people died, too many of them. As one of the people in the frontline, I saw it with my two eyes: how patients fight for their lives, not able to breathe normally. I started to show my love more to my family, friends and colleagues as if one day it would be me behind the hospital gown.

Professionally, this is the time that I learned that my compassion as a nurse is on high alert, and I am using it well according to my patients. Before the pandemic, I felt like all I did was relieve patients' pain and coordinate their recovery. I did use compassion, but it was not noticeable because the tasks are the same and I felt like I was just simply doing my job. During the pandemic, the tasks are different, the nursing approach is different. I see more of that compassion aspect, and as I was able to use it more, patients and families started to verbalize their appreciation more.



Annie Tat, MS, BSN, RN-BC, PHN, ANII

Patient Care Resources

*Professional Governance Council
Past-Chair*

How many years have you been an RN? How many at UC Davis Health?

Nine years as an RN and seven years at UC Davis Health.

What do you like most about UC Davis Health?

I love that there's a focus on relationship-based culture and that we strive for diversity, equity, and inclusion through initiatives such as relationship-based culture classes, healing circles, and anti-racism and cultural humility fellowship.

Love has been added to the values along with compassion courage and integrity. How do you connect love with your nursing practice?

My nursing practice does not exist without love, whether it is love for patients and their families or love for my colleagues. I value each person as a human being, and I want to help bring out their best selves in whatever role I have the privilege of being a part of.

What one change have you been involved with that you are proud of?

I am a facilitator for See Me as a Person and a Healing Circle keeper. I am honored that people are willing to share space with me where they feel comfortable expressing their joys, concerns, anger, sadness, and anything in between.

What is your favorite self-care activity?

I am grateful for every minute I get to spend with my spouse, family, and friends. With the unknowns of COVID, I'm grateful I get to hug the people I care about and fill my cup with their presence.

What is one thing your peers may not know about you?

When I was in my first trimester with unbearable nausea, my husband would read aloud a book to help me concentrate on something else, and I got a good story out of it!

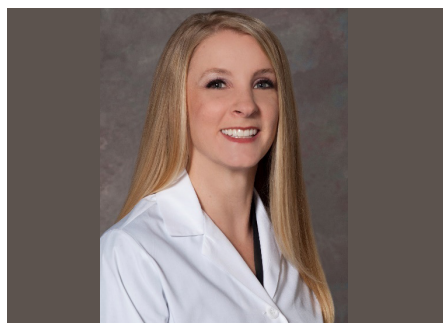
What are your favorite hobbies?

I love exploring new places especially if it involves delicious food.

How has the pandemic changed you personally and/or professionally?

The pandemic has helped me appreciate the so called “little things” such as taking a walk without a mask on, being able to embrace my friends and family, and being grateful that I have a stable job and a roof over my head. It has given me time to slow down, to improve myself and my relationships through self-reflection and gradual change.

Advance Practice Provider Council



Danise Seaters, ACNP- BC, MS
Emergency Department
Nurse Practitioner Supervisor,
Emergency Department/
Emergency Medicine
*Advanced Practice Provider
Council Chair*

**How many years have you been an RN?
How many at UC Davis Health?**

I have been a RN at UC Davis Health since 2004 and a Nurse practitioner since 2012.

What do you like most about UC Davis Health?

I love that UC Davis Health is a tertiary care academic medical

center that values staff education and professional development.

Love has been added to the values along with compassion courage and integrity. How do you connect love with your nursing practice?

Love to me is the foundation of all therapeutic interactions.

What one change have you been involved with that you are proud of?

I have been fortunate to return to the Emergency Department to work in collaboration with the ED leadership team to build an ED Nurse practitioner program in the ED. I am very proud of our advance practice ED providers in the emergency department.

What is your favorite self-care activity?

Spending time with my family.

What is one thing your peers may not know about you?

I am an avid scuba diver and enjoy traveling the world scuba diving with my family.

What are your favorite hobbies?

Traveling, running, scuba diving.

How has the pandemic changed you personally and/or professionally?

Working in the ED through this pandemic has made me so grateful for my family, support system and our good health.



Karimeh Borghei, Credentials- MSN, FNP-BC, PA-C, Nurse Practitioner
Acute Infection
Management Service
*Advanced Practice Provider
Council Co-Chair*

**How many years have you been an RN?
How many at UC Davis Health?**

Twenty-two years as an RN and twelve years at UC Davis Health.

What do you like most about UC Davis Health?

That it is an academic medical center.

Love has been added to the values along with compassion, courage, and integrity. How do you connect love with your nursing practice?

The meaning of life is to love and be loved. I offer a compassionate and loving heart with every patient encounter.

What one change have you been involved with that you are proud of?

Creating a COVID-19 clinic space at the CTSC Clinical Research Center where multiple clinical trial participants were evaluated in order to develop treatment options for COVID-19.

What is your favorite self-care activity?

Hiking and spending time with friends and family.

What is one thing your peers may not know about you?

I studied classical voice in college.

What are your favorite hobbies?

Hiking and traveling.

How has the pandemic changed you personally and/or professionally?

I let things go more easily. I learned that life was too short to sweat the small stuff.

Clinical Practice Council



Sunitha Sunkara, MSN, RN, OCN, CNIII

Davis 8 Oncology/BMT
Clinical Practice Council Chair

How many years have you been an RN?

I have been working as an RN at UC Davis Health for thirteen years.

What do you like most about UC Davis Health?

UC Davis Health promotes a just culture and fosters professional accountability and growth by providing a knowledge-oriented, educational friendly environment partnered with leadership to enhance patient-centered care.

Love has been added to the values along with compassion courage and integrity. How do you connect love with your nursing practice?

LOVE is a four-letter word with deep meaning. I connect LOVE with my nursing practice by caring for everyone unconditionally and treating them in a way that I would like to be treated.

What one change have you been involved with that you are proud of?

I am proud of the many changes that I have been involved in. The most recent being involved in reviewing the visitation policy due to the pandemic. A survey was sent to the entire inpatient and outpatient staff to voice their opinion regarding the visitor policy. Based on the survey results, the clinical practice council provided recommendations for professional governance to modify the visitation policy.

What is your favorite self-care activity?

My favorite self-care activities are walking and reading.

What is one thing your peers may not know about you?

I am trusted and truthful. Most of my colleagues share their personal matters and seek advice because they trust me.

What are your favorite hobbies?

My favorite hobbies are swimming, cooking and reading.

How has the pandemic changed you personally and/or professionally?

Personally, the pandemic reminded me that life is short and that we live up to our potential by supporting and building relationships with one another. Professionally, I feel the “Florence Nightingale Era” was repeated and justification was done for the profession. As a whole, nurses across the entire nation were on the frontline to meet the battles of pandemic and to save lives. I am glad and proud that I was on the frontline during the pandemic and that I am part of the nursing profession.



Rachelle Cook, BSN, RN, PCCN, CN III

Advanced Cardiac Therapies, Cardiology Clinic
Clinical Practice Council Co-chair

How many years have you been an RN?

Five years as an RN at UC Davis Health.

What do you like most about UC Davis Health?

The patient-centered care we provide, being part of a team, and all the different opportunities for professional growth.

Love has been added to the values along with compassion courage and integrity. How do you connect love with your nursing practice?

Working as a team with the common goal of providing the best care to our patients and their families.

What one change have you been involved with that you are proud of?

I am currently working on the development of the Clinical Practice Guidelines for Advanced Cardiac Therapies.

What is your favorite self-care activity?

Getting a massage. It is one of the only times when I completely clear my head.

What is one thing your peers may not know about you?

I make my bed every morning.

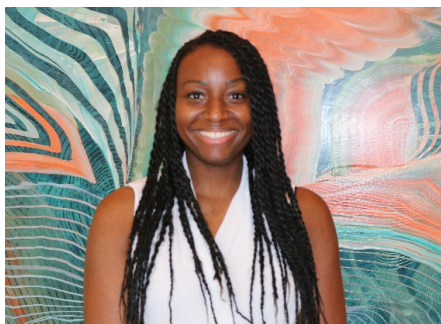
What are your favorite hobbies?

Cooking and baking. I love to read cookbooks, try new recipes, and cook my family favorites.

How has the pandemic changed you personally and/or professionally?

During the pandemic, I really assessed my career and decided I wanted to try nursing away from the bedside. I moved from inpatient to outpatient in early 2021.

Diversity, Equity and Inclusion Council



Kywaita Keys, BSN, RN, CNII
Davis 14 Ortho/Trauma Unit
Diversity, Equity, and Inclusion Council Chair

How many years have you been an RN? How many at UC Davis Health?

I have been an RN for five years, and I have proudly served all five at UC Davis Health.

What do you like most about UC Davis Health?

What I like most about working at UC Davis Health is the diverse patient population we serve and the opportunities for growth that are available to staff.

Love has been added to the values along with compassion courage and integrity. How do you connect love with your nursing practice?

Many acknowledge that love creates a sense of responsibility, respect and understanding of others. I vow to be responsible for my actions, respect every patient and/or family member I encounter, and gain an understanding of their wants and needs in order to provide patient-centered care.

What one change have you been involved with that you are proud of?

I am proud and excited to be part of the Diversity, Equity and Inclusion Council.

What is your favorite self-care activity?

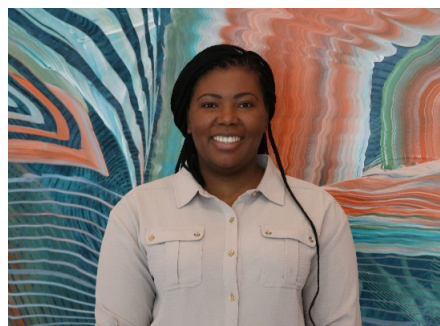
My favorite self-care activities include exercise and prayer.

What is one thing your peers may not know about you?

I obtained my undergraduate degree in Connecticut.

What are your favorite hobbies?

My favorite hobbies include exercise and traveling.



Natasha "Tasha" Palmer, MSN(c), BSN, RN, CCRN, CMC. CNIII
Tower 7 MSICU Blue
Diversity, Equity, and Inclusion Council Co-chair

How many years have you been an RN?

I started my nursing career in the US Army in 2001 (LPN) and transitioned to civilian service as I continued to progress my academic career to date. I have been a nurse with UC Davis Health for five years on Tower 7 MSICU Blue.

What do you like most about UC Davis Health?

UC Davis Health has a multitude of opportunities including but not limited to education, the ability to grow professionally in your career and the approach to patient care as an integral, interdisciplinary team member.

Love has been added to the values along with compassion courage and integrity. How do you connect love with your nursing practice?

Love is intertwined with human kindness, respect, dignity and healing. I believe if we can connect with each other incorporating trust and personal beliefs we can build upon our relationships with love being at the top of the hierarchy.

Love is the secret ingredient in my grandma's famous gumbo recipe. Each batch was individualized as she would add or subtract the ingredients according to the folks she was preparing the meal for. Some wanted no okra, others wanted less heat; it solely depended upon the individual, but each batch was carefully made with attention to detail and love.

I strive to connect with each patient or family member, easing their pain or anxiety, and emotions. Asking the patient what is important to them and their personal beliefs and thoughts is integral to the healing process. It allows the patient to

maintain as much autonomy and independence as possible. I am learning to incorporate their beliefs with the latest evidence-based nursing medicine as to find a balance that may heal the patient.

What one change have you been involved with that you are proud of?

I am extremely proud of our unit culture embracing each other's rich ethnic diverse backgrounds and merging our work family. Each month (on Tower 7 MSICU Blue) we take the opportunity to learn and embrace a work-family culture, celebrating and uplifting them as we learn. We have had multi-cultural food, shoebox float parades, treasure hunts, and a variety of activities throughout the month.

What is your favorite self-care activity?

My favorite self-care activity is spending time with my loved ones - talking, conversing, and bouncing ideas off each other. My other favorite activity is walking through Target or Home Goods, randomly looking at things I do or don't necessarily need nor want but end up in my cart.

What is one thing your peers may not know about you?

I come from a large inclusive, diverse, family-oriented, southern Creole family. We attempt to spend either Thanksgiving or a date around July 10th with each other. We share love, laughter, fellowship, memories and wisdom with each other.

What are your favorite hobbies?

My favorite hobbies include family time, sleeping, jamming to music while I cook or bake, trying new recipes, and re-organizing or decorating my house after being inspired by a HGTV show.

How has the pandemic changed you personally and/or professionally?

Personally, the pandemic reinforced the elements of time and family. We spent the last eighteen months re-learning each other, putting the cellphones and electronic devices down, and spending quality time with each other. We became creative with long-distance relatives as to stay safe and connected - uplifting, and empowering each other.

Professionally, the pandemic amplified, empowered and uplifted my fellow colleagues who have become my family during these challenging times. Over the past year, we have shared laughter, heartache, concerns and fears. Not being able to physically see our family members, my colleagues became my confidants, big siblings, and extended family members forever changing our work dynamic from "co-worker" to "family".

EBP and Research Council



Julie Flowers Mills, BSN, RN, CCRN, CNIII

Pre-op/PACU/CSC

EBP and Research Council Chair

How many years have you been an RN?

Twenty-nine years as an RN, and I have been at UC Davis Health for thirty years counting my externship as a student.

What do you like most about UC Davis Health?

The collaboration between all the staff, especially when physicians and nursing staff work together. I really enjoy working for an institution that always strives for improvement and education.

Love has been added to the values along with compassion courage and integrity. How do you connect love with your nursing career?

In my daily nursing practice I strive to connect to the patients whether it be a common hobby, shared experience, or genuine interest in something they do or are a part of. I try to listen to what they have to say and show empathy for what they are facing. When needed, holding a hand or sharing a hug is also part of my day.

What one change have you been involved with that you are proud of?

Development of the POUR project to reduce the length of stay, improve outcomes, and increase satisfaction for surgical patients post inguinal hernia repair.

What is your favorite self-care activity?

Creating things such as gardening, crafting, photography, etc.

What is one thing your peers may not know about you?

I did the four-day hike to Machu Picchu in Peru.

What are your favorite hobbies?

Travel, gardening, crafts, and learning photography.

How has the pandemic changed you personally and/or professionally?

The pandemic has made us appreciate how wonderful our yard is for hanging out and how much we really enjoy it.



Sherry Allen, MSN, RN, CCRN, TCRN, CNIII
SICU

EBP and Research Council Co-Chair

How many years have you been an RN? How many at UC Davis Health?

I have been an RN for seventeen years and with UC Davis Health for fifteen years.

What do you like most about UC Davis Health?

I really enjoy the teaching/learning environment. I love listening to our attending physicians give full lectures at the bedside and learning new things each day that I work.

Love has been added to the values along with compassion courage and integrity. How do you connect love with your nursing practice?

I really love taking care of my patients. In the ICU there are so many technical aspects of nursing that sometimes impede our ability to practice the art of nursing. I love and am passionate about the true art of nursing. I genuinely love what I do, and I share that love each day with my patients in how I care for them and their families.

What one change have you been involved with that you are proud of?

I recently started a journal club in the SICU, and I am excited to see it grow. With the new EBP model we have adopted this year, I hope to see more journal and book clubs.

What is your favorite self-care activity?

My favorite self-care activities are reading on my Kindle, and getting pedicures and massages. Last year I began doing quick ten-minute guided yoga and meditations when I just needed to bring it down a notch. This really helped me to reset, especially when helping three kids distance-learn during a pandemic!

What is one thing your peers may not know about you?

I have worked in healthcare my entire adult life. I started as a nursing assistant when I was eighteen years old. I worked as a

CNA for various nursing registries and have worked at dozens of SNFs all over the Sacramento area while putting myself through nursing school. I did home health care, bath visits and inpatient mental health before becoming an RN.

What are your favorite hobbies?

I love to spend time with my family, especially when anything Disney is involved. I am unabashedly a total movie buff and often quote my favorite movies on a whim.

How has the pandemic changed you personally and/or professionally?

The pandemic only helped to reinforce my values and the values that my husband and I have instilled in our kids. I am so grateful that our kids truly enjoy each other and that they play together, snuggle, watch movies together, and really get along. As much as I missed groups and gatherings last year, I know we are so fortunate to have each other.

EMR Council



Kristina Dees, RN, Nursing Informatics Director
Patient Care Services

EMR Council Chair

How many years have you been an RN?

Eleven years as an RN, with nine years at UC Davis Health.

What do you like most about UC Davis Health?

We are able to create improved processes for the nursing practice.

What one change have you been involved with that you are proud of?

The Bedside Mychart Pilot project. I led with the IT team, and it is currently being rolled out to all units. This is very exciting functionality for the patient to have more information at their fingertips.

What is your favorite self-care activity?

Running.

What is one thing your peers may not know about you?

I love to bake cookies.

What are your favorite hobbies?

I love to go boating with my boys.

How has the pandemic changed you personally and/or professionally?

It helped me to re-focus on myself. Instead of gaining weight, I was able to lose fifty pounds.



Darlene Simons, BSN, RN, CCRN, ANII

Tower 7 MSICU Gold
EMR Council Co-Chair

How many years have you been an RN?

I have been an RN since 1985. and I have been at UC Davis Health since 1995.

What do you like most about UC Davis Health?

The nurses' and staff's opinions matter. The nurses are considered an important part of the patient's care team.

Love has been added to the values along with compassion courage and integrity. How do you connect love with your nursing practice?

Nurses need to love what they do and how they make a difference in order to provide compassionate care to all our patients and families.

What one change have you been involved with that you are proud of?

I have been involved in many of the EMR changes, and I am proud that I can be the voice of the bedside nurse with our many changes.

What is your favorite self-care activity?

Traveling with my husband, often to visit our children and grandchildren.

What are your favorite hobbies?

Traveling and cooking.

How has the pandemic changed you personally and/or professionally?

I feel fortunate that my life personally has not had many changes, other than not being able to visit with family and friends for a time. In my professional life, I realize how important it is to care for each other and to be there both professionally and personally for our co-workers. The teamwork and support of our staff made all the difference.

Professional Development Council



Caroline Smith, BSN, RN, CCRN, CN III

Patient Care Resources
Professional Development Council Chair

How many years have you been an RN? How many at UC Davis Health?

I have been an RN for eighteen years, and I have been at UC Davis Health for fifteen years.

What do you like most about UC Davis Health?

What I like most about UC Davis Health are the many opportunities to learn and develop your career as an RN.

Love has been added to the values along with compassion courage and integrity. How do you connect love with your nursing practice?

I feel that I express love in my nursing practice by providing compassionate care to my patients. I love what I do as a nurse, and I feel that this love for what I do reflects in the care I provide for my patients.

What one change have you been involved with that you are proud of?

Throughout the last fifteen years at UC Davis Medical Center, I have been a part of many changes. I am proud to work at a hospital

where nurses have a seat at the table to evolve and change nursing practices. I have been involved with quality improvement projects over the years, and seeing an improvement in our hospital-acquired infection rates reflects the nursing care that we provide. For that, I am very proud.

What is your favorite self-care activity?

Self-care is very important to me, to keep me going and keep my cup filled so I can give to others. The self-care activities I enjoy are spiritual practices, yoga and meditation. I also like to be outdoors and in nature. I like to go to lakes, rivers, and the ocean. I find it very healing. I also like to get massages on a regular basis.

What is one thing your peers may not know about you?

I am a third-generation RN. My mother and grandmother were both nurses.

What are your favorite hobbies?

I like to be outdoors, gardening, walking and playing with my dog. I also like to watch my kids sporting events and playing tennis.

How has the pandemic changed you personally and/or professionally?

The pandemic has changed me personally in that I enjoy the small things more, and I don't take family time for granted. Professionally, my perspective changed with families not being able to see their loved ones when they were in the hospital with COVID. I prioritized having a connection with families - whether it be over the phone

or through zoom - because they couldn't be there. Focusing on updating them, as well as being a patient advocate, became a huge focus for me.



Nancy Chiang, BSN, RN, CMSRN, CN II

Pre-Op/PACU

Professional Development Co-Chair

How many years have you been an RN?

I have been an RN for twelve years, all at UC Davis Health.

What do you like most about UC Davis Health?

Nurses have a direct influence on patient care, whether it is through bedside care or collaborating with different departments to create/update policy or participating on hospital-wide committees.

Love has been added to the values along with compassion courage and integrity. How do you connect love with your nursing practice?

I endeavor to treat all my patients and their loved ones as if they were my own family members. I try to think what my mother or sister would want if they were in a similar situation and how I would react or expect them to be cared for if they were hospitalized.

What one change have you been

involved with that you are proud of?

I don't believe that I personally have affected change, however as a TTP preceptor (previously a Facilitator) of the NGRP, I believe I have helped to influence the professional practice of New Graduate nurses.

What is your favorite self-care activity?

Going out to eat with friends and snuggling with my cat.

What is one thing your peers may not know about you?

I've been to Coachella Music Festival eight times.

What are your favorite hobbies?

Eating and sleeping. (I envy my cat's life).

How has the pandemic changed you personally and/or professionally?

I already appreciated all the hard work and comradery of the nurses on my unit; however, the pandemic has really shown me how dedicated everyone is to the nursing profession and to their peers. I gained a greater appreciation for the balancing act that Senior Leadership performs among patient/staff satisfaction, patient/staff safety, and governmental regulations.



Krista Greaves, MS, RN, CCRN-K, NPD-BC, Professional Development Specialist

Center for Professional Practice of Nursing

Professional Development Council Education Chair

How many years have you been an RN?

Twelve years as an RN, all at UC Davis Health.

What do you like most about UC Davis Health?

The people! Across the various units I have worked in, my coworkers have always been a positive and supportive force in helping me improve my nursing practice and professional development goals.

Love has been added to the values along with compassion courage and integrity. How do you connect love with your nursing practice?

I work to maintain my relationships with my colleagues who work in various clinical settings in an effort to appreciate their perspectives.

What one change have you been involved with that you are proud of?

Revamping CPPN Nursing Orientation to introduce newly hired patient care staff to our Relationship-based Culture!

What is your favorite self-care activity?

Bikram yoga.

What is one thing your peers may not know about you?

That I do, in fact, have the ability to be quiet ... at times.

What are your favorite hobbies?

Travel.

How has the pandemic changed you personally and/or professionally?

It helped me achieve a level of adaptability that I had yet to realize.



Anna Ibarra, MSN, RN, CNOR, Clinical Nurse Educator 3 Children's Surgery Center & Main OR

Professional Development Council, Education Co-Chair

How many years have you been an RN? How many at UC Davis Health?

I arrived here as a new graduate nurse resident through the OR Training Program back in March 2016! My five years of experience are all from UC Davis Health!

What do you like most about UC Davis Health?

As an OR nurse in our Level 1 Trauma, Academic Medical Center, I am able to witness UC Davis Health's commitment to providing, science-based, technologically precise, compassionately delivered patient care every single day. I appreciate

the relationship-based culture that has been growing within the unit in the last couple of years. I feel very grateful to work for a place that values the art of nursing care and the importance of self-care, especially during this past year.

Love has been added to the values along with compassion courage and integrity. How do you connect love with your nursing practice?

Any patient undergoing any procedure, major or not, would want their partner or parent to be right there with them as they enter the bright and nerve-wracking OR suite. The day of their surgery could literally be the biggest life-changing moment in their life, so of course, any patient would want their loved one right next to them. As their circulating or scrub nurse, I take pride in acting as their loved one, in the most professional, caring, compassionate way. With my pediatric patients, I know their parent or caregiver is entrusting me to advocate for their child with love as I utilize best practice, supported by evidence-based care. I truly believe that love empowers the nurse in providing high-quality, patient-centered care. Our patients are dearly loved by their caregivers, and these caregivers trust that we care for them with that same love through advocacy and quality nursing care.

What one change have you been involved with that you are proud of?

Part of my role as one of the clinical nurse educators in Perioperative Services includes spearheading our OR Training Program (ORTP) with our new graduate nurse residents. The ORTP involves training all our nurse residents who want to become competent, safe operating room nurses in our level 1 trauma center. Watching my first ten nurse residents grow in their practice and observing their change in confidence as an OR nurse is something I am very proud of. While this change is not singular in nature, seeing any nurse grow in their own confidence in their own ability to advocate for their patients inspires me to develop a refined curriculum for future nurse residents as they build their first year into a long career in the operating room.

What is your favorite self-care activity?

My ideal self-care activity would be a deep tissue massage, coupled with a date with myself and my planner in a discreet coffee shop. My favorite functional self-care activity is running around Midtown Sacramento while listening to great music and appreciating the beauty Sacramento offers.

What is one thing your peers may not know about you?

I was interviewed on a nationally broadcasted talk show. I went to the same high school as Tyra Banks, and I was on the Tyra Bank’s Show on her inaugural episode. She interviewed a group of young women to help highlight our experiences in a single-sex high school. Unfortunately, I have no proof as this was before streaming

was wildly available. Meghan Markle also attended the same high school, so I have only a couple of degrees of separation from her and Prince Harry!

What are your favorite hobbies?

I truly enjoy working out. I am obsessed with all the adrenaline and good serotonin that fills my body after finishing a challenging workout. I am looking forward to getting back to pre-pandemic shape now.

How has the pandemic changed you personally and/or professionally?

This pandemic highlighted my own resiliency and tenacity especially under times of stress and high anxiety. I have learned to embrace self-care even more than ever, and I intend on practicing self-care in the same high regard I do with my nursing care.

Quality and Safety Council



Jeanne Ings, MSN, RN, RNC-OB, C-EFM, Quality & Safety Nurse Champion

PCS Quality & Safety

Quality & Safety Council Chair

How many years have you been an RN?

Twenty-five years; twenty-one at UC Davis Health.

What do you like most about UC Davis Health?

Nurses’ autonomy and collaboration in patient care delivery, the ability to improve own practice, and professional development.

Love has been added to the values along with compassion courage and integrity. How do you connect love with your nursing practice?

I try to show others a positive and caring attitude, being patient and kind while teaching, and showing interest in helping others.

What one change have you been involved with that you are proud of?

Being involved in the Safe Sleep Program.

What is your favorite self-care activity?

Family and any outdoor activity! (Biking and Lap Swimming, Kayaking)

What is one thing your peers may not know about you?

I have played competitive tennis since I was ten!

What are your favorite hobbies?

Gardening with my granddaughter, playing tennis, camping, and traveling.

How has the pandemic changed you personally and/or professionally?

Life is too short. I learned what’s important and what isn’t.



**Samantha Streepy, MSN, RN,
CMSRN, PCS Quality and Safety
Champion**

Quality and Safety Council
Co-Chair

PCS Quality and Safety

**How many years have you been an RN?
How many at UC Davis Health?**

Five years as an RN and at UC Davis Health (I started in the new grad residency program).

What do you like most about UC Davis Health?

My favorite thing about UC Davis Health is the emphasis on teamwork. There is an amazing culture of compassion and support, where nurses help each other through the hard days, celebrate the good times, and encourage each other to grow. I've met the most wonderful people during my time in the float pool and on Tower 8, and I wouldn't be the nurse I am today without them.

Love has been added to the values along with compassion courage and integrity. How do you connect love with your nursing practice?

Nursing is a profession that has days of joy and triumph, days of hardship and loss, and everything in between. Some days can feel overwhelming, through the challenging assignments, behavioral issues, changes in patient conditions, and so on. I think the best way to get through

it is by loving the profession and the difference we make in other people's lives. Being able to develop a rapport with patients in a short time and caring for them during some of their most difficult moments is both a privilege and an act of love. I believe loving our coworkers creates a culture of support and understanding, which leads to enjoyment and fulfillment in nursing. I love working for an organization that fosters personal and professional growth and encourages nurses to succeed in countless ways. No matter where I look, I find love present at every level and across every unit at UC Davis Health.

What one change have you been involved with that you are proud of?

I have been working with the transplant multidisciplinary team to update the education for our kidney transplant recipients. We have been working in collaboration with the patients, families, and MPEC to ensure the handouts are at an appropriate literacy level for all patients. By exclusively testing the handouts with people of color and English language learners, we have been able to create education that is culturally sensitive in order to reduce health disparities. We are excited to present our work at the International Transplant Nurses Society's annual conference in September 2021.

What is your favorite self-care activity?

My favorite self-care activity is traveling or, during quarantine, extensively planning my dream trips.

What is one thing your peers may not know about you?

I have a three-legged cat named Stanley, whom I adopted after seeing his photo featured on the Elk Grove Animal Shelter's Instagram. I immediately called the shelter to arrange the adoption, called my husband to pick up this surprise cat from the shelter, and came home from work to a new cat. Stanley definitely loves my husband more than he loves me since he thinks he's the one who rescued him. It makes me very jealous.

What are your favorite hobbies?

My favorite hobbies are sewing, embroidery, traveling, escape rooms, and hanging out with my cats.

How has the pandemic changed you personally and/or professionally?

I think the pandemic has taught me not to sweat the small stuff so much. When the pandemic happened, I was in the middle of planning our two hundred-person wedding and three-week honeymoon, set for September 2020. We had to change all of our plans and have an intimate, ceremony-only with a staycation at home afterward. At the time, I remember feeling incredibly stressed over the constant changes, but looking back, none of that mattered in the grand scheme of things, as it still turned out to be the perfect day. ♦

Always Nurse

What does it mean to be an “Always” nurse?

Every single patient that returned a survey, for which these nurses were part of the treatment team, answered “Always” to all three nursing questions below:

1. Nurses treated you with courtesy/respect
2. Nurses listened carefully to you
3. Nurses explained in a way you understand

Results based on surveys received between 01/01/21-03/31/21

- 951 HCAHPS surveys received with 1,733 nurses as part of the patient’s treatment team.
- Of the 1,733 nurses, 1011 have a sample size of five or more.

January – March 2021

Maricar Batoon
AIM Services

Eric Brickson
SICU

Eileen Casuga
CTICU

Jennifer Deaton
CTICU

Daniel Dela Cruz
SICU

Heather Donaldson
Tower 7 MSICU Blue

Itohans Emarievbe
Tower 4 ENT/Internal Medicine

Josephine Falvey
CTICU

Rita Kneib
Patient Care Resources

Connor Lambert
East 6 Cardiothoracic PCU

Debra Lapointe
Davis 3 University Birthing Suites

***Alexandra Mahle**
NSICU

***Kennedy Morgan**
NSICU

Don Nhan
Tower 7 MSICU Blue

Jessica Obtinalla
Davis 3 University Birthing Suites

***Christina Philip**
Heart Center

Barbara Rios
Tower 8 Transplant/ Metabolic

Cambria Roberts
East 8Med/Surg Specialty Unit

Cynthia Romero
Tower 8 Transplant/ Metabolic

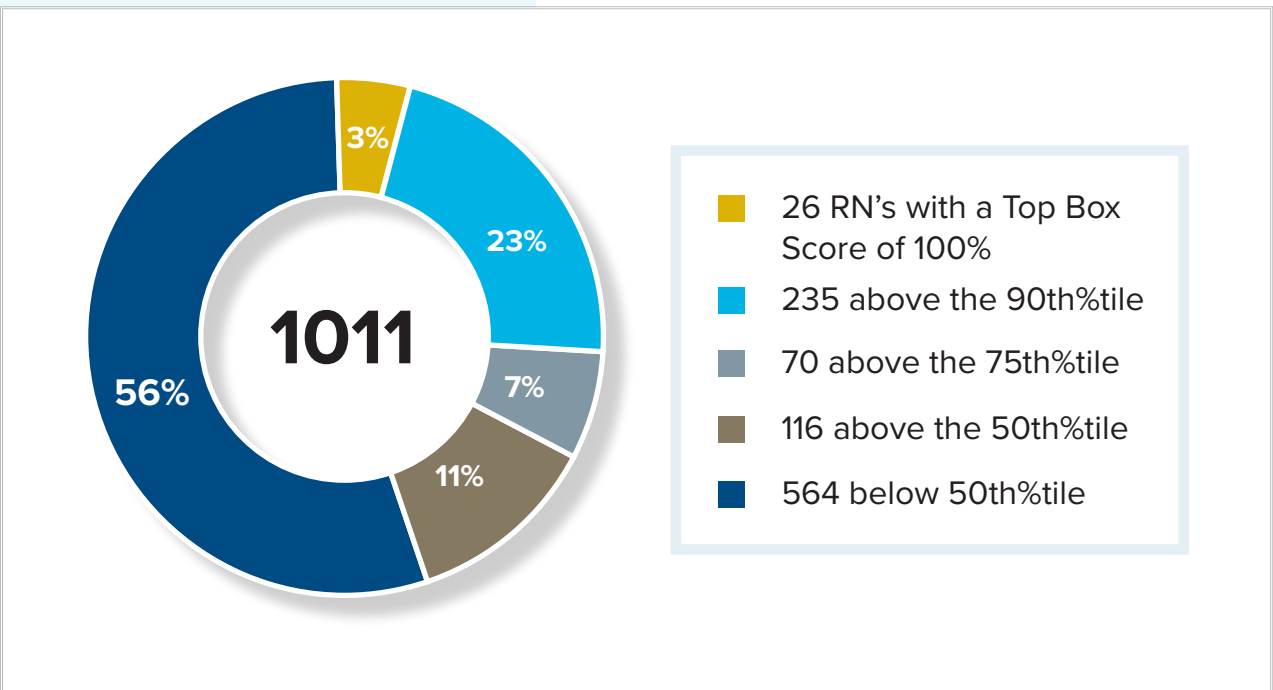
Erwin Senoren
Tower 7 MSICU Blue

Reanne Takara
Tower 7 MSICU Blue

Diseree Tuburan
Davis 6 Cardiology

Rachael Viale
NSICU

***Indicates previous award recipient**



Newly Recognized Clinical Nurse III 2021 2nd Quarter

Tara Barragan – Emergency Department
Kristina Baxley – University Birthing Suites/
Women’s Pavilion
Janeen Chang – Pediatric Infusion Center
Shoharab Chaudhary – Davis 6 Cardiology
Services
Lauren Coco – Davis 8 Oncology/BMTU
Cheryl Ditter – PACU
Lauren Hodge – Davis 3 University Birthing
Suites
Marsha Hoeft – Emergency Department
Elise Kennedy – Pediatric Infusion Center
Shawna Miller – Cancer Center/Pediatric
Infusion
Neal Oppenheimer – PICU/PCICU
Melissa Paras – University Birthing Suites/
Women’s Pavilion
Rachel Robertson – Davis 5 NICUU

Newly Specialty-Certified Nurses

Acute Care Certified Pediatric Nurse Practitioner (CPNP-AC)

Mary Le
Jonah Stein

Certified Emergency Nurse (CEN)

Rachel Carter
Megan Darr
Stephen Dawling
John Fox
Sarah Gordon
Angela Hokanson
Charlotte Marcelino
Brian O'Donnell
Brittney Watson

Certified Infection Control (CIC)

Marinell Catalan

Certified Medical Surgical Registered Nurse (CMSRN)

Virna Caulin
Nancy Chiang
Kenzie Grinsell
Mariam Jiddi
Michael Jones
Erin Mayer
Angelina Nochez
Jessica Rucker
Kalen Skinner
Caira Woo

Certified Nurse Operating Room (CNOR)

Joann Ballutay
Daniel Ellis
Ian Fong
Anna-Veronica Ibarra
Dmitriy Laytman
Joahanna Patrona
Vivian Peter
Maryphine Tagufa
Eiza Taylor

Certified Pediatric Nurse (CPN)

Megan Barker
Jeanette De Dios
Nicole Nguyen
Kimberly Wilcox

Certified Pediatric Emergency Nurse (CPEN)

Katherine Daniels
Daniel Rollins

Certified Post Anesthesia Nurse (CPAN)

Colleen Lehr

Clinical Nurse Leader (CNL)

Jessica Hori
Anne Nguyen
Cristina Valles
Bradley Waples

Critical Care Registered Nurse (CCRN)

Lindsay Allmon
Benjamin Altman
Sarah Anderson
Kathlyn Andrada
Kiera Earney
Ferdeliza Ferrera
Gina Finical
Heather Kerr
Gina Le
Holly Leighton
Portia Manzana
Krystle Myatt
Brynna Pink
Yusuf Rizam
Malia Ryman
Eleanor Sanders-Estes
Shavinderpal Sanga
Corey Sayson
Yen Tran
Hillary Tucker
Rachael Viale
Kacey Wanland

Community Health Nurse (RN-BC)

Shereen Haddad

Family Nurse Practitioner (FNP-BC)

Gina Flaharty
Ashish Patel

Inpatient Obstetric Nursing (RNC-OB)

Tina Chen
Jennifer Commins
Renia Pitre
Meghan Purtee
Anna Saldonido
Chasity Whitmer

Neonatal Intensive Care Nurse (RNC-NIC)

Jacquelyn Hrabowski
Christian Mercer
Corinne Spillers

Neonatal Nurse Practitioner (NNP-BC)

Ashley Diaz
Nathan Kostiv

Medical-Surgical Nursing (RN-BC)

Kayci Costa
Heather Linder
Heather Nicholson
Daphne Phillips-Johnson
Anoa Reynolds-Potter
Lauren Rowe
Simran Sandhu
Eva Tan

Oncology Certified Nurse (OCN)

Mark Brooks
Priscilla Catingub
Matthew Chatigny
Lauren Coco
Jenae Herkins
Kenley Martin
Fiona Nasseradden
Anna Nguyen
Belkys Refunjol
Allison Smith
Marjorie Tamayo

Pain Management Nurse (RN-BC)

Vangelina Silva

Pediatric Nurse (RN-BC)

Sonviset Soneouthay

Pediatric Nurse Practitioner (PNP-BC)

Natalie Canter
Jessica Theno

Primary Care Certified Pediatric Nurse Practitioner (CPNP-AC)

Lauren Bates

Progressive Care Certified Nurse (PCCN)

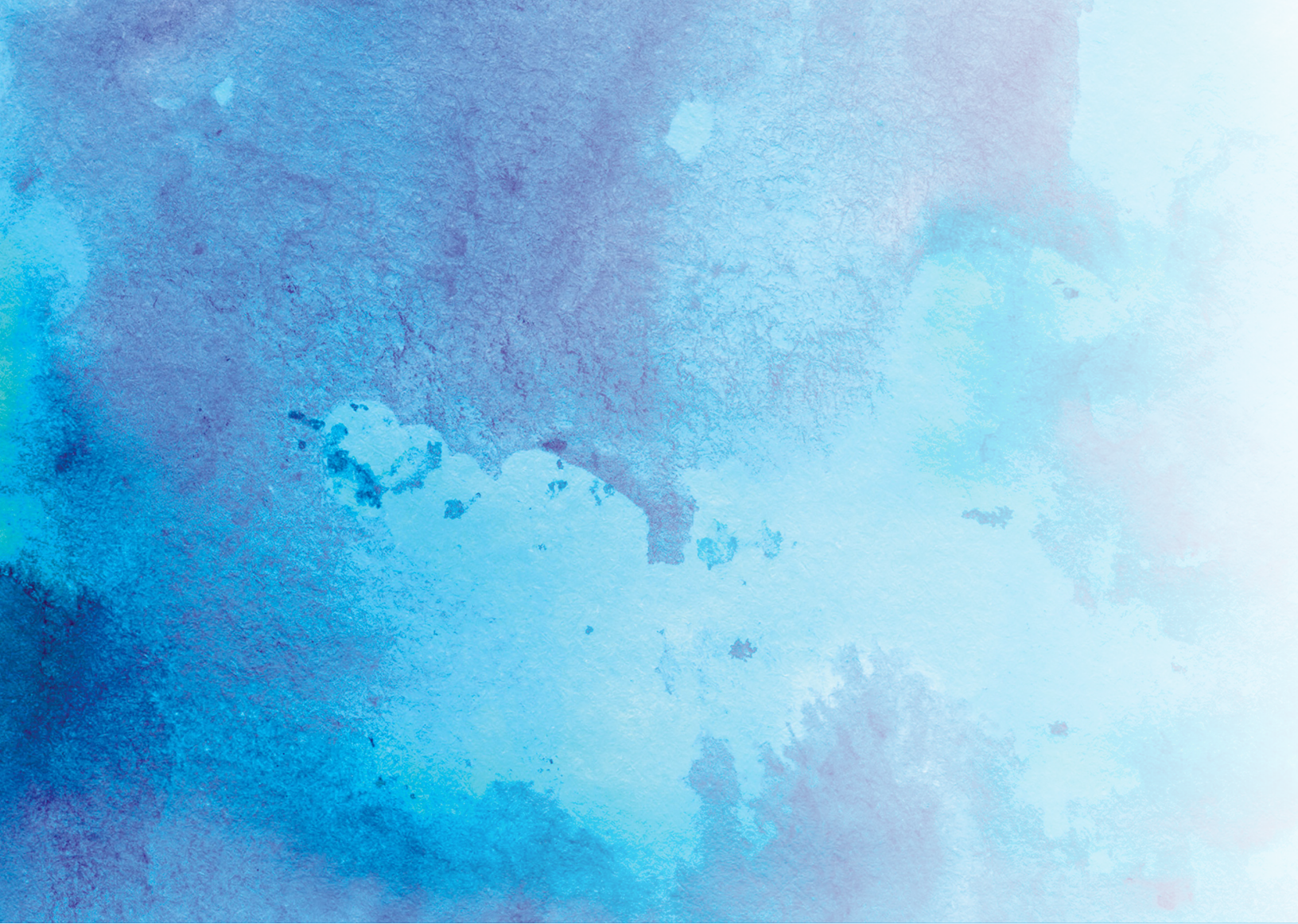
Antoniya Boyadjiev
Maria Lee

Trauma Certified Registered Nurse (TCRN)

Clementine Cook
Kristi Kunce

Vascular Access Board Certified VA-BC)

Kathryn Garson



UC DAVIS
HEALTH | Nurse

Contact

Email questions and comments to *UC Davis Nurse* Editor:

- Ellen Kissinger
elkissinger@ucdavis.edu