

# **PATIENT PREPARATION FOR 48 HOUR BRAVO PH STUDY**

## **7-10 DAYS PRIOR TO PROCEDURE DISCONTINUE PROTON PUMP INHIBITORS:**

Prevacid (Lansoprazole)  
Prilosec (Omeprazole)  
Protonix (Pantoprazole)  
Aciphex (Rabeprazole)  
Zegerid (Omeprazole with bicarbonate)  
Nexium (Esomeprazole)  
Dexilant (Dexlansoprazole)

## **3 DAYS PRIOR TO PROCEDURE DISCONTINUE:**

Zantac (ranitidine)  
Pepcid (famotidine)  
Tagament (cimetidine)  
Carafate (sucralfate)  
Bentyl (dicyclomine)  
Axid (nizatidine)

## **24 HOURS PRIOR TO PROCEDURE:**

We recommend (but is not necessary) discontinuing the following medications. However, please get medical clearance from your primary care provider prior to discontinuing:

Nitrates (nitroglycerin, nitro patches, pastes, isosorbide, dinitrate)  
Calcium channel-blocking agents (nifedipine, verapamil, diltiazem)  
Anticholinergics (propantheline)  
Promotility agents (metoclopramide, bethanechol, propulsid, Reglan)  
Sedatives (diazepam)

## **MIDNIGHT PRIOR TO PROCEDURE DISCONTINUE:**

Over-the-counter antacids (Maalox, Tums, Mylanta, Gaviscon)

Activity during the study:

1. Normal routine.
2. You can take a bath or shower but the receiver needs to be outside the shower. The receiver can be 3 feet away and still record.
3. No X-Ray while wearing the pH monitor
4. NO MRI FOR 30 DAYS WITH A CAPSULE-BASED STUDY.

Diary:

1. Use the time displayed on the recorder when making entries into the diary.
2. Eat slowly, chew thoroughly, and drink plenty of liquid with meals.

3. Do not sip fluids all day.
4. Avoid hard candy and gum.
5. Record your meal time from beginning to end, as well as symptoms.
6. If the receiver gives a C1/P1 error when beeping, hold the receiver up to your chest until the alarm clears.

YOU WILL HAVE AN APPOINTMENT TWO DAYS AFTER THE BRAVO CAPSULE IS PLACED, TO RETURN THE BRAVO RECEIVER AND DIARY.

YOU WILL HAVE AN APPOINTMENT AFTER THE STUDY (APPROXIMATELY 3 WEEKS), TO REVIEW THE RESULTS WITH YOUR PHYSICIAN.

Watch this video prior to your procedure for instructions of use of the BRAVO receiver:  
<https://www.youtube.com/watch?v=evSRPhdO940>



### What is Bravo pH monitoring? - DeKalb Medical's Heartburn Solutions Center

DeKalb Medical at North Decatur  
1 year ago • 1,165 views

Bravo pH monitoring is a minimally invasive test for evaluation of heartburn or related symptoms. At DeKalb Medical's Heartburn ...

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