

MR#:

Name of Patient: _____

Date of Birth: _____

Place Label Here

UNIVERSITY OF CALIFORNIA, DAVIS
MEDICAL CENTER
SACRAMENTO, CALIFORNIA

OPD PROGRESS RECORD
ORTHOPAEDIC OUTPATIENT SERVICE

Today's Date: _____

Patient's Name: _____

Birth Date: _____

Thank you for completing this questionnaire. This information will assist your doctor and the outpatient staff to evaluate and treat your problem. This questionnaire is confidential and will be made a part of your medical record.

Please bring this questionnaire and any X-rays, other imaging and/or test reports to your appointment.

Name of person completing the form, if not the patient: _____

Relationship to the patient: _____

Referring MD: _____

Referring MD Address: _____ Phone: _____

Primary Care physician, if different than referring physician: _____

State your main complaint or problem: _____

What do you expect your visit to accomplish? _____

When did your problem begin? _____

How did your problem start? (If injury, please describe): _____

Describe any treatments, up to now, give dates, and treating providers name(s): _____

Where is your pain? _____

Is the problem getting better, worse or staying the same? (circle one)

What makes it worse? _____

What makes it better? _____

What **can't** you do because of this problem? _____

What is the quality of your pain? aching, burning, numbness, pins & needles, stabbing, other: _____

How many hours a day do you have this pain? _____ Do you have pain at rest? YES NO

Does the pain radiate to anywhere else? YES NO If YES, where? _____

Please rate your pain level:

0 0 1 0 2 0 3 0 4 0 5 0 6 0 7 0 8 0 9 0 10

None

Worse possible

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Please complete the following information if your problem is the result of an on-the-job injury.

If this does not apply to you, please continue to the next page.

Work-related injuries: _____

Date of injury: _____ Location: _____

Employer at time of injury: Name: _____

Address: _____

Phone #: _____

Insurance Company: Name: _____

Address: _____

Phone #: _____

Adjuster: _____

Case #: _____

Are you applying for disability benefits? Yes _____ No _____

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PAST MEDICAL HISTORY:

Have you ever had or do you now have:

- _____ High blood pressure
- _____ Diabetes or problem with sugar
- _____ Blood clots in your blood stream
- _____ Asthma, or hay fever with wheezing
- _____ Tuberculosis
- _____ Cancer. Where? _____

- _____ Arthritis
- _____ Gout
- _____ Osteoporosis
- _____ Seizures/Epilepsy
- _____ Sickle Cell Anemia

Other Disease of your:

- _____ Lungs
- _____ Blood
- _____ Liver
- _____ Kidney
- _____ Heart

Are there other diseases we should know about?: _____

List all your current Medications:

Name	Dose	How Often
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

List all your current Allergies to:

Medications	Reaction	Other	Reaction
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Do you have or suspect Latex Sensitivity? Yes _____ No _____

Have you ever had a Blood Transfusion? Yes _____ No _____

When? _____ Why? _____

When did you last have a Tetanus shot? Date _____

Have you ever had Problems with Anesthesia? Yes _____ No _____ If yes, describe: _____

Please list all surgeries you have had and the dates:

Please list all injuries, broken bones, etc., with dates and treatments:

Have you ever sought treatment for stress or have you ever been treated for a psychological disorder? _____

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FAMILY MEDICAL HISTORY:

	If alive:	If deceased:
Father:	Age: _____ HEALTH: (circle one) good fair poor Cause of poor health: _____	Age: _____ Cause: _____
Mother:	Age: _____ HEALTH: (circle one) good fair poor Cause of poor health: _____	Age: _____ Cause: _____
Siblings:	Age: _____ HEALTH: (circle one) good fair poor Cause of poor health: _____	Age: _____ Cause: _____
	Age: _____ HEALTH: (circle one) good fair poor Cause of poor health: _____	Age: _____ Cause: _____
	Age: _____ HEALTH: (circle one) good fair poor Cause of poor health: _____	Age: _____ Cause: _____
	Age: _____ HEALTH: (circle one) good fair poor Cause of poor health: _____	Age: _____ Cause: _____
	Age: _____ HEALTH: (circle one) good fair poor Cause of poor health: _____	Age: _____ Cause: _____

Have your blood relatives had any of the following? (circle):

high blood pressure, heart disease, heart attacks, strokes, diabetes, tuberculosis, epilepsy, alcoholism, cancer, kidney disease, rheumatic fever, bleeding tendency, arthritis and/or gout, asthma, dropsy, nervous breakdown

SOCIAL BACKGROUND:

Handedness: Right Left Ambidextrous

Are you a smoker? Yes ___ No ___ Substance: _____ Amount: _____ How long: _____

Have you used street drugs? Yes ___ No ___ Substance: _____ How long: _____

Do you drink alcohol? Yes ___ No ___ Substance: _____ Drinks/week: _____

Highest education: _____

Have you ever lived outside the United States? Yes ___ No ___

If yes, where and for how long?: _____

Are you: Single _____ Married _____ Divorced _____ Widowed _____ Domestic Partners _____

Number of children: _____ and their ages: _____

If not Married or with a Partner, do you live alone? Yes ___ No ___

If No, who lives with you?: _____

Type of Residence: House _____ Apartment _____ Other: _____

Does your Residence have Stairs/Steps?: Yes ___ No ___ If yes, approximately how many steps?: _____

Currently employed: Yes _____ No _____ If not, when did you last work? _____

Current occupation: _____

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COMPLETE REVIEW OF SYSTEMS: Do you now have or recently had:

CONSTITUTIONAL

YES NO HOW LONG?

- _____ Fever or Chills (circle which one)
- _____ Easily fatigued
- _____ Unexplained weight loss/gain
- _____ Unexplained decreased appetite
- _____ Nausea or Vomiting

CARDIOVASCULAR

YES NO HOW LONG?

- _____ Chest pain or Angina
- _____ Heart murmur
- _____ Irregular heart rate
- _____ Poor blood circulation
- _____ Leg/ankle swelling

ALLERGY/IMMUNOLOGY

YES NO HOW LONG? When exposed to allergens, do you get:

- _____ Sneezing, runny nose or Itching eyes
- _____ Hives or itchy rash
- _____ Difficulty breathing or swallowing
- _____ Are you allergic to metals? _____
- _____ Do you get sick or get infections frequently?

NEUROLOGICAL

YES NO HOW LONG?

- _____ Seizures or Tremor
- _____ Frequent headaches/migraines
- _____ Feeling faint or dizzy
- _____ Numbness or loss of sensation
- _____ Tingling or pain that radiates

HEMATOLOGIC/LYMPHATIC

YES NO HOW LONG?

- _____ Previous Deep Vein Thrombosis (leg clot)
- _____ Previous Pulmonary Embolism (lung clot)
- _____ Bleeding problems
- _____ Easy bruising
- _____ Enlarged lymph nodes (neck/arm pit/groin)

GASTROINTESTINAL

YES NO HOW LONG?

- _____ Diarrhea or Constipation
- _____ Abdominal pain
- _____ Leakage of bowel
- _____ Bloody stool

EARS, NOSE, MOUTH, THROAT

YES NO HOW LONG?

- _____ Loss of hearing
- _____ Nasal problems
- _____ Toothache/Bleeding gums/Sores
- _____ Difficulty swallowing or eating

MUSCULOSKELETAL

YES NO HOW LONG?

- _____ Difficulty moving any limb
- _____ Muscle wasting or Weakness
- _____ Swelling. Where? _____
- _____ One limb smaller/larger than the other

RESPIRATORY

YES NO HOW LONG?

- _____ Shortness of breath/difficulty breathing
- _____ Cough
- _____ Coughing up blood
- _____ Do you have a cold?

GENITOURINARY

YES NO HOW LONG?

- _____ Pain when you urinate
- _____ Frequent urination
- _____ Unable to control urination
- _____ Blood in urine

SKIN

YES NO HOW LONG?

- _____ Rashes or Sores
- _____ Slow to heal when injured
- _____ Lesions changing in size, shape or color

EYES

YES NO HOW LONG?

- _____ Recent change of vision
- Other eye problem _____

MENTAL

YES NO HOW LONG?

- _____ Depression
- _____ Anxiety
- _____ Insomnia

ENDOCRINE

YES NO HOW LONG?

- _____ Excessive thirst or hunger
- _____ Cold or heat intolerance
- _____ Night sweats

Reviewed by: _____ Date: _____
 Physician's Signature

 Printed Name