

# Miscarriage Management

We are invested in helping every woman through her pregnancy, including when a loss occurs. We understand that having a miscarriage is difficult and emotional experience. Please make an appointment to discuss your unique situation and options with one of our specialists.

## Miscarriage Management Options

- Close monitoring (expectant management) – waiting to see if your body will pass the pregnancy on its own, with close follow-up
- Medical management to help complete a miscarriage – giving you medication to help your body pass the pregnancy, with close follow-up to see how you are doing
- Surgical treatment to help complete the miscarriage – for early pregnancies, a suction aspiration (D&C procedure) can be performed in the office or hospital. Procedures for most miscarriages after the first trimester are performed in the hospital.

## Important Information

If you have special medically-identified circumstances, we are happy to speak to you about your situation. If you plan to receive pain medication during a surgical procedure, you will need someone to drive you home. Depending on your situation and the sedation you receive for your procedure, you may need to avoid eating or drinking for several hours prior to your appointment.

## Contraception

Depending on your situation, you can start birth control immediately after miscarriage treatment.

## Complications

Complications are infrequent with miscarriage treatment. However, if you have an unexpected situation or emergency, you can reach us at the UC Davis Medical Center with access to the hospital 24-hours a day, seven days a week.

- Daytime: 916-734-6900
- Nights, Weekends and Holidays: 916-734-2011

## Recurrent Miscarriage or Second Trimester Loss

For women with three or more early miscarriages or a second trimester loss, special testing is often suggested to evaluate the cause. In these cases, we work closely with our high-risk obstetrics specialists to ensure the ability for counseling and evaluation.



**UC Davis Family Planning Center**

**4860 Y Street, Suite 2500  
Sacramento, CA 95817**

**Appointments:**  
(916) 734-6413

**Website:**  
[www.ucdmc.ucdavis.edu/obgyn/services/FP](http://www.ucdmc.ucdavis.edu/obgyn/services/FP)

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