

Celebrating teamwork, communication, achievement and excellence



**So much
to be
grateful for**

With the holiday season around the corner, it's the perfect

time to focus on gratitude. And I am certainly grateful for all of you. We have an extraordinary team that is deeply committed to our practice and our patients.

Christa Bedford-Mu is one such example of the talented and compassionate nursing professionals we have on our team. She was recently recognized as the National Magnet Nurse of the Year for New Knowledge, Innovation and Improvement at the American Nurses Credentialing Center National Magnet Conference. I hope you all join me in congratulating her on this prestigious honor.

Christa's award was not the only thing we celebrated at this year's conference. As you all know, we received our fourth Magnet® redesignation in 2018. We had the opportunity to take the stage and be publicly recognized for our efforts.

We also have internal milestones to acknowledge. The annual Employee Engagement Survey wrapped up earlier this year. With all

Magnet Conference

UC Davis Health Nurse Awarded **Nurse of the Year** for New Knowledge, Innovation, and Improvement

NICU nurse Christa Bedford-Mu was named National Magnet Nurse of the Year for New Knowledge, Innovation and Improvement at the American Nurses Credentialing Center National Magnet Conference. Created in 2010, this annual recognition is given to five nurses for their outstanding contributions in innovation, consultation, leadership, and professional risk-taking. Christa joins Christi DeLemos as the second UC Davis Health nurse in three years to receive this honor.

Christa is a board-certified neonatal clinical nurse specialist and a key participant in innovative telehealth programs at UC Davis Children's Hospital. She is a lead contributor to Supporting Pediatric Research on Outcomes and Utilization of Telehealth, a tele-visit and telehealth project aimed at improving the transition from the NICU into the family's home.

As part of the neonatal team, Christa conducts live pre-discharge interactive video visits with rural pediatricians, providing detailed information about complex care. She also participates in post-discharge video visits with families, connecting with them both in the home environment and the doctor's office. This program has allowed for earlier discharge, increased parental and provider satisfaction, and reduced readmission rates.



Christa Bedford-Mu

Chief Nursing Officer

TOBY MARSH | CONTINUED FROM PAGE 1

the work you do every day to care for our patients, community and one another, I know it's not always easy or convenient to take time out and participate in these initiatives. I'm thankful that so many of you did. Your feedback and opinions on what we're doing well and where we can improve are critical.

We continue to lead the organization and, in some cases, the national average, in overall engagement and resilience. While I'm not surprised given the incredible nurses we have on our team, it still fills me with tremendous pride.

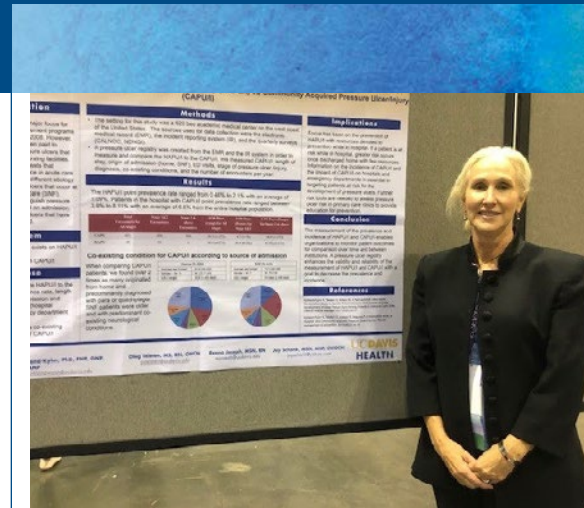
That said, we've also identified some areas of opportunity. I'm personally committed to working with the leadership team and all of you to ensure we do address those issues. Additionally, I urge you to continue providing feedback throughout the year, whether it's survey time or not.

As you read the pages in this newsletter, I hope you are as proud as I am of what we've achieved this year. I encourage you to express gratitude to your colleagues — while taking some time to reflect on your own contributions.



Toby K. Marsh, RN, MSA, MSN, FACHE, NEA-BC

Chief Nursing and Patient Care Services Officer
UC Davis Medical Center



AWARD | CONTINUED FROM PAGE 1

Through her work, she is committed to raising the standard for UC Davis Health partner facilities through subspecialty education that reduces the need for risky transport to a higher level of care. Over the last year, she was instrumental in designing an educational program for new UC Davis Health partners. The program focused on developing a broad range of nursing competencies through individualized

educational plans and didactic educational programs with on-site mentorship. While still new, the program has allowed dozens of children to remain at their local facility, allowing families to stay in their homes near their support networks while decreasing family stress, financial burden, and health care costs.

“Christa’s inspirational work illustrates the promise of telehealth

to improve access to expert care in a patient-centric platform while reducing costs,” said Toby Marsh, RN, MSA, MSN, FACHE, NEA-BC, chief nursing and patient care services officer. “She is a pioneer that challenges us to think differently, plan differently and imagine a better way to care for high-risk infants. I hope the entire health system joins me in congratulating her on this prestigious award.”



American Nurses Credentialing Center National Magnet Conference 2019

In October, UC Davis Health clinical nurses and nurse leaders joined over 12,000 nurses from across the nation at the annual Magnet Conference in Orlando, Florida. Our nurses began the conference with a UC Davis Health nurses meet and greet, allowing them to network across five campuses. The conference gave nurses the opportunity to share best practices, learn from others' experiences, and present their research. Among 175 other elite posters, Holly Kirkland-Khyn, director of wound care, presented her analysis of Hospital Acquired Pressure Ulcer/Injury vs. Community Acquired Pressure Ulcer/Injury.

The conference was followed by celebrations of Magnet® redesignation and nursing high honors as Christa Bedford-Mu won the National Magnet Nurse of the Year for New Knowledge, Innovation and Improvement. Christa is the second UC Davis Health nurse to win this prestigious award following Christi DeLemos' win in 2016.

TOP LEFT: Holly Kirkland-Khyn disseminates best practice at UC Davis.

TOP MIDDLE: UC Davis nurses are recognized for their 2018 redesignation on stage.

TOP RIGHT L—R: Christina Philip; Judie Boehmer; Krystle Palisoc; Amanda Limeberger; and Jennifer Commins.

BOTTOM LEFT L—R: Shoharab Chaudhary; Sunitha Sunkara; Elsamma Thomas; Terri Nguyen; Calene Roseman; Darryl Amoguis; Katherine McDonald; and Ester Muriithi.

BOTTOM MIDDLE: Christi DeLemos and Christa Bedford-Mu.

BOTTOM RIGHT L—R: Rachelle Cook; Ashley Donkerbrook; Elsamma Thomas; Christina Philip; Shoharab Chaudhary; Krystle Palisoc; Ester Muriithi; Darryl Amoguis; Amanda Limeberger; Terri Nguyen; Christa Bedford-Mu; Marni Farr; Katie McDonald; Yvonne Hansen; Sunitha Sunkara; Jennifer Commins; and Ellen Kissinger.

2019 Press Ganey Nurse Engagement Survey

The annual Engagement Survey provides an opportunity for employees across UC Davis Health to acknowledge accomplishments and raise concerns about areas to strengthen. In 2019, the system realized its highest ever participation rate — over 70% — in the survey that ran from April 15 through May 3.

Approximately 1,850 nurses were among those who made their voices heard. And the results revealed high levels of engagement and resilience — much higher, in fact, than the rest of the organization.

Specific strengths identified include:

Professional Development

- Career development opportunities
- Opportunities to learn and grow

Fundamentals of quality nursing care

- Satisfaction with the expertise of the nursing staff
- Safe, error-free care

Autonomy

- Opportunity to influence nursing practice

Interprofessional Relationships

- Effective collaboration between nursing and the different ancillary services, i.e. pharmacy, lab, radiology, nutrition, behavioral health, etc.

All of these strengths should be celebrated and built upon, while also focusing on areas identified to strengthen. Those areas include leadership access and responsiveness, as well as nurse-to nurse collaboration and teamwork. Nursing leadership is eager to address the concerns raised and individual managers are working with staff to develop workplans specific to their units to strengthen teamwork.

The next employee survey will launch in spring 2020. We are committed to making progress on our improvement plans — and transparently sharing the outcomes — well in advance of that date.



New Davis 1 Simulation Suite Expands Capacity of CPPN

The Center for Professional Practice of Nursing (CPPN) recently opened a new Simulation Suite to expand its capacity for increased simulation classes. The added space — located across the street from the medical center — is designed to provide students with an interactive, engaging, and fun learning environment. The suite includes two hospital simulation rooms, a SMART Board,[®] and a mid-fidelity SMART Man[®] that provides feedback on CPR effectiveness coupled with D.A.R.T. Sim[®] software capable of simulating various ECG rhythms and clinical information. These new evidence-based simulation features allow for more realistic clinical learning and practice experience to support learner confidence and patient outcomes.

Some classes offered in the new suite include ACLS, PALS, Sedation: Simulated Experience Skills Validation, First Five Minutes, and more.

Tower 6 MSU awarded **PRISM Award for excellence**

In September, the Tower 6 Med-Surgical Unit received the PRISM Award—short for Premier Recognition in the Specialty of Medical-Surgery. The prestigious award from the Academy of Medical-Surgical Nurses (AMSN) and the Medical-Surgical Nursing Certification Board (MSNCB) is granted to acute-care units that show exemplary work in the areas of: leadership; recruitment and retention; evidence-based practice; patient outcomes; healthy practice environment; and lifelong learning for unit staff. Tower 6 MSU is the third recipient of the PRISM Award here at UC Davis Health.

Tower 6 MSU opened their doors in 2015 and has since accomplished many initiatives that benefit both their patients and their staff. This award reflects their compassion, commitment and connection to excellent patient-centered care. As best said by the AMSN President, “Tower 6 MSU may be a small unit, but they are a mighty one!”



Tower 6 MSU receives PRISM Award for excellence by the Academy of Medical-Surgical Nurses (AMSN) and the Medical-Surgical Nursing Certification Board (MSNCB).

“Tower 6 MSU may be a small unit, but they are a mighty one!”

MSICU Gold receives second **Gold Beacon for Excellence Award**

The unit is one of 10 ICUs in California to hold this prestigious award

Tower 7 MSICU Gold received the Gold Beacon Award for Excellence from the American Association of Critical Care Nurses (AACN). Recognized units have met AACN’s rigorous certification process that ensures a commitment to nursing excellence, building strong relationships between patients, and improving outcomes and overall patient care satisfaction. The unit has shown dedication



Tower 7 MSICU Gold received their second Gold Beacon of Excellence Award by the American Association of Critical Care Nurses (AACN).

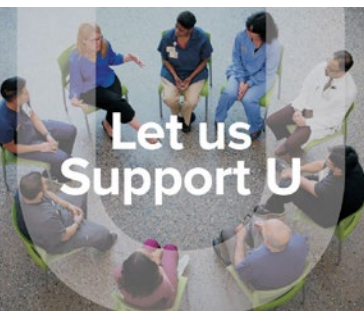
to teamwork, high morale in the work environment and supportive environments of professionalism among colleagues and leaders.

“Overall, MSICU Gold scored in the 80–100% range. This reflects an effective, systematic approach, with no gaps. Evaluation measures are fact-based and systematic with tools, refinements, and innovations that are backed by analysis. Knowledge sharing is evident throughout 24/7 operations. Outcome performance results are reported for all areas, and good to excellent performance levels are reported in most areas. Trend data are reported for all areas and show favorable trends that have been sustained over time. Comparison outcomes data emulate evidence of industry leadership in many areas.” — AACN Award letter

Currently, California has only 10 individual ICUs that hold the Gold Beacon for Excellence. This is MSICU Gold’s third designation, making this unit a Beacon of Excellence for nine consecutive years.

Supporting caregivers. **Supporting you.**

New Support U Peer Responder Program



As we embrace a relationship-based culture, we have focused on the wellness and resilience of our providers — as they are often immersed in patient care experiences that involve suffering and loss. Connecting with our peers and providing organizational resources to address these concerns, allows us to promote a mindful approach to healing. With the new UC Davis Health Support U Peer Responder Program,

caregivers who have experienced trauma or stress from an adverse care event now have access to safe and confidential peer-to-peer support.

The program began as a peer support project that was initiated in the PICU in 2011. Since then, the project has expanded into a full program that currently has teams in eight areas throughout the hospital. Now 10 other departments are joining and preparing to go live with peer responder teams.

Support U trained peer responders provide:

- Confidential listening
- Individual or group debriefings
- Mental and emotional support
- Compassion and understanding
- Respectful boundaries
- Partnerships to cope while strengthening resilience

This program is an amazing opportunity for our health care community to connect, provide safe environments to discuss stresses and experiences, and deliver emotional support in a timely manner. As part of our robust safety culture, our goal is to promote employee wellness, enhance patient care, and build resilience together.

You are not alone. If you need help, let our team support you!

To find a support responder or for more information on the program, contact supportu@ucdavis.edu.



Josie King Culture of Safety Hero Award

The Josie King Hero award is presented to caregivers by the Quality and Safety Council who work hard to create a culture of patient safety at UC Davis Health.

Amanda Limeberger from Tower 8 Transplant and Metabolic Unit noticed that the patient was not at baseline from earlier in the morning. The symptoms were subtle. The patient was slower to respond, and neglected their left side, but Amanda knew it was significant enough to follow-up. She confirmed with the family present that indeed the patient had changed. She immediately communicated her concerns to the treating team and her AN II. Amanda persisted with the team to come and assess the patient, and after a STAT CT, it revealed a hemorrhage and bleeding from the tumor in the right parietal lobe. This reveal began the process to transfer the patient to the ICU.

2019 Fellow of the American Association of Nurse Practitioners

Holly Kirkland-Kyhn, Ph.D., FNP, GNP, CWCN, director of wound care, was inducted as a 2019 Fellow of the American Association of Nurse Practitioners (FAANP). She was nominated and sponsored by UC Davis Health distinguished fellows, Debra Bakerjian, Ph.D., APRN, FAAN, FAANP and Mary Mason Wycoff, Ph.D., ACNP, FNP, CCNS, CCRN, FAANP.

Holly has been at UC Davis Health for over 15 years where she has been an integral team member. She has led many interprofessional initiatives throughout the hospital to improve quality of care and patient safety, and has educated nurses and students on wound care locally and globally. Holly is an active member in international research groups and a part of the “Street Medicine” program, an initiative that mentors and educates communities on wound care. She spent her early career working as a nurse and midwife in England and Ireland, and has traveled to Africa, Haiti, and Belize to promote safe maternal-child health care.



National Black Nurses Association honors UC Davis nurse and graduate student

Melinda Powell, RN, BSN, CIC, received a 40 and Under Award from the National Black Nurses Association (NBNA) at the organization's 47th annual conference this past summer.

The award honors and celebrates NBNA members 40 and under who show strong leadership and demonstrate excellence and innovation in their practice settings, their NBNA chapters and in the communities they serve.

The master's-degree student currently serves as a Clinical Resource Nurse III in Infection Prevention and is certified by the Board of Infection Control and Epidemiology. She is a member of the Association for Professionals in

Infection Prevention and is currently on the board for the APIC Sierra Chapter serving the nominations committee.

Melinda holds a high commitment to community service and believes in serving the vulnerable and marginalized people in her community. She has helped lead Community Health fairs for the underserved, volunteers with her family on youth projects with the City of Sacramento, and regularly mentors young women to become future leaders.

In addition to participating in a variety of community and professional activities, Melinda also educates future nurses as a Theory and Clinical Nursing instructor. She is a member of the Sigma Theta

Tau International Honor Society of Nursing, and plans to use her education to empower more young women to join the health care field.



Melinda Powell, RN, BSN, CIC Receives 40 and Under Award.

Building a Falls Program in the ED

To reduce falls in the ED, the Unit Based Practice Council implemented an evidence-based Falls Program. Unlike inpatient units, falls in emergency departments are not reported to the National Database of Nursing Quality (NDNQI) or benchmarked against “like” emergency departments nationally. To build a Falls Program for the ED, the Unit Based Practice Council conducted a thorough literature search. These efforts created a foundation to drive quality improvement for decreasing falls. The evidence-based falls toolkit includes:

- Falls assessment screening tools for both pediatric and adult patients
- A standardized root cause analysis (RCA) form to decrease the variation in care for patients that screened “at risk” for a fall
- A falls dashboard that mirrors the inpatient dashboard using the NDNQI falls definition

Creating an internal dashboard that tracks falls has improved and standardized practice. It has also enabled the ED to benchmark the falls rate per 1,000 patients triaged with other level I ED quality improvement falls projects.



Creating an internal dashboard that tracks falls has improved and standardized practice.

Emergency Department Falls Dashboard

To access the ED Falls Dashboard:

- Visit the Insider
- Type in “falls” in the search bar
- Click on the “Falls Dashboard”
- You will be directed to a falls with injury graph
- Click on the last tab labeled ED Falls Dashboard

The dashboard is updated monthly with number of total falls, falls with injury and the rate of falls per patients triaged. For fall categories and definitions, click the first tab labeled “definitions.”



New **Acute Infectious Management (AIM) Unit** opportunities improve patient care

Twelve years ago the Acute Infectious Management (AIM) Unit opened to reduce hospital stays by offering antibiotic infusion therapy as an outpatient service. Over time the unit was able to expand services that offered wound care, line management and phlebotomy. Even though the unit was able to deliver a wide range of therapies, it was being underutilized. The barrier? A lengthy and onerous referral process.

Carla Martin, patient care services executive director and Mag Browne McManus, Radiology nurse manager have since implemented a new and easier referral path. The new process features a simplified ordering process, allowing physicians and advanced practitioners to access therapy plans from their usual workflow. When therapy is completed, a referral is automatically generated, and the patient is scheduled. This new flow is improving patient access and expanding services.

Many other developments on the horizon

- Improved transitions of patients from the hospital and emergency department.
- Providing comprehensive wound care to reduce readmissions and easy transition of patients into the community.
- Holly Kirkland-Kyhn, director of wound care, and her team are creating a wound registry for multi-visit patients. The process will include consultation, photo review, and plan of care.
- Relocating to University Tower 1 in early 2020. The new move will increase bed capacity and include full cardiac monitoring capability for patients during infusion.

With the recent restructuring of PICC and Apheresis, PICC services will also be relocating to University Tower 1. With both staff in one location, this will allow outpatient PICC placement as well as the PICC team to provide vascular access support to AIM patients.

Thank you to the AIM team

Mag Browne McManus
MSN, Nurse Manager

Shannon Reese
AN II, BSN, VABC

Wilfredo Avalos
CN II, BSN

Marti Livingstone
CN II, BSN, VABC

Yuliya Kovalchuk
Hospital Assistant II

Tova Lichman
Hospital Assistant II

Daniel Egharevba
Hospital Assistant II



TOP: Daniel Egharevba and Marti Livinghouse

BOTTOM L—R: Shannon Reese; Mag Browne-McManus; Wilfredo (Will) Arevalo; and Julia Comer

Professional Governance Council

Quality and Safety Council

- Josie King Award now includes non-nursing staff.
- The first Josie King Team Award was given in September to the blood bank for their help on a NICU baby.
- Unit Based Practice Councils have been working on white board standardization, caregiver readiness, oncology patient education, suicide screening, CLABSI, and CAUTI.
- Hero Award presented to Dr. Dorset in July for facilitating a safe patient transfer.

Advanced Practice Providers Council

- Two new sepsis nurse practitioners have started.
- Coordinating HRSA grant with Betty Irene – Nurse Practitioner Fellowship Family Practice (10 spots available).
- Developing a symposium for understanding poverty.
- Completing NP3 career ladder.
- Seeking a Dermatology and Neuro Nurse Practitioner fellow for 2020.
- Seeking additional psych CNS position.
- Working on developing telemedicine.

Research Council

- The council is actively planning for the next Nursing Science Professional Governance Ceremony. They have secured

May 6, 2020 as the date and are excited to plan another wonderful week to showcase nurse research.

Professional Development Council

- Working with CPPN to redesign our current competency management system. We are excited to be collaborating with Donna Wright and Onsonble to develop a software program and management system that puts the nurse at the center of their own competency management and growth.
- Developing next year's plans for Certified Nurses Day celebrations in March.

Preceptor and Residency sub-committee (PARS)

- In efforts to provide evidence-based best practice recommendations and consistency in precepting practices, the sub-committee has created a Transition to Practice Preceptor Program. The program addresses criteria for development and recognition of preceptors focused on Nursing Transitions in Practice, to include new graduate nurse residents, newly hired experienced nurses, and nurses changing their primary work environment.
- General preceptor training for all RN staff who may work with student nurses will be included in a revised onboarding program. This will support Magnet® redesignation and Transition to Practice program accreditation.

Clinical Practice

- A survey regarding Complementary Therapies, including prayer, pet therapy, and aroma therapy was distributed to all staff. Results of the survey will be available next month.
- Developing plans for a Complementary Therapies website to connect nurses with information on how to access the various available therapies.

Emergency Department

- Hosted a patient at a recent Unit Based Practice Council meeting. The patient offered great insight as to some opportunities.
- Working on specialty certification program, which has increased from 15 to 20 participants.

Ambulatory Council

- Currently working on ways to help increase RN certification in the ambulatory section.
- Hosted a second patient in a recent Unit Based Practice Council meeting. This was the first pediatric patient to be interviewed.
- Transition of care continues with .RN Handoff being revised to Nursing Handoff. This is to ensure inclusion of all ambulatory nurses (RN, LVN's, and NP's) and help with developing means of communication pathways for easier accessibility between geographically clinical locations.

Who can you call?

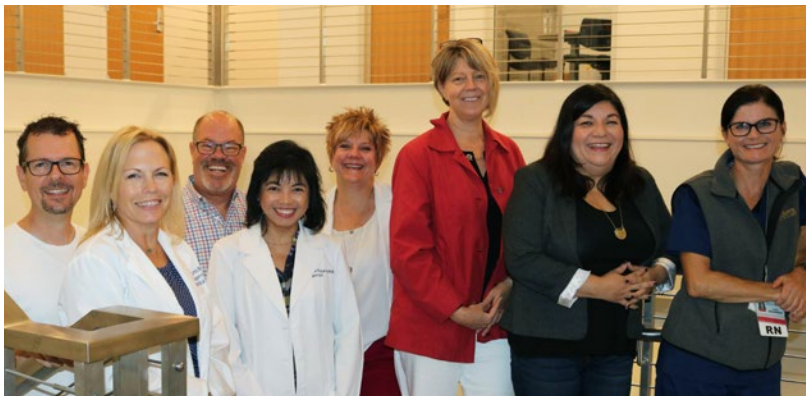
The nursing supervisors

Did you know that between the nursing supervisors and the relief nursing supervisors there are over 185 years of total experience? Well now you do, and guess what? We are here for you! We have been former CN II's, CN III's, and AN II's with years of bedside and charge nurse experience. We have traversed through adult and pediatric crises, have spoken to grief-stricken families, and held the hands of dying patients. Now, as nursing supervisors, we keep the hospital's pulse.

We are informed of events in the community that effect the emergency room that then can affect the inpatient setting. We are aware of facility repairs that cause delays including electronic charting, continued education or overhead paging. As nursing supervisors, we monitor what is happening and are resourceful with the unexpected, but we can't do our jobs without you. If you see an event, situation or anomaly, say something and share that information with a nursing supervisor.

Types of questions we can answer

To the right are recent examples of situations we've encountered. A call to the nursing supervisor on duty could hasten and streamline the resolution. We've seen it, we've been there and we're on your team. We all want to provide extraordinary compassion, courage, and integrity in every situation. Remember, if you see something say something.



L-R: Christopher Williams; Marilyn Curtis; Gary Gibson; Ma Antonette Esguerra; Cathy Mulholland; Dawn Covington; Kellie Perez; and Carla Goetzman. Not pictured Leslie Buhlman and Virpal Donley.

Q: What do you do if you see a leak in the ceiling?

A: Call PO&M and include the nursing supervisor. If patients need relocating, the nursing supervisor will facilitate the movement. (Policy ID: 1609)

Q: What if a seizure patient wants to keep their baby in the bed with them while they sleep?

A: Start by explaining the risks, if necessary call the nursing supervisor. They can help articulate UC Davis Health policy. (Policy ID: 2878 & 15003 Care of the Patient with an Uncontrolled Seizure Disorder)

Q: What do I do if there are two unruly poodles in the bed of a patient that claims they are "service animals?"

A: Not only should you read and familiarize the service animal policy, but include the nursing supervisor with what you've found. (2876 Patient and Visitor Service Animals and Pets in Medical Center Facilities)

Q: The patient feels cold and asks for his blow torch located in his belongings bag. What should I do?

A: Do not give it to him. Notify the nursing supervisor and security to remove the item from the premises. (Policy ID: 3305)



Congratulations to our DAISY Award recipients! You exemplify the nursing values of courage, compassion and integrity in every situation.



Leslie Buhlman, RN, BSN
Patient Care Services

Leslie took the time to learn about this family member. She saw the man behind the threat and recognized that he was heartbroken. She advocated for him and the patient, allowing those precious last moments to be shared, just as they had shared a life together. In the

midst of a highly charged situation, Leslie remained the nurse she had been trained to be and made the situation as right as it could have been, despite the grim and inevitable end to his wife's life.



Marcopolo Agraan, RN, BSN
East 6 Cardiothoracic PCU

A 64-year-old male baritone horn player collapsed while performing with his marching band. Marco identified himself as an RN from UC Davis Medical Center and started immediate CPR. The cardiologist believes that there was 0% myocardium lost. Mr. Agraan's actions on

his day off were a credit to the nursing profession and UC Davis Medical Center. His actions were the integral part to the chain of survival that returned this patient to his family (and band) with an excellent quality of life.



Josh Spangler, RN, CCRN
Tower 7 MSICU Gold

Josh was caring for one of our pediatric patients for an extended period of time. The ten-year-old child was diagnosed with cystic fibrosis. One of the many things Josh did for his patient to help improve compliance and breakup the monotony of

frequent respiratory treatments, was to create a marshmallow blowgun. The blowgun was made of PVC plastic pipe with screws drilled into the end to prevent inhaling the marshmallow. Josh decorated the device with camouflaged duct tape and made two blowguns, one for his patient and one for the patient's father. Together the patient and his dad would have marshmallow fights, blowing them through the devices at each other. Josh also lined up pencils as targets for the patient to practice his aim, making a game out of his respiratory exercise. This would ultimately provide the pulmonary exercise needed for the patient to expand his lungs in a creative fun way. The laughter coming from the patient's room filled the ICU.



Christa Bedford Mu, RN, MSN, CNS-BC
Davis 5 NICU

The transition from the NICU to home is difficult for many families. Medically fragile babies can be very intimidating for new parents and a little virtual reassurance is very helpful for them. We have provided reassurance to several families

that they were indeed doing a good job with their home care, particularly wound care. The reinforcement that these parents are doing a good job is a wonderful service to provide these new families, and Christa is just spectacular working with them.



To nominate a nurse for the DAISY Award, visit health.ucdavis.edu/nurse/daisy.



Emilia DeLeon, RN, BSN
Tower 6 Medical Surgical Unit

Family respite was challenging. Emilia was with her primary patient one night when all her family left. The patient was terrified, she thought her room was on fire. Emilia stayed in her room to keep her company and assure her that things would be okay until a family member

arrived. Emilia was always willing to care for this patient and never asked for a break, as some of the other nurses requested from caring for her. Not only did the patient rave about the care that went above and beyond, the leadership on the unit saw the incredible care that she provided to the patient too.



Trudee Murray, RN, MSN, CCRN-P
Children's Surgery Center PACU

Trudee first went to the aid of a single male occupant of one of the many cars involved – the victim was unconscious with agonal respirations, a weak pulse, and severe bruising to the anterior neck. Assessing the situation, Trudee knew a full cardiac

arrest was impending. She made the call to move the victim after getting help – it took a few minutes to get him out – where she reassessed him when he became pulseless.



Laura West, RN, BSN
Davis 10 PICU/PCICU

Laura was an excellent role model for this mother who needed ongoing support. She went above and beyond to drive to Stanford when her primary patient was hospitalized for an anoxic event that took his life. Laura stayed overnight in a hotel and attended a family meeting with a new medical

team to support his mother as the medical team guided her to compassionate decannulation, so he could pass peacefully.



DAISY Lifetime Achievement Award

As a CNS with more than 30 years of experience, she embodies the role of a nurse educator, patient advocate and organization wide resource. From her smallest patients to our tenured physicians, everyone that works with Pam regards her as an expert in her field and a treasured asset to UC Davis Medical Center. Her focus is always on the best process to improve patient care and outcomes. She pursues excellence in her care and inspires nurses to do the same. She is constantly educating nurses, families and patients. She will arrive at a bedside and immediately engage the family, calming an anxious mother and/or patient. She readily identifies research and data to support best practices. She actively pursues collaboration and engages multiple teams to improve patient care and outcomes. Pam is also sensitive and compassionate to everyone she engages with. She listens attentively and provides reassurance and feedback.

Pam Mooney, RN, MSN, CNS-BC
Pediatric Clinical Nurse Specialist

Perinatal team **first in California** to treat patient with postpartum depression drug

Last month, UC Davis Health became home to the first and only hospital in California to offer Zulresso (brexanolone), a new medication to treat mothers with postpartum depression. The common condition affects 1 in 7 women after giving birth according to the American College of Obstetricians and Gynecologists (ACOG).

The drug was approved by the U.S. Food and Drug Administration in March, and currently only three other states, including Texas, Arizona, and New Jersey offer this type of treatment.

Thank you to our Zulresso champions

- Amalia Wiley
- Shannon Schraeder
- Jennifer Commins
- Misty Harmon
- Marcia Mitchell
- Karen Stepp
- Connie Dipasquale
- Kimmi Gutierrez
- Nikki Barba
- Brenda Inma
- Vivian Aposto
- Julie Janke
- Angelique Silva



L-R: Amalia Wiley; Shannon Schraeder; Jennifer Commins; and Misty Harmon.



L-R: Marcia Mitchell; Karen Stepp; Connie Dipasquale; and Kimmi Gutierrez.



L-R: Nikki Barba; Brenda Inman; Vivian Apostol; Julie Janke; and Angelique Silva.

Ovarian Cancer Awareness Walk

In September OB nurses, residents and attendings came together as a team to walk/run a 5k to support their colleague Marina O’Gorman, RN, in her battle against ovarian cancer.





Front L-R: Lilibeth Balo; Jessica Shanley; and Maryann Navarro.
Back L-R: Julia Huerta; Ka Suen Hung; and Allison Smith.

Giving back to the Ronald McDonald House

In September, Tower 6 pediatric nurses gave back to the community by preparing 80 delicious home cooked meals for families staying at the Ronald McDonald house. The facility is a home away from home for families who have traveled significant distances to seek treatment for a child at UC Davis Health.

The nurses enjoyed helping others and interacting with siblings and parents outside of the hospital. Practicing this small act of gratitude helped them to bond in an environment outside of work and reignited their spirit of caring.

Community classrooms served by Operation Backpack

During the eighth year of Operation Backpack,[®] **nurses collected a total of 323 backpacks** filled with supplies to serve classrooms throughout the region. Patient Care Services donated 150 backpacks, while ambulatory services donated 127 and the Emergency Department donated 46. The program aims to help ensure that all children from pre-school to high school are prepared in order to improve their chances for success.



Certifications

Newly specialty-certified nurses

Acute Care Nurse Practitioner (ACNP-BC)

Vilija Abrute

Adult Gerontology Acute Care Nurse Practitioner (AGACNP-BC) and Adult Nurse Practitioner (ANP-BC)

Erin Hansen
Paige Woodward

Certified Emergency Nurse (CEN)

Jessica Lambert

Certified Medical Surgical Registered Nurse (CMSRN)

Nicole Lira

Critical Care Registered Nurse (CCRN-Adult)

Karen Isak
Lyudmila Smal

Care Registered Nurse (CCRN-Peds)

Emily Pons

Family Nurse Practitioner (FNP-BC)

Roxie Kneen
Alana Rothman
Flora Stondell
Sara Winger

Maternal Newborn Nursing Certification (RNC-MNN)

Jennifer Lainez

Medical – Surgical Nursing (RN-BC)

Stephenee Molson

Newly recognized Clinical Nurse III

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Erica Kinney
Elizabeth Navarra
Megan Ober
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UC DAVIS HEALTH | Nurse

Credits

UC Davis Nurse is published regularly to recognize achievements, promote communication and celebrate excellence among nurses across UC Davis Health.

Newsletter edits and design provided by UC Davis Health Public Affairs and Marketing.

Call for articles

We're always seeking interesting, informative articles from nurses that work at UC Davis Health!

- In order to print as many articles as possible, our desired length limit is approximately 600 words.
- Photographs, graphs and charts that enhance the article are welcome, and add interest to the publication. Photos should be submitted in the largest (pixel dimensions) and highest-resolution format (dpi) possible.
- The editorial staff may make editorial changes, or request that authors make revisions, on an as-needed basis.

Help us review

Nurses can also assist by identifying stories to be submitted, or reviewing articles for publication.

If you're interested, please call Ellen Kissinger at 916-734-7819.

You can also email questions and comments to hs-ucdavisnurse@ucdavis.edu

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Celebrating the accomplishments of our Nurse Practitioners

