University of California Davis, Obstetrics & Gynecology

Sacramento, CA

BEST HOSPITALS
U.S. News & World Report
NATIONAL GYNECOLOGY 2019-20

2019-2020 Residency Prospectus
# UC Davis Health Obstetrics & Gynecology

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Message from the Program Director

Welcome to the UC Davis Medical Center, Department of Obstetrics and Gynecology Residency.

We are thrilled to have you join us today as you learn about our programs. We are a 4-year ACGME-accredited postgraduate residency training program based at the University of California, Davis Medical Center located in Sacramento, CA. Our hospital is a 632-bed acute-care teaching hospital, admitting more than 30,000 patients and handles more than 1 million clinic visits per year.

Our Department has six clinical divisions, including Maternal-Fetal Medicine, Gynecologic Oncology, Reproductive Endocrinology & Infertility, Urogynecology & Reconstructive Pelvic Surgery, Family Planning, and the University Women's Health (UWH) group, our private practice generalist group.

Our focus is helping the underserved communities in Northern California. We care for one of the largest geographical areas in the state of California, including a majority of counties that are considered rural or frontier. We have a clinical presence to the Oregon and Nevada borders, south to the city of Modesto including Mammoth Lakes and Bishop, and west to the city of Fairfield. This represents a 65,000-square-mile area that includes 33 counties and 6 million residents across Northern and Central California. We are a referral center and care for patients with complex obstetrical and gynecological issues.

To further our mission in helping underserved communities in Northern California, we have a combined Family Medicine/Obstetrics training program with 1 resident per year who complete their residency training alongside our categorical residents. We are the only residency program in the nation that integrates a rigorous obstetrical training component within the Family Medicine curriculum. Our FM/OB residents are trained to have a full scope OB practice upon graduation, and work in remote and underserved regions of the United States or train future Family Medicine physicians in obstetrical care.

Due to the patient population of our geographical catchment area, we have some of the sickest patients in the state of California. Our inpatient Obstetrical and Gynecological acuity measures are some of the highest in the state, underlying the severity and frequency of co-morbid conditions and medical issues that affect our patients. We care for some of the sickest patients in California.

As of 2018, we expanded our program to 7 residents per year, for a total of 28 categorical residents, along with 4 Family Medicine/Obstetrics residents. Our affiliate training sites include Kaiser Permanente in the cities of Sacramento, Roseville and Vacaville. We are additionally starting a PGY3 OBGYN Rural Elective rotation this academic year at Banner Lassen hospital in Susanville, CA.

Our surgical curriculum is exceptional. We are part of the University of California Robotics Collaborative (UCRC) which aims to improve the quality and consistency of resident and fellow education in robotic surgery. The robotics curriculum is utilized by all the surgical subspecialties and employs a hybrid format of web-based resources, simulation protocols, in combination with in-person didactics and dry labs to further prepare residents for the challenges of live robotic surgery. We also train residents in the Fundamentals of Laparoscopic Surgery (FLS), a requirement for the Qualifying Examination taken at the end of PGY4. FLS training is hands-on and web-based education, where residents must pass the surgical knowledge examination followed by the clinical portion of FLS prior to obtaining FLS certification. We are fortunate to have a testing site on campus, making the process very streamlined for our residents.
Our resident research program is lead by our Research Director and each resident graduates with a published paper or a quality improvement project that leads to a change in clinical practice. Residents are strongly encouraged to present their research projects as invited speakers at regional, national, and international meetings.

Being an OBGYN means you are an advocate for women’s health. No other specialty requires you to be an advocate. At UC Davis OBGYN, we believe that advocacy is part of your training. In 2005, our residency program initiated the UC Davis Resident Legislative Lobby Day which is now become ACOG Lobby Day for all OBGYN programs in California. All our residents attend the entirety of Lobby Day: the morning is spent at the ACOG District offices learning about women’s health bills, the afternoon, they is spent with state representatives discussing bills and their impact on women’s health. Being located in the capital of California, we have a close relationship with ACOG District IX headquartered 2 miles away. Our current residents hold leadership positions within our hospital as well as at the city, state and national level. Additionally, many of our former graduates are very active in ACOG at the district, state, and national level.

Our training program adheres to wellness principles. We received the ACOG Junior Fellow national physician wellness award for Emotional/Intellectual Health in 2017. We know that residency can be challenging; our residents work hard, but also know there is life outside work. You can check out our Instagram (#ucdobgynresidency), Twitter (ucdobgresidency) or Facebook page to see the life of a resident at UC Davis.

Our learning environment fosters residents to develop their medical and clinical skills. Our goal is to not only train excellent OBGYNs, but also to train advocates and leaders in the field. Whether you goal is to pursue a fellowship or go into academic practice, the Kaiser system or private practice, our residency program will prepare you, with the bonus of enjoying the process along the way.

We wish you the best in your future endeavors. If you have further questions about our program, please feel free to call us at 916-734-6978 or email our amazing Residency Program Manager, Martha Morris (mmorris@ucdavis.edu).
Welcome to the University of California, Davis Department of Obstetrics and Gynecology. The Department is a leader in patient care as well as basic and clinical research and medical education.

We are advancing how technology can help women with issues related to pregnancy, gynecologic disease and cancer. With advanced surgical techniques, including robotic surgery, our physicians provide from basic to the most complex care. In fact, UC Davis was rated the #1 hospital for all gynecologic care in the Sacramento region and #16 in the nation for 2019-2020 by the U.S. News and World Report. We focus on combining compassion and understanding so that each patient can feel confident that she is receiving the best care. The Department serves a multistate region north to Washington and east to Nevada.

Our goals are straightforward: the faculty, fellows, residents and staff of our Department want UC Davis to be the destination of choice for women to seek obstetric and gynecologic health care; to be the premier location for residency and fellowship training, and to create new knowledge through research on women’s health issues. Our challenge is to continually find new ways of thinking about service because the health care environment is constantly changing. To meet this challenge, our physicians maintain flexibility and commitment to provide the highest quality of care within the changing healthcare landscape. As the Chair of the Department of Obstetrics and Gynecology at the University of California, Davis, I am proud to lead as well as be a member of an extraordinary team of physicians, scientists, residents, fellows, and staff who take great pride in our promise to improve the quality of life for all women.

Our Department provides a multi-disciplinary set of both specialty and subspecialty services including: Family Planning, Gynecologic Oncology, Maternal-Fetal Medicine, Reproductive Endocrinology and Urogynecology and Pelvic Reconstructive Surgery. To improve access to our services, we have faculty physicians who belong to our University Women’s Health (UWH), who are located throughout the Sacramento region, and bring their patients to UC Davis Medical Center for hospital services.

We are developing exciting new multidisciplinary services in collaboration with other Departments. The Fetal Care & Treatment Center is a unique service in the Sacramento region, spearheaded by our MFM specialists, and working close-knit with Radiology, Neonatology, and Pediatric Surgery. Using high resolution state of the art ultrasound, fetuses with surgically remediable lesions (such as twin-to-twin transfusion syndrome) can be identified for in utero treatment by specially trained pediatric surgeons. The Division of Gynecologic Oncology supports care of women’s cancers including sexual health for female oncology patients and palliative care via Supportive Oncology through the UC Davis Comprehensive Cancer Center. The Family Planning Division, provides comprehensive regional care for contraception and abortion, as well as a robust portfolio of clinical trials for new contraceptive technologies. The Urogynecology Division provides all aspects of female pelvic medicine and reconstructive surgery including complex mesh removal.

As you consider your future, moving from medical school to residency is a big change. Our Department is continually going through that same process. We have incredible intellectual capacity within the Department which provides an incredible foundation for growth. The University and the Health System are investing significantly in our Department’s future by supporting our plans to further develop our clinical and research programs. Over the last several years, we have expanded our faculty in Family Planning, Gynecologic Oncology, Maternal Fetal Medicine, Urogynecology and as well as hiring new academic generalist faculty. Our current research funding is over $2.5 million, and includes translational and clinical science, and an expanding portfolio of clinical trials. Over the next year, we will be expanding our research repertoire including faculty with specialization in basic science, translational science, and clinical outcomes research.

To me, there is no more exciting a place to be for the next 4 years than UC Davis. As a resident candidate, the benefits of the residency training partnership between Kaiser Permanente (primarily Kaiser Roseville) and UC Davis will provide an amazing learning experience and an opportunity for tremendous personal growth.

As you interview with us as a residency candidate, ask the residents and faculty about our collaborative supportive environment, educational and research opportunities. I think you will be very impressed with our residency training program.

Good luck in pursuing the next big step in your medical career.

Sincerely,
Gary S. Leiserowitz, MD, MS
Professor and Chair, Department of Obstetrics and Gynecology
Chief, Division of Gynecologic Oncology
MISSION STATEMENT
We strive to be the leaders in obstetric, gynecologic, and reproductive health for women of all ages through excellence in clinical care, education, and research.
We promote the highest standard through personalized clinical care based on the latest research and innovation.
We enhance life-long learning for all health professionals in our community through thoughtful and innovative education.
We conduct research that provides evidence to expand the boundaries of our knowledge, and to inform the practice and improve the quality of obstetric, gynecologic, and reproductive healthcare.
We create future leaders and advocates in obstetric, gynecologic, and reproductive health.

VISION STATEMENT
Empowering women to achieve healthier lives…it all starts here.
Diversity and Inclusion Curriculum

UC Davis OBGYN is a group of compassionate caregivers who provide for patients from diverse socioeconomic, cultural and geographic backgrounds. We prioritize patient safety and wellbeing and recognize that there is more to excellent care than medicine. We strive to meet the emotional needs of our diverse patient population as well as that of our residents, staff and faculty.

To that end we have started to implement a diversity and inclusion curriculum.

Committee for Diversity and Inclusion

A team of residents, attending physicians and nurses who meet to discuss issues that impact our patients and healthcare team

Goals

Establish shared priorities of the Department of Obstetrics and Gynecology with an interprofessional collaboration network including residents, attending physicians and nursing staff.

Select upcoming grand rounds, didactic & lecture topics that integrate social issues into OBGYN relevant to all levels of learners. These topics include but are not limited to: cultural humility, healthcare inequity, the historical context of current disparities, and implicit bias.

Create a safe environment for reviewing culturally insensitive interactions and identifying steps for improvement

Components of the curriculum include include guest speakers, self-reflective activities and shared exploration of these potentially sensitive topics in small group settings.

The diversity and inclusion curriculum is developing quickly and there is always space for more resident leadership in the future – we welcome your passion, empathy and your unique point of view!

ACOG Committee Opportunities

Residents can apply to be a part of the ACOG committees advancing healthcare in a variety of topics including: Ethics, American-Indian / Alaskan Native health, healthcare for underserved women, global health among others.

High School Health Education

At UC Davis, we established a relationship with high school students from a local rural community.

After analyzing health education curriculum gaps, residents lead small group sessions with a focus on anatomy and family planning, supplemented with interactive sessions encouraging active learning with IUD, Nexplanon and condom simulations.
Patient Diversity

For the ninth consecutive year, UC Davis has been recognized as a leader in LGBTQ health equality in the Healthcare Quality Index, an annual survey conducted by the Human Rights Campaign Foundation, the educational arm of the country’s largest lesbian, gay, bisexual and transgender (LGBT) civil rights organization.

Sacramento is one of the most ethnically and socially diverse cities in America. Throughout your training here you’ll learn to care for patients from around the world and prepare yourself to provide quality healthcare to women who need it.

Student Run Clinics

We offer the opportunity to volunteer as preceptor for one of the many student run clinics focused on serving the underserved communities in the Sacramento Area.

Paul Hom Clinic - For the Asian and Pacific Islander community, the Paul Hom clinic provides primary and acute care services. Founded in 1972, it is the oldest Asian health clinic in the United States. More than 50 medical and undergraduate students and more than 40 physicians volunteer at this clinic on an annual basis.

Clinica Tepati - began in 1974, with a focus on serving downtown Sacramento’s underserved and undocumented Latino population. Operating out of space provided by WellSpace Health, Clinica Tepati’s Spanish interpretation services enable volunteers to communicate effectively, and provide culturally-sensitive care to more than 1,000 patients each year. Our clinic also provides diabetes education, exercise programs, and legal and specialty services for our patient populations.

Imani Clinic - is a Swahili word meaning faith and it symbolizes the hope students wish to foster within the African-American community. The clinic was established in the Oak Park neighborhood of Sacramento in 1994 after students became concerned about the staggering and persistent morbidity and mortality rates among African-Americans from hypertension, heart disease, cancer and inadequate prenatal care.

Shifa Clinic—strives to understand, serve, and promote the health and wellness needs of a multilingual, ethnically diverse community. Adjacent to a mosque in downtown Sacramento, the clinic primarily serves patients from the South Asian and Muslim communities. It provides interpretive services and hosts specialty clinics such as dermatology, cardiology and women's health.

Joan Viteri Memorial Clinic—Sharing space in a small building with Sacramento’s Harm Reduction Services, the Joan Viteri clinic provides unbiased health care to intravenous drug users, sex workers and their families. The clinic works closely with Harm Reduction Services to emphasize prevention and education about infectious diseases and HIV testing, and to provide drug-related medical and social referrals.

Bayanihan Clinic—Established in 2002, Bayanihan, Tagalog for “community,” provides culturally and linguistically appropriate primary care and preventative services, particularly to World War II veterans and recent immigrants. Our clinic was first opened to serve the Filipino Veterano community and has now expanded to encompass the diverse communities of Sacramento.

The Willow Clinic - Working out of the Salvation Army facility near downtown Sacramento, the clinic provides health care screening and services to a large homeless population. The clinic’s dedication to the homeless prompted the Salvation Army to include the clinic in its renovation plans, setting aside two separate rooms solely for patient care and clinical operations.

Gender Health Clinic - Gender Health Center is a non-profit organization meeting the counseling needs of the whole community in Sacramento and the surrounding areas. Their services are accessible to the most underserved communities, including the LGBTQQI community and focusing on the “T” or transgender.
The UC Davis Obstetrics and Gynecology residency program is fully accredited by the Accreditation Council for Graduate Medical Education. Training is accomplished at UCD and Kaiser hospitals. The following table shows the number of cases available for resident participation:

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<td>Kaiser</td>
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### Inpatient Data from 2018/19

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<td>Ob C-Sections</td>
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<td>Ob Low Birth Weight Infants (&lt;2500 grams)</td>
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<td>Gyn Procedures – Major</td>
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<tr>
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Sacramento

Sacramento, California’s capital, is the sixth largest city in California and the ninth largest capital in the United States. We are located in the confluence of the American and Sacramento rivers. We are known for our large urban parks, including a 26-mile river parkway and bike trail along the our rivers.

As of 2017, Sacramento was the fastest-growing city in California with a vibrant sports scene. The Sacramento Kings basketball team plays in the new state-of-the art Golden 1 arena in downtown Sacramento. Our city just received a new MLS designation with Sacramento Republic FC and will build a stadium starting 2020.

We have a large running community that appreciates the surrounding even terrain. Every December, UC Davis Health System sponsors the California International Marathon. Our residency program participates in the relay with 4-5 teams running alongside each other.

The city of Sacramento is the Farm-to-Fork capital of America with an ever increasing food scene. We are fortunate to have some of the best produce in the world all year round, with numerous farmers markets throughout the city. We have the largest certified organic market in the country.

Sacramento is known for its love of beer, with over 50 breweries in the surrounding area. Take the ‘brew bike’ and participate in beer week to get a taste of our nationally recognized breweries.

We also have, per capita, an inordinate amount of independently owned coffee shops. Three of our favorite coffee houses (Temple Coffee, Old Soul Co. and Chocolate Fish) were selected nationally as the Top Coffee in 2018.

There are many quaint neighborhoods, with old town Sacramento giving you a glimpse to the past and the gold rush days.

Despite being in California, we have 4 seasons. Winters are mild and rainy. Summers are sunny, hot and dry. Spring and fall weather is among the most pleasant in the state with beautiful foliage. You have easy access to beautiful Lake Tahoe or the Pacific Coast, all day trips from Sacramento.
10 THINGS TO KNOW ABOUT SACRAMENTO BEFORE MOVING HERE

1) It’s One of the Most Diverse Cities in America
Sacramento was once named the most diverse city in America by TIME. Los Angeles and New York City might be called the great melting pots of America, but the multiplicity of cultures in Sacramento blend together smoothly to create more of a cultural mosaic than a melting pot. This makes Sacramento one of the most integrated cities in America.

2) You’ll Eat the Best Cheeseburgers of Your Life in Sacramento
In N’ Out, Five Guys, McDonald’s….wherever you’ve had your best burger before, forget about it before you move to Sacramento. Sacramento is famous for its burgers. Don’t believe me? Pay a visit to the Squeeze Inn, which serves burgers so famous they’re known all across the state of California. Their secret is to use lots of cheese – you get a slice of cheese that’s about twice as large as the burger bun!

3) We Have More Sports Teams Than You Think
Most people know Sacramento because of the Sacramento Kings. Sure, being a Sacramento Kings fan can be tough, at times, especially as the team goes through a bit of a rebuild. But beyond cheap NBA tickets, Sacramento has plenty of other sports teams to support, including the Sacramento Republic FC pro soccer team, the Sacramento River Cats minor league baseball team, and the Sacramento State Hornets men’s basketball team, which plays in the Big Sky Conference.

4) We Have a Ridiculous Number of Nicknames
Ask five people on the street about Sacramento’s nickname and they might give you five different answers. Some of the most common nicknames include “City of Trees,” “The Camellia Capital of the World,” and “The Big Tomato.” Well, at least that’s what some tourists call the city. To locals, most people just call it “Sac” or “Sactown”.

5) Being Eco-Friendly is In Our Nature
Sacramento, like many cities in California, is taking a proactive approach to environmental sustainability. Unique eco-friendly features in Sacramento include the SMUD energy distribution system along with a recent $100 million investment into renewable energy. You don’t have to walk far around town to spot solar panels on someone’s roof.

6) One of the Best Hospitals in America
UC Davis Medical Center calls Sacramento home. That medical center was recently ranked as one of the 50 best hospitals in America by News & World Report, which compared 5,000 hospitals across the nation. Key areas of specialization include cancer care, where UC Davis ranked 39th in the nation, as well as orthopedics, where the hospital ranked 50th.

7) We Produce a Lot of Almonds
California produces more than 90% of the world’s almonds (and 98.5% of America’s almonds), and many of those almonds pass through Sacramento. Almond maker, Blue Diamond, calls Sacramento home, and that means millions of pounds of almonds are being processed through the factory every day.

8) It Has Snowed Three Times in Sacramento
Don’t like snow? Sacramento might be the city for you. There have been three significant snow fall events in Sacramento since 1900. That’s right: three. Sure, it might snow a couple times in December or January, but it rarely sticks to the ground.

9) Lake Tahoe is a 2-Hour Drive Away
It doesn’t snow in Sacramento, but you can still get your skiing fix on a day trip. Lake Tahoe is just a two hour drive away. That’s a great way to spend the winter, but it’s also a popular summertime destination for Sacramento residents.

10) We have great beer and coffee
Sacramento is known for its love of beer, ranked 5 of 10 cities for its craft beers. To highlight this, Sacramento has the famous ‘brew bike’ tour and beer week every February which showcases over 40 local breweries. Sacramento, per capita, has an inordinate amount of independently owned coffee shops. Two of our favorite coffee houses (Temple Coffee and Old Soul Co.) were selected nationally as the Top 30 coffees in 2015.
Class of 2021

Zahabtya Chithiwala-Beattie, M.D.
Drexel University

Mark Evans, M.D., M.S.P.H.
University of Pittsburgh

Allyson Jang, M.D.
Pennsylvania State University

Kelsey Sloat, M.D.
University of California, Davis

Kristine Miller, M.D.
University of California, Davis

Bryn Willson, M.D.
Creighton University

Nicole Yee, M.D.
University of Arizona-Phoenix

Not pictured: Allyson Jang, MD
Class of 2023

Katherine Bates, M.D.
Saint Louis University

John Hallett, M.D. (FM/OB)
University of Colorado

Taylor Howard, M.D.
University of Reno

Roxana Mohhebali, M.D.
Texas Tech University

Tali Pomerantz, M.D.
University of Louisville

Britta Stjern, M.D.
University of North Dakota

Janese Thompson, M.D.
Meharry Medical College

Petra Voigt, M.D.
University of Iowa
Salary and Benefits

Effective July 1, 2019 the annual housestaff salaries are as follows; however are subject to change from union bargaining

<table>
<thead>
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<th>PGY-I</th>
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<tbody>
<tr>
<td>PGY-II</td>
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<tr>
<td>PGY-III</td>
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<td>PGY-IV</td>
<td>$63,878.00</td>
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Professional liability insurance is provided by the Regents of the University of California. Housestaff benefits include medical, dental and vision insurance, and disability insurance; life/accidental death and dismemberment insurance; on-call meals; on-call sleep rooms; physician lab coats, laundry services; and maternity/paternity leave. Annual vacation leave (24 working days per year) and sick leave (12 working days per year).

- $1,000 one-time relocation allowance—for mitigation of new expenses at the start of residency.
- Yearly $1,500 Personal allowance—may be used for related transportation, parking or incidentals (including technology
- One-time payment of USMLE step III testing fees ($690 maximum)
- Payment for an ABOG Board Review Course
OBSTETRICS

Residents at all levels have direct responsibility for the evaluation and management of obstetric patients admitted to the hospital. They are directly responsible for labor management, vaginal and operative deliveries as well as a full range of obstetrical procedures including forceps and vacuum assisted deliveries, cervical cerclage, tubal ligation, obstetrical ultrasound, and amniocentesis. At UC Davis, the chief resident (on days) and third year resident (on nights) are responsible for the management of the obstetrical service. At Kaiser, the second and third year residents are responsible for managing the obstetrical service. At both sites, faculty supervise patient care while guiding residents in their decision-making. At Kaiser, Certified Nurse Midwives (CNM) are also involved in resident teaching.

MATERNAL-FETAL MEDICINE

Resident experience in Maternal-Fetal Medicine is gained at both UC Davis and Kaiser hospitals. At UC Davis, the antepartum service is overseen by the PGYII and PGYIV residents. The MFM faculty oversee daily board rounds while supervising didactic learning four days a week discussing antepartum, intrapartum and postpartum issues. The PGYII and PGYIV residents work directly with the MFM faculty in the identification, evaluation and management of complicated obstetrical patients. There are approximately 20-30 antepartum admissions per month at UC Davis with a full range of perinatal complications. Over 80% of all our deliveries have a high-risk issue. We accept high risk transports from throughout northern California (Oregon border, Shasta, Redding, Susanville, Lake Tahoe, Stockton, Modesto, Lodi, Vacaville, Fairfield, Mammoth Lakes, Bishop) and subsequently manage them on our antepartum service.

Our hospital also launched the Fetal Care and Treatment Center (FCTC) in 2016, the first comprehensive multidisciplinary fetal diagnosis and therapy center in inland Northern California. This center allows for fetal surgery in utero or in real-time during the birthing process. Our residents are involved in managing these patients throughout their antepartum and intrapartum care.

At Kaiser, the antepartum service is managed by an MFM and PGYIII resident. This service has approximately 30-40 antepartum admissions per month. MFM faculty provide daily board rounds with didactic learning 4-6 days a week discussing high risk and laboring patients. The PGYIII resident works directly with the MFM faculty in identification, evaluation and management of complicated obstetrical patients. Kaiser Roseville accepts high risk transports from other Kaiser facilities throughout Northern California and subsequently managed by the antepartum service.

Outpatient Experience

Both UC Davis and Kaiser provide outpatient high risk services. Both sites have Maternal-Fetal Medicine clinics as well as Diabetes clinics. UC Davis also has a specialized clinic caring for women with psychiatric disorders in pregnancy, to include addiction and opioid use disorder treatment. All high-risk clinics have specialized staff including high risk nurse coordinators, social workers and dieticians to provide seamless, patient-centered care.

Prenatal Diagnosis

Both UC Davis and Kaiser are accredited as a Prenatal Diagnosis Center (PDC) by the California Department of Public Health, Genetic Disease Screening Program. During their exposure to prenatal diagnosis, residents will be involved in genetic counseling sessions (AMA, fetal anomalies, abnormal screening results, family history of disorders), performing ultrasounds, interpreting images and counseling patients based on the findings. Residents are well trained in ultrasonography and can comfortably perform limited anatomical surveys, recognize major anomalies, soft markers for aneuploidy as well as perform and interpret umbilical artery Doppler studies by the end of their residency training.
Gynecology Services

The goals of Gynecology training at UC Davis are threefold: (1) to ensure a firm foundational knowledge of the common and often complex topics of Benign Gynecology, (2) competency in the performance of common gynecologic procedures and (3) proficiency in the performance of complex and advanced gynecologic surgeries. Residents will be exposed to educational opportunities throughout their entire four years of training. The curriculum incorporates a multi-faceted approach to learning which include the following highlights:

During the Gynecology Rotation at UC Davis, the GYN Team consists of the PGY4, PGY2 and PGY1. The PGY1 and 4 residents primarily manage the inpatients on the GYN Service. Patients include postoperative recovery, direct admissions from the Emergency Department, or transfers from other healthcare facilities. The GYN-2 primarily serves as the consultant for patients with acute gynecologic problems on other Inpatient services or in the Emergency Department. The PGY4 oversees all of the patients on the service and consultation. All residents can participate in OR cases.

GYNECOLOGY EDUCATION: There is a weekly GYN Conference. The faculty, residents, and medical students are all welcome to participate in this educational conference. During this conference, upcoming surgical cases are discussed and a GYN topic is presented for learning purposes. In addition, Benign GYN topics are reviewed in depth during resident didactic sessions and are a focal topic for discussion during Journal Clubs. Finally, residents see patients with a variety of gynecologic issues in their continuity clinics.

GYNECOLOGY SURGERY: All Benign GYN surgical procedures at UC Davis are performed with a resident unless a resident is not available. Surgical cases for residents come from a variety of places. Surgical patients may come from the residents’ continuity clinics, and from the Faculty clinics. In addition, there is an outpatient procedure suite where the residents can perform outpatient surgical procedures such as Hysteroscopy, D&C, Endometrial Ablations, LEEP, etc. Benign gynecologic surgical procedures at UC Davis offer a wide breadth of all complex gynecologic surgery including Robotics, Traditional Laparoscopy, Vaginal Surgery, as well as Laparotomy.

FUNDAMENTALS OF LAPAROSCOPIC SURGERY: The residents have the opportunity to become certified in FLS. We also have a state of the art simulation center, The Center for Virtual Care, where we have the opportunity to train residents in a variety of GYN simulation exercises including Robotics Training.

Gynecologic Oncology Service

The goal of the Gynecologic-Oncology rotations are to train residents to have a general understanding of the evaluation and treatment of women with suspected gynecologic malignancies. At the completion of four years of training, residents will be capable of appropriate workup and referral of patients with gynecologic malignancies while gaining experience in operative gynecology, gynecologic malignancies and management of critically ill patients. Participation in these activities occurs at all postgraduate levels at both UC Davis and Kaiser.

The UC Davis rotation is directed by the PGY3 resident with gynecologic oncology fellows also assigned to the rotation. The PGY3 resident is responsible for all perioperative management including preoperative evaluation, operative procedures and postoperative care. The fellow is responsible for the cancer management. The PGY3 resident may perform as primary surgeon with the attending oncologist as first assistant, especially in benign cases, but principally assists the attending oncologist during radical pelvic surgery. PGY3 residents are taught to open retroperitoneal spaces, dissect out the pelvic ureters, and participate in bowel resections and lymph node dissection. The PGY1 resident is responsible for management of floor patients.

At Kaiser, the gynecologic oncology team includes residents at the PGY 2, 3 and 4 level. The residents are involved with all aspects of intraoperative and postoperative care.
The goals of the resident’s rotation in Reproductive Endocrinology and Infertility is to provide each resident with experience in the evaluation and treatment of women with reproductive endocrine disorders, and to treat and evaluate couples with fertility issues. We evaluate and treat patients with a wide range of reproductive disorders including menstrual dysfunction, endometriosis, uterine fibroids, congenital uterine anomalies and polycystic ovarian syndrome. We provide a resident-run reproductive endocrinology clinic and provide services to women in Sacramento. We provide expertise and teaching in the area of minimally invasive procedures including advanced laparoscopy and operative hysteroscopy. We also perform minimally invasive surgical procedures in the office setting. Our fertility services, including IVF, are provided in collaboration with Kaiser and California IVF.

Family Planning

The primary goal of the Family Planning component is to ensure competency in contraception counseling, as well as counseling and management of unintended and abnormal pregnancies. Residents will be exposed to educational opportunities in family planning throughout the entire residency. The Family Planning rotation as a PGY2, established as part of the Kenneth J. Ryan Residency Training Program in Abortion and Family Planning, specifically train residents in first trimester ultrasonography, contraception and pregnancy options counseling, IUD and contraceptive implant insertion, first trimester medical abortion, surgical abortion, and management of early pregnancy failure. The curriculum incorporates a multi-faceted approach to learning: lectures, journal clubs, outpatient clinics, ambulatory surgery, and management of high-risk inpatients. Similar to other subspecialties in our program, interested residents will have the opportunity to participate in family planning research with mentorship from faculty in the Division of Family Planning.

Female Pelvic Medicine and Reconstructive Surgery (FPMRS)

The goals of the FPMRS rotation is to provide a solid foundation of pelvic anatomy and train physicians to have a broad knowledge base and broad expertise in the evaluation and treatment of women with pelvic floor disorders. The combination of increased knowledge, hands-on evaluation, hands-on surgical experience and postoperative management will improve the healthcare of women in general. The FPMRS experience is integrated throughout the residency with a dedicated PGY3 rotation split between UC Davis and Kaiser. PGY1 and 3 residents participate in the diagnosis and management of urinary tract conditions, pelvic organ prolapse, pelvic floor dysfunction and defecatory disorders. Residents are exposed to both simple and complex urodynamics as well as office cystourethroscopy. Residents follow patient from clinic, to the operating room where they participate in the surgery to the follow up postoperative visit.

Reproductive Endocrinology & Infertility (REI)

The goals of the resident’s rotation in Reproductive Endocrinology and Infertility is to provide each resident with experience in the evaluation and treatment of women with reproductive endocrine disorders, and to treat and evaluate couples with fertility issues. We evaluate and treat patients with a wide range of reproductive disorders including menstrual dysfunction, endometriosis, uterine fibroids, congenital uterine anomalies and polycystic ovarian syndrome. We provide a resident-run reproductive endocrinology clinic and provide services to women in Sacramento. We provide expertise and teaching in the area of minimally invasive procedures including advanced laparoscopy and operative hysteroscopy. We also perform minimally invasive surgical procedures in the office setting. Our fertility services, including IVF, are provided in collaboration with Kaiser and California IVF.
We recognize the infrequency in which certain emergencies can happen and the importance in which medical knowledge, patient care, communication and teamwork play a role in these situations. To address this, we have partnered with the Center for Virtual Care to allow our residents the opportunity to practice these skills. Our Center for Virtual Care is a state of the art facility showcasing a Trauma Bay, OR, inpatient unit, 6 bay simulation area, standardized patient exam rooms, debrief rooms, and a conference room. Residents spend 3 hours every other month going through simulations to increase their skill sets, including communication after an adverse event and documentation of the event. Examples of Obstetrical simulations include postpartum hemorrhage, management of hypertensive crisis, seizures in pregnancy, thyroid storm in pregnancy. We also use simulation technology to each procedure related skills including dystocia maneuvers, breech deliveries, operative deliveries (forceps and vacuum).

From the Gynecology side, we have every other month Gynecologic simulations. Residents become certified in the Fundamental of Laparoscopic Surgery (FLS) prior to graduation and have undergone Robotics training through our affiliation with the Robotic Training Network. This training allows for increased exposure and experience in these types of cases earlier on in their training. We also have yearly laparoscopy simulations using animal models in partnership with the UC Davis School of Veterinary Medicine.
Elective Clinical Experiences in International

We recognize that participating in alternative training sites can be an enriching experience. We provide time for residents during their PGY3 year to participate in an elective of their choosing, although we have an established rotation in Guatemala. Residents can choose to do an international, national or regional elective. During these experiences, our residents are either accompanied by our own faculty or are supervised by clinical faculty from other established institutions. Additionally, we offer a 2-3 week rotation in Susanville, CA, a rural community in Northeastern California to help with our mission of working in underserved communities. We believe having dedicated time for an elective rotation elsewhere is an important part of our training program.

Dr. Angel Tabuyo
Guatemala

Dr. Kristen Wolfe
Cameroon

Dr. Naima Bridges
Cameroon

Dr. Kathleen Rooney
Bangladesh
Physicians as Advocates

Being an OBGYN means not only being an advocate for your patient, but also an advocate for women's health. At our residency program, we want our residents to engage in public debates on health care policies that affect women's health and the delivery of women's health care. We also want our residents to become the future leaders in women's healthcare. In order to do this, we need to educate residents and also given them the time to participate in advocacy activities.

Since 2005, we have spearheaded the OBGYN Resident Lobby Day at the state capitol along with ACOG District IX. Now, we are joined by all other OB/GYN residents from California. Our residents learn about proposed bills affecting women's care. Lobby Day allows all our residents the opportunity to discuss bills with lawmakers, legislative aides and state senators.

We are fortunate to have faculty members who are known at the state, national and international level for their advocacy:

* Jeanne Conry, MD PhD, former UC Davis OB/GYN resident and current faculty at Kaiser Roseville.
  - Past President of The American Congress of Obstetricians and Gynecologists (ACOG) 2013/2014
  - Current president of the International Federation of Gynecology and Obstetrics (FIGO) 2018/2022
  - Current president and CEO of the Environmental Health Leadership Foundation
* Catherine Cansino, MD, current faculty at UC Davis
  - Vice President ACOG District IX
* Kelly McCue, MD, former UC Davis OB/GYN resident, current faculty at Kaiser Roseville).
  - Secretary ACOG District IX
  - Co-Chair of ACOG’s Committee on State Legislation.
  - Special Delegation vice Chair, California Medical Association
* Juliana Melo, MD—current faculty at UC Davis
  - Co-Chair of ACOG’s Committee on Global Health
* Stacey Wallach, MD, current faculty at UC Davis
  - Chair of the ACOG Nominating Committee
* Bahareh Nejad, MD—current faculty at UC Davis
  - ACOG Wellness Committee
* Nuria Garcia Ruiz, MD, PGY 4 Resident
  - ACOG Junior Fellow District IX
  - Secretary/Treasurer
* Arielle Gire-Dumas, MD, PGY 4 Resident
  - Junior Fellow, Chair Section 1, District IX
* Allyson Jang, MD, PGY 3 Resident
  - ACOG Wellness Comm
* Zahabiya Chithiwala, MD, PGY 3 Resident
  - ACOG’s Committee on Global Health
* Laura Sienas, MD, resident class of 2017
  - Washington Section Jr Fellow Vice Chair
The UC Davis Center for Perinatal Medicine and Law is the first of its kind, a multidisciplinary university-based center. Our mission is to provide education, research and community service to members of the medical and legal professions and the general public on issues involving Perinatal Medicine and the Law.

Malpractice litigation is a common occurrence for the healthcare professional with more than two-thirds of Obstetrics and Gynecology physicians being sued at least once in their careers. The Center recruits experts in Obstetrics, Neonatology, Perinatal Pathology, Pediatric Neurology and Pediatric Neuroradiology, who join legal experts and educate medical students, residents, fellows and faculty about medical negligence litigation. The goal is to broaden our understanding of the role risk management professionals, medical liability claims executives and attorneys have in clinical medicine and the medical liability dispute resolution process.

The Center explores issues related to proper documentation, promulgation and implementation of clinical practice guidelines and opportunities to improve patient-physician communications, all to reduce the incidence of adverse perinatal outcomes and the risks of litigation. The educational formats include lectures, mock legal proceedings, question-and-answer sessions, Grand Rounds, and conferences.
In 1998, to answer the critical shortage of OB providers in rural need, UC Davis Department of Family and Community Medicine and the Department of Obstetrics and Gynecology collaborated on a curriculum giving family physicians the training and experience to provide broader care of their female patients. The combined Family Medicine/Obstetrics training allows Family Medicine/Obstetrics residents to become competent in all aspects of obstetrical care including surgeries and operative deliveries, while still providing the full spectrum care expected of a family physician.

The FM/OB residency program accepts one resident annually. Family Medicine/Obstetrics residents are required to spend four to five months on the obstetrical service at both UC Davis and Kaiser during each of their four years of their residency program.

**UC Davis Family Medicine / Obstetrics Graduates:**

- Blanca Solis MD (2001) – UC Davis; Sacramento, CA
- Wetona Eidson-Ton MD (2002) – UC Davis Dept of Family and Community; Sacramento CA
- Camille Goodspeed DO (2002) – Westside Family Health Center; Willmington, DE
- Kristine Ewing MD (2003) – Naval Hospital; Bremerton, WA
- Heather Diaz MD (2003) – Lancaster Family Health Center; Salem, OR
- Shilpa Pakala MD (2005) – Magnolia Family Health Center; Oxnard, CA
- Sarah Marshall MD (2007) – UC Davis Dept. of Family and Community Medicine; Sacramento, CA
- Aline Hansen-Guzman MD – (2009) – Salud Family Health Centers; Fort Morgan, CO
- Kyla Rice MD – (2010) – Santa Rosa Community Health Centers; Santa Rosa, CA
- Tara Arness Vu MD (2011)– Open Door Community Health Center; McKinleyville, CA
- Joseph Magley MD –(2012) – Franciscan Medical Clinic; Enumclaw, WA
- Jessica Porter MD –(2013) – Private Practice; Hood River, OR
- Ryan Spielvogel MD –(2014) – Sutter Medical Group; Sacramento, CA
- Rachel Peterson MD – (2015) – Northeastern Rural Health Clinic / Banner Lassen Hospital; Susanville, CA
- Carly Grovhoug, MD—(2016)— Sutter Medical Group; Winters, CA
- Megan Ash, MD—(2017) - Sutter Medical Group; Sacramento, CA
- Susie Delmar, MD—(2018) - Yakima Valley Farm Workers Clinic; Salem, OR
Fellowships

Family Planning

The two-year Family Planning fellowship is designed to train fellows in advanced and complex family planning, participate in the design and management of clinical trials, and international field work. During the two years, the fellow will complete course work to satisfy the degree requirements of a Master of Advanced Study in Clinical Research or a Master of Public Health.

The family planning fellow works closely with the residents and can function as a junior faculty.

Gynecologic Oncology

The three-year Gynecologic Oncology fellowship program includes 24 months of clinical training and 12 months of research. The clinical training includes instruction in gynecologic cancer surgery and complex benign surgery, as well as chemotherapy.

The Gynecologic Oncology fellows work closely with the obstetrics and gynecology residents and often function as junior faculty. The residents benefit from close supervision and support on peri-operative and cancer issues.

Maternal-Fetal Medicine

The three-year Maternal-Fetal Medicine Fellowship Program is designed to train fellows by providing a comprehensive experience in Maternal-Fetal Medicine while tailoring the program to each fellow’s special interest. Training includes high volume Maternal Fetal Medicine clinical services, ultrasound experience and involvement in the Fetal Care and Treatment Center with management of in-uterus surgical conditions. The MFM fellow will work closely with the residents on Labor and Delivery running and managing the antepartum service and often function as junior faculty.
University Women’s Health

**Pia Anderson M.D.**
Assistant Clinical Professor
Practicing in Folsom, CA

Dr. Anderson received her undergraduate degree from University of Reno, Nevada with a B.S. in Cell and Molecular Biology. She received her M.D. from University of Reno, Nevada. She completed her residency in Obstetrics and Gynecology at The University of California, Davis.

**Alison Breen, M.D.**
Assistant Clinical Professor
Practicing in Elk Grove, CA

Dr. Breen received her undergraduate degree from Wellesley College with a B.A. in Anthropology and Japanese Studies. She received her M.D. from University of California, Davis. She completed her residency in Obstetrics and Gynecology at The University of California, Davis.

**Catherine Cansino, M.D., M.P.H.**
Associate Professor
Practicing in Sacramento, CA

Dr. Cansino received her undergraduate degree at The Ohio State University with a B.S. in Psychology. She received her M.D. at the University of Toledo. She completed her residency in Obstetrics and Gynecology, Fellowship in Family Planning as well as a M.P.H. at John Hopkins University.

**Jocelyn Glassberg, M.D.**
Assistant Clinical Professor
Practicing in Davis, CA

Dr. Glassberg received her undergraduate degree from Southwestern University with a B.A. in Biology. She received her M.D. from Texas A&M College of Medicine Scott & White. She completed her residency in Obstetrics and Gynecology at Texas A&M College of Medicine Scott & White Hospital and Clinic.

**Susan Gorman, M.D.**
Assistant Clinical Professor
Practicing in Davis, CA

Dr. Gorman received her undergraduate degree from The University of California, Davis with a B.A.S. in Biological Sciences & Psychology Cum Laude. She received her M.D. from Loyola University. She completed her residency in Obstetrics and Gynecology at The University of Southern California.

**Albert Liu, M.D.**
Clinical Professor
Practicing in Elk Grove, CA

Dr. Liu studied Chemistry at Fu-Jen Catholic University in Taipei, Taiwan culminating in a B.S.. He went on to attain a Master’s of Science in chemistry at Kansas State University. He received his M.D. from Kansas Medical School. He completed his residency in Obstetrics and Gynecology at Kansas University Medical Center.
Bahareh (Behy) Nejad, M.D.
Associate Clinical Professor, Associate Residency Program Director
Practicing in Roseville, CA

Dr. Nejad received her undergraduate degree from Miami University with a B.A. in Chemistry. She received her M.D. from Northwestern University Medical School. She completed her residency in Obstetrics and Gynecology at Northwestern Memorial Hospital in Chicago.

Jennifer Ozeir, M.D.
Assistant Clinical Professor
Practicing in Sacramento, CA

Dr. Ozeir received her undergraduate degree from University of California, Berkeley with a B.A. in Social Science. She received her M.D. from Wayne State University School of Medicine. She completed her residency in Obstetrics and Gynecology at Stanford University Hospital.

Clara K. Paik, M.D.
Professor, Co-Division Director University Women’s Health
Clinic Medical Director, Associate Residency Program Director
Practicing in Sacramento, CA

Dr. Paik received her undergraduate degree from the University of California, Los Angeles with a B.S. in Psychobiology. She received her M.D. from the University of California, San Francisco. She completed her residency in Obstetrics and Gynecology at the University of California, Davis.

Jenise Phelps, M.D.
Associate Clinical Professor
Practicing in Folsom, CA

Dr. Phelps received her undergraduate degree from St. Mary’s College of California with a B.S. in Biology/Chemistry. She received her M.D. from The Medical College of Wisconsin. She completed her residency in Obstetrics and Gynecology at The University of California, Davis.

Nichole Ruffner, M.D.
Assistant Clinical Professor
Practicing in Sacramento, CA

Dr. Ruffner received her undergraduate degree from Claremont McKenna College with a B.A. in Psychobiology. She received her M.D. from Drexel University College of Medicine. She completed her residency in Obstetrics and Gynecology at SUNY Downstate Hospital Center/Kings County Hospital Center.

Michael Trifiro, M.D.
Assistant Clinical Professor
Practicing in Sacramento, CA

Dr. Trifiro received her undergraduate degree from University of California, Davis with a B.S. in Cell Biology. He received his M.D. from University of California, San Diego. He completed his residency in Obstetrics and Gynecology at The University of California, Davis.
UC Davis Health
Obstetrics & Gynecology

Primary Care Network Locations

University Women’s Health, continued

L. Elaine Waetjen, M.D.
Professor
Residency Program Research Director
Practicing in Sacramento, CA

Elaine Waetjen, M.D. received her undergraduate degrees from the University of California, Santa Barbara with a B.A. in History and from University of California, Santa Cruz with a B.A. in Biology. She received her M.D. from Northwestern University Medical School and completed a residency in Obstetrics and Gynecology at the University of Pittsburgh, Magee-Women’s Hospital. Between 1999-2001, Dr. Waetjen was at the University of California San Francisco as a Women’s Health Clinical Research Fellow in Urogynecology.

Nancy West, M.D.
Associate Physician
Practicing in Auburn, CA

Dr. West received her undergraduate degree from the University of California, Davis with a B.S. in Animal Physiology. She received her M.D. from the University of California, Davis. She completed her residency in Obstetrics and Gynecology at the University of Southern California Women’s Hospital.

Debra Wright, M.D.
Clinical Professor, Co-Division Director University Women’s Health
Medical Director of Maternity Services
Practicing in Roseville, CA

Dr. Wright received her undergraduate degree from University of California, Davis with a BS in Psychology. She received her M.D. from Tulane University School of Medicine. She completed her residency in Obstetrics and Gynecology at Stanford University Hospital.

Yan Zhao, M.D.
Assistant Clinical Professor
Practicing in Roseville, CA

Dr. Zhao received her undergraduate degree from the University of North Carolina at Chapel Hill with a B.S. in Biology, minor in Chemistry. She received her M.D. from The University of North Carolina at Chapel Hill. She completed her residency in Obstetrics and Gynecology at the Ohio State University.
Division of Family Planning

**Melissa Chen, M.D., M.P.H.**
Assistant Professor

Dr. Chen received her undergraduate degree from the University of California, Berkeley with a B.A. in Molecular and Cell Biology. She received her M.D. and M.P.H. from Northwestern University. She completed her residency in Obstetrics and Gynecology at Northwestern University. She completed her Family Planning Fellowship at the University of California, Davis.

**Mitchell Creinin, M.D.**
Professor, Director Division of Family Planning

Dr. Creinin received his undergraduate degree at Northwestern University with a B.S. in Medicine (Honors Program in Medical Education). He received his M.D. from Northwestern University. He completed his residency in Obstetrics and Gynecology at the University of California, San Francisco. He completed two fellowships at University of California San Francisco—one in family planning in the Department of Obstetrics, Gynecology, and Reproductive Sciences and one in clinical research in the Departments of Medicine and Epidemiology and Biostatistics.

**Melody Hou, M.D., M.P.H.**
Associate Professor
Director, Medical Student

Dr. Hou received her undergraduate degree from Northwestern University in Evanston IL with a B.A. in Biological Sciences. She received her M.D. at Harvard Medical School. She completed her residency in Obstetrics and Gynecology at Beth Israel Deaconess Medical Center in Boston. She completed a Fellowship in Family Planning at Harvard Medical School and Brigham and Women's Hospital, Boston, and holds a MPH degree from the Harvard School of Public Health.

**Melissa Matulich, M.D.**
Assistant Professor

Dr. Matulich received her undergraduate degree from Dartmouth College with a B.A. in Biology modified with Chemistry. She received her M.D. from the University of California, Davis. She completed her residency in Obstetrics and Gynecology at McGaw Medical Center of Northwestern University in Chicago. She completed her Family Planning Fellowship at the University of California, Davis.

**Juliana Melo, M.D., M.P.H.**
Assistant Professor

Dr. Melo received her undergraduate degree from the University of Georgia with a B.S. in Genetics. She received her M.D. from the Medical College of Georgia. She completed her residency in Obstetrics and Gynecology at the University of Hawaii. She completed a fellowship in Family Planning at the University of Colorado.

**Susan Wilson, M.D., MSc**
Assistant Professor

Dr. Wilson received her undergraduate degree from Cornell University with a B.S. in Biological Sciences, with distinction in research. She received her M.D. from Rutgers New Jersey Medical School. She completed her residency in Obstetrics and Gynecology at Tufts Medical Center. She completed her fellowship in Family Planning at University of Pennsylvania.

**Suji Uhm, M.D., M.P.H**
Second Year Fellow

Dr. Uhm received her undergraduate degree from the University of Maryland, College Park with a B.S. in Cell Molecular Biology and Genetics and a minor in Spanish Language. She received her M.D./M.P.H. from Case Western Reserve in Chicago. She completed her residency in Obstetrics and Gynecology at Boston Medical Center in Boston.

**Namrata Mastey M.D.**
First Year Fellow

Dr. Mastey received her undergraduate degree from the Stanford University with a B.A. in Human Biology; Minor/Honors in Feminist Studies. She received her M.D. at Stanford University. She completed her residency in Obstetrics and Gynecology at UC Davis Health Obstetrics & Gynecology Division of Family Planning.
Division of Female Pelvic Medicine and Reconstructive Surgery (Urogynecology)

**Amy George, M.D.**  
Assistant Professor

Dr. George received her undergraduate degree and M.D. from the Royal College of Surgeons in Dublin, Ireland and completed a residency in Obstetrics and Gynecology at Baylor College of Medicine. She completed a FPMRS fellowship at Indiana University/Methodist Hospital and an MIS fellowship at Henry Ford Hospital in Detroit, Michigan.

**Stacey Wallach, M.D.**  
Professor  
Chief, Division of UroGynecology

Dr. Wallach received her undergraduate degree from Brown University with an ScB in Biology. She received her M.D. with Honors from State University of New York and completed a residency in Obstetrics and Gynecology at New York University. She completed her Fellowship training in Urogynecology and Pelvic Reconstructive Surgery at Long Beach Memorial Medical Center, in Long Beach, California.

**Hussain Warda, M.D.**  
Assistant Professor

Dr. Warda received his Bachelor of Medicine, Bachelor of Surgery from University of Alexandria in Egypt. He did his Internship in Obstetrics and Gynecology at University of Alexandria in Egypt. He completed a Research Fellowship in the Division of Female Urology at the Cleveland Clinic in Fort Lauderdale, FL. He completed residency in Obstetrics and Gynecology at Hurley Medical Center at Michigan State University. He completed his fellowship in Urogynecology at Mount Auburn Hospital, Harvard Medical School.

Division of Gynecologic Oncology

**Rebecca Brooks, M.D.**  
Associate Professor  
Chief, Division of Gynecologic Oncology

Dr. Brooks received her undergraduate degree from University of Illinois, Urbana, IL with a B.S. in Biochemistry. She received her M.D. from Rush Medical College. She completed a residency in Obstetrics and Gynecology at Washington University in St. Louis, MO. She completed her fellowship in Gynecologic Oncology at Washington University in St. Louis, MO.

**Hui “Amy” Chen, M.D.**  
Assistant Professor

Dr. Chen received her undergraduate degree from Washington University in St. Louis with a B.A. in Anthropology and Biology. She received her M.D. from Rutgers New Jersey Medical School. She completed her residency in Obstetrics and Gynecology at Winthrop University Hospital. She completed her fellowship in Gynecologic Oncology at the University of California, Davis, in Sacramento, CA.
Division of Gynecologic Oncology, continued

Vanessa Kennedy, M.D.
Assistant Clinical Professor

Dr. Kennedy received her undergraduate degree from Augustana College in Sioux Falls, South Dakota with a B.S. in Biology. She received her M.D. from the University of South Dakota. She completed her residency in Obstetrics and Gynecology at Loyola University Medical Center. She completed her fellowship in Gynecologic Oncology at the University of California, Davis in Sacramento.

Gary S. Leiserowitz, M.D., M.S.
Professor and Division Chief
Department Chair

Dr. Leiserowitz received his undergraduate degree from the University of Iowa with a B.S. in Psychology and General Science. He received his M.D. from the University of Iowa. He completed residencies in both Family Practice and Obstetrics and Gynecology at Ventura County Medical Center and UC Davis, respectively. He received his Fellowship training in Gynecologic Oncology at the Mayo Clinic in Rochester.

Rachel Ruskin, M.D.
Assistant Clinical Professor

Dr. Ruskin received her undergraduate degree from Harvard University in Romance Languages and Literature. She received her M.D. from the University of California, San Francisco. She completed a residency in Obstetrics and Gynecology from University of California, San Francisco. She completed a fellowship in Hospice and Palliative Medicine at University of California, San Francisco, and she completed her Gynecologic Oncology Fellowship at the University of Oklahoma. She received a Masters in Clinical and Translational Science at Oklahoma Health Sciences Center.

Kristin Gotimer, D.O., M.P.H.
Third Year Fellow

Dr. Gotimer received her undergraduate degree from New York University with a B.A. in Psychology. She received her M.P.H. from New York University in International Community Health. She received her D.O. from New York Institute of Technology, College of Osteopathic Medicine. She completed her residency in Obstetrics and Gynecology at Winthrop University Hospital.

Steffanie Owens, M.D.
Second Year Fellow

Dr. Owens received her undergraduate degree from the Palm Beach Atlantic University, West Palm Beach, FL with a B.S. in Pre-Med. She received her M.D. from Florida State University College of Medicine - Pensacola. She completed her residency in Obstetrics and Gynecology at the Naval Medical Center in San Diego.

Nancy Nguyen, M.D.
First Year Fellow

Dr. Nguyen received her undergraduate degree from the University of California, Los Angeles, with a B.S. in Physiological Sciences. She received her M.D. from Oregon Health & Sciences University. She completed her residency in Obstetrics and Gynecology at Kaiser Permanente, Oakland.
Maternal-Fetal Medicine

Nina Boe, M.D.
Professor
Dr. Boe received her undergraduate degree from Seattle Pacific University with a B.A. in Chemistry and a B.S. in Biology. She received her M.D. from the University of Washington School of Medicine and completed a residency in Obstetrics and Gynecology at the University of Colorado. She completed a fellowship in Maternal-Fetal Medicine at the University of Tennessee.

Shannon Clark, M.D.
Associate Physician
Dr. Clark received her undergraduate degree from The University of California, Davis with a B.S. in Neurobiology, Physiology and Behavior. She received her M.D. from The University of California, Davis. She completed a combined residency in Family Medicine/Psychiatry at the University of California, Davis. She completed a fellowship in Obstetrics & Gynecology/Psychiatry at the University of California, Davis.

Nancy Field, M.D.
Professor
Dr. Field received her undergraduate degree from Wesleyan University with a B.A. in Biology and Psychology. She received her M.D. from Harvard Medical School. She completed a residency in Obstetrics and Gynecology at the Brigham and Women’s Hospital and Massachusetts General Hospital in Boston. She completed a fellowship in Maternal-Fetal Medicine at the University of Texas Health Science Center at San Antonio.

Herman Hedriana, M.D.
Professor
Chief, Division of Maternal-Fetal Medicine
Dr. Hedriana received his B.S., from the University of the Philippines, Diliman, Quezon City, Philippines. He received his M.D. from Far Eastern University-NRMF Institute of Medicine, Fairview, Quezon City, Philippines. He completed a residency in Obstetrics and Gynecology at Columbia University College of Physicians and Surgeons in New York. He completed a fellowship in Maternal-Fetal Medicine at the University of California, San Diego.

Amelia McLennan, M.D.
Assistant Professor
Dr. McLennan received her undergraduate degree from Georgetown University with a B.A. in Spanish. She received her M.D. from Drexel University College of Medicine. She completed her residency in Obstetrics and Gynecology at Abington Jefferson Health (formerly Abington Memorial Hospital). She completed her fellowship in Maternal-Fetal Medicine at Columbia University in New York City.

Véronique Taché, M.D.
Associate Professor
Residency Program Director
Dr. Taché received her undergraduate degree from the University of California, Los Angeles with a B.S. in Psychobiology. She received her M.D. from the University of California, Los Angeles. She completed her residency in Obstetrics and Gynecology at the University of California, Davis. She completed a fellowship in Maternal-Fetal Medicine at the University of California, San Diego.
Division of Reproductive Endocrinology and Infertility

**Gary Gross, M.D.**
Associate Clinical Professor

Dr. Gross received his M.D Yale University School of Medicine. He completed his Obstetrics and Gynecology Residency at Beth Israel Medical Center.

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**Pravin Goud, M.D., Ph.D.**
Associate Physician

Dr. Pravin Goud started his education in Bombay India with his undergraduate degree. He attended Seth G.S. Medical College in Mumbai and went on to complete his first residency in Obstetrics & Gynecology at King Edward Memorial Hospital also in Mumbai. In 1999 he received his PhD in Reproductive Biology from Ghent University in Ghent, Belgium. After moving to the U.S., Dr. Goud completed his second Obstetrics & Gynecology residency at Wayne State University where he followed with a fellowship in Reproductive Endocrinology and Infertility. He received his certification in Andrology and Embryology as a high complexity laboratory director (HCLD) in 2011.

---

**Ernest Zeringue, M.D.**
Associate Clinical Professor

Dr. Zeringue received his M.D from the Medical University of South Carolina. He completed his Obstetrics and Gynecology Residency at Keesler Air Force Base. He completed a fellowship in Reproductive Endocrinology and Infertility at Duke University in Durham, NC. an Associate Clinical Professor at UC Davis Medical Center (VCF).
Poster Presentations

Presented at ACOG, October 2019

Presented at SGO, January 2019

Presented at SMFM, February 2019

Presented at SGO, March 2019

To be presented at AAGL, November 2019
Uрогенital symptoms in women with Tarkovsky cysts

Molly Baker, Michelle Wilson and Stacy Wallach

Department of Obstetrics and Gynecology, University of California, San Francisco, California, U.S.A.

Abstract

Aim: To describe the clinical findings and urogynecological symptoms associated with sacral perineal cysts (Tarkovsky cysts).

Methods: A retrospective chart review including 10 female patients with Tarkovsky cysts was conducted. Clinical features were collected from a database of referrals to our institution's gynecologic and urogynecologic services. Women were excluded if they had other types of urogenital pathology or if there were insufficient data.

Results: Tarkovsky cysts were most commonly located on the SIJ (5/12, 42%) and IP (4/12, 35%), and impacted on IS or IT in 7 of 12 (58%). Frequently reported symptoms included lower back pain 80%, low (78%), bladder symptoms 67%, constipation 67%, rectal bleeding 25%, fecal incontinence 14%, and urinary incontinence 5%. Urodynamic studies revealed no significant difference in abdominal or pelvic floor muscle activity among women with Tarkovsky cysts and those without.

Conclusions: Tarkovsky cysts are an underdiagnosed cause of pelvic pain and can lead to significant functional impairment. The clinical presentation can overlap with other pelvic floor disorders, potentially delaying diagnosis and treatment. Further research is needed to better understand the pathophysiology and treatment options for Tarkovsky cysts.

Keywords: Tarkovsky cysts, pelvic pain, urogynecological symptoms, sacral perineal cysts.
Resident and Fellow Research Day

Residents and Fellows in the Department of Obstetrics and Gynecology will present a research project in their final year of their program. Research projects are developed in conjunction with departmental mentors and is a culmination of their studies and practice. Resident and Fellow Research Days are held annually every Spring.

### Presentations

<table>
<thead>
<tr>
<th>Year</th>
<th>Title</th>
<th>Presenter</th>
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<tbody>
<tr>
<td>2016</td>
<td>“Operation Rates for De Novo Stress Incontinence Following Prolapse Repair in Patients with a Negative Preoperative Reduction Standing Stress Test”</td>
<td>Divya Arunachalam, M.D.</td>
</tr>
<tr>
<td></td>
<td>“Postpartum Contraception Initiation: Does an Earlier Postpartum Visit make a Difference?”</td>
<td>Melissa Chen, M.D.</td>
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<td></td>
<td>“Physician Adherence to Cervical Cancer Screening Guidelines”</td>
<td>Ashley Einck, M.D.</td>
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<td></td>
<td>“Platinum and Paclitaxel Loaded Nanoparticles In Ovarian Cancer Models”</td>
<td>Megan Petersen, M.D.</td>
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<td>“Evidence-based Practice Bundle Utilization Decreases Shoulder Dystocia and Brachial Plexus Injury Rates”</td>
<td>Laura Sienas, M.D.</td>
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<tr>
<td></td>
<td>“Evaluation of Appropriate Venous Thromboembolism Prophylaxis in Hospitalized Pregnant Women Undergoing Cesarean Section”</td>
<td>Natalie Wessel, D.O.</td>
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<tr>
<td></td>
<td>“Female Sterilization Safety Outcomes and Trends of Incidence at UC Davis Medical Center”</td>
<td>Julie Westberg, M.D.</td>
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<tr>
<td></td>
<td>“Use of Endometrial Cancer Patient-Derived Organoid Culture for Drug Sensitivity Testing”</td>
<td>Eugenia “Jane” Girda, M.D.</td>
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<tr>
<td>2017</td>
<td>“Factors influencing Women’s Chosen Method of Surgical Sterilization”</td>
<td>Adriana Piazza, M.D.</td>
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<td></td>
<td>“Improving Pain Control in the Obstetrics with Pudendal Nerve Blocks: A Quality Improvement Study”</td>
<td>Christa Dominick, M.D.</td>
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<td></td>
<td>“Clinical Findings Associated with Sacral Tarlov Cysts”</td>
<td>Molly Baker, M.D.</td>
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<tr>
<td></td>
<td>“Adverse Maternal and Neonatal Outcomes for Gestational and Pregestational Diabetics”</td>
<td>Nicole Gomez, M.D.</td>
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<tr>
<td></td>
<td>“Implementation of the CMQCC Toolkit to encourage Vaginal Delivery and Decrease Cesarean Sections”</td>
<td>Terri Ferrari, M.D.</td>
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<td></td>
<td>“Quantifying Fetomaternal Hemorrhage with Dilation and Evacuation Procedures”</td>
<td>Jennifer Hsia, M.D.</td>
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<td></td>
<td>“Deconstructing Histologic HSIL: Potential Harm of Failing to Distinguish Grades of CIN for Women of Different Ages”</td>
<td>Katie Crean, M.D.</td>
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</table>
## Presentations—Continued

<table>
<thead>
<tr>
<th>Year</th>
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<tbody>
<tr>
<td>2018</td>
<td>“Optimization of the UC Davis minimally invasive hysterectomy SOP”</td>
<td>Lindsay A. Ferguson, MD</td>
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<td></td>
<td>“What’s that under the microscope? Vaginitis Diagnosis Quality Im-</td>
<td>Hayley Coker, MD</td>
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<td>provement”</td>
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<td>“Effect of a Family Planning Division at an Academic Center on LARC</td>
<td>Claire Steen, MD</td>
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<td>Uptake”</td>
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<td>“The Effort of CMQCC labor guidelines on NTSV cesarean rates”</td>
<td>Adam O’Brien, MD</td>
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<td></td>
<td>“Genomically Targeted Drug Sensitivities in Patient Derived Endome-</td>
<td>Amanda Shepherd, MD</td>
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<td>trial Cancer Organoids”</td>
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<td></td>
<td>“Gabapentin for Pain Control after Osmotic Dilator Insertion and</td>
<td>Natasha Schimmoeller, MD</td>
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<td>Prior to D&amp;E Procedure: A Randomized Controlled Trial”</td>
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<td></td>
<td>“The Utility of Urine Toxicology Screening on Labor and Delivery”</td>
<td>Sarah Forrest, MD</td>
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<td>“Serum Estradiol Level Per Follicle Among Caucasians and Select</td>
<td>Ijeoma Iko, MD</td>
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<td>Asian Populations”</td>
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<td>“Implementation of Remote Preoperative Evaluations Using Telemedicine</td>
<td>Melissa Matulich, MD</td>
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<td></td>
<td>for Patients Obtaining Surgical Abortion and Requiring Cervical</td>
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<td></td>
<td>Preparation Through 18 Weeks 0 Days Gestation”</td>
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<td></td>
<td>“Preparation for Gynecologic Oncology Fellowship during Obstetrics</td>
<td>Allison Saiz, MD</td>
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<td></td>
<td>&amp; Gynecology Residency Training: Incoming Fellows’ Perspectives</td>
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<tr>
<td></td>
<td>“Same-Day Hysterectomy Protocol”</td>
<td>Sarah Smiley, MD</td>
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<td></td>
<td>“Contraception Counseling and Method Selection in Women Under-</td>
<td>Angel Tabuyo, MD</td>
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<td>going First and Second Trimester Abortion”</td>
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<tr>
<td>2019</td>
<td>“Improving Periubability Counseling Using a Multidisciplinary Stand-</td>
<td>Sarah Watson, MD</td>
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<td>ardized Protocol”</td>
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UC Davis Health
Obstetrics & Gynecology

![Image of presenters]
# Where are They Now?

## Class of 2019

<table>
<thead>
<tr>
<th>Name</th>
<th>Current Position</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sarah Forrest, M.D.</td>
<td>Private Practice, Layton, UT</td>
</tr>
<tr>
<td>Ijeoma Iko, M.D.</td>
<td>University of Chicago, Chicago, IL</td>
</tr>
<tr>
<td>Allison Saiz, M.D.</td>
<td>Gynecologic Oncology Fellowship, Northwestern, Chicago, IL</td>
</tr>
<tr>
<td>Sarah Smiley, M.D.</td>
<td>Maternal-Fetal Medicine Fellowship, University of New Mexico, Albuquerque, NM</td>
</tr>
<tr>
<td>Angie Tabuyo, M.D.</td>
<td>Gynecologic Oncology Fellowship, University of Miami, Miami, FL</td>
</tr>
<tr>
<td>Sarah Watson, M.D.</td>
<td>Maternal-Fetal Medicine Fellowship, University of Iowa, Iowa City, IA</td>
</tr>
</tbody>
</table>

## Class of 2018

<table>
<thead>
<tr>
<th>Name</th>
<th>Current Position</th>
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</thead>
<tbody>
<tr>
<td>Molly Baker, M.D.</td>
<td>FPMRS (UroGyn) Fellowship, University of Southern California, Los Angeles, CA</td>
</tr>
<tr>
<td>Hayley Coker, M.D.</td>
<td>Private Practice, Sacramento, CA</td>
</tr>
<tr>
<td>Lindsay Ferguson, M.D.</td>
<td>Gynecologic Oncology Fellowship, Case Western, Cleveland, Ohio</td>
</tr>
<tr>
<td>Adam O’Brien, M.D.</td>
<td>Private Practice, Wenatchee, WA</td>
</tr>
<tr>
<td>Adriana Piazza, M.D.</td>
<td>Kaiser, Seattle, WA</td>
</tr>
<tr>
<td>Claire Steen, MD</td>
<td>Private Practice, Portland, OR</td>
</tr>
</tbody>
</table>

## Class of 2017

<table>
<thead>
<tr>
<th>Name</th>
<th>Current Position</th>
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</thead>
<tbody>
<tr>
<td>Katie Crean, M.D.</td>
<td>Gynecologic Oncology Fellowship, Cleveland Clinic, Cleveland, Ohio</td>
</tr>
<tr>
<td>Christa Dominick, M.D.</td>
<td>Gynecologic Oncology Fellowship, Case Western, Cleveland, Ohio</td>
</tr>
<tr>
<td>Terri Ferrari, M.D.</td>
<td>Kaiser Roseville, CA</td>
</tr>
<tr>
<td>Nicole Gomez, M.D.</td>
<td>Maternal-Fetal Medicine Fellowship, University of Southern California, Los Angeles, CA</td>
</tr>
<tr>
<td>Laura Sieans, M.D.</td>
<td>Maternal-Fetal Medicine Fellowship, University of Washington, Seattle, WA</td>
</tr>
<tr>
<td>Natalie Wessel, D.O.</td>
<td>Private Practice, Sacramento, CA</td>
</tr>
<tr>
<td>Julie Westberg, M.D.</td>
<td>Kaiser, Roseville, CA</td>
</tr>
</tbody>
</table>

## Class of 2016

<table>
<thead>
<tr>
<th>Name</th>
<th>Current Position</th>
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</thead>
<tbody>
<tr>
<td>Divya Arunachalam, M.D.</td>
<td>FPMRS (UroGyn) Fellowship—University of Indiana, Indianapolis, IN 2016-2019 Kaiser, Fontana, CA</td>
</tr>
<tr>
<td>Natma Bridges, M.D.</td>
<td>Kaiser, Santa Rosa, CA</td>
</tr>
<tr>
<td>Ashley Einck, M.D.</td>
<td>Kaiser Roseville, CA</td>
</tr>
<tr>
<td>Sienna Titen, M.D.</td>
<td>Dignity Health, Santa Cruz, CA</td>
</tr>
<tr>
<td>Kristen Wolle, M.D.</td>
<td>Private Practice, Boulder, CO</td>
</tr>
</tbody>
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## Class of 2015

<table>
<thead>
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<th>Name</th>
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<tbody>
<tr>
<td>Katherine Garvey, M.D.</td>
<td>MIS Fellowship—University of Indiana, Indianapolis, IN 2015-2016 Kaiser, Roseville, CA</td>
</tr>
<tr>
<td>Eve Ladwig-Scott, M.D.</td>
<td>Los Olivos Medical Group, Los Gatos, CA</td>
</tr>
<tr>
<td>Jaquline Holderman, M.D.</td>
<td>Kaiser, Roseville, CA</td>
</tr>
<tr>
<td>Hailey MacNear, M.D.</td>
<td>Private Practice, Sacramento, CA</td>
</tr>
<tr>
<td>Jenise Phelps, M.D.</td>
<td>University Women’s Health, Sacramento, CA</td>
</tr>
<tr>
<td>Kathleen Rooney, M.D.</td>
<td>Private Practice, Sacramento, CA</td>
</tr>
</tbody>
</table>
Richard H. Oi, M.D. Endowment

Richard H. Oi, M.D., Ph.D.
1930—2007

Dr. Oi joined the fulltime Faculty at the UC Davis Medical Center in 1977 until his unexpected death in September, 2007, he continued to make immensely valuable contributions, especially in the area of teaching Obstetrics and Gynecology Residents in training. He was a thoughtful, encouraging, engaging teacher who inspired by example. It is appropriate that his memory will be carried on in the Richard H. Oi, M.D. Endowment, an endowment that will permanently support teaching of Obstetrics and Gynecology at UC Davis.

Lloyd H. Smith, M.D.,Ph.D. Fund for Trainee Education and Research

Dr. Smith joined the UC Davis Medical Center faculty in 1988. He grew up in Davis and completed medical school and his Obstetrics/Gynecology residency here. He has served as a prominent, beloved member in the Division of Gynecologic Oncology and as department chair. He has shown excellence in patient care, education and research, inspiring many of our trainees to select OB/GYN, or gynecologic oncology as their profession. This fund for Trainee Education and Research in his name is a tribute to his dedication to helping others achieve excellence in these areas.