

ATTACHMENT II: TUSMOB/NIAMTXIV-KWS KHOMOB KEV COGLUS

Tusmob-Kws Khomob Kev Coglus Rau Anticoagulation Therapy

Koj tus kws khomob xav muab qhov anticoagulation therapy rau koj, nov txhais tias koj yuav tau noj tshuaj los tivthaiv kom txhob muaj ntshav tuag losis ntshav khov nyob hauv koj cov ntshav. Warfarin (muaj dua ib lub npe hu ua Coumadin®) thiab cov low molecular weight heparin (LMWH) yog cov tshuaj anticoagulation. Yog ua tib zoo siv kom yog, cov tshuaj no yuav tivthaiv tau kom ntshav txhob khov nyob rau hauv koj cov leeg ntshav. Yog muaj ntshav tuag losis ntshav khov, nws muaj peevxwm ua rau mob tuag testaw (stroke) losis ua rau siab ntsws puas hauv nrogcev.

Koj tus kws khomob xav kom koj noj (suam rau txhua qhov ua zoo rau koj)

- Warfarin** **Low Molecular Weight Heparin (LMWH)**

Ntau zaus cov tshuaj no kuj tsis pab thiab txawj ua rau mob loj tuaj. Thaum siv tsis yog raws li qhia losis tsis mus tso ntshav kuaj, nws yuav muaj cim mob loj tuaj, xws li pheej los ntshav hauv nrogcev tuaj losis txawj ua rau ntshav khov thiab ntau zaus muaj peevxwm ua rau yus tuag taus.

Yog siv kom yog thiab noj raws li qhia, nws yuav pab koj thiab yog ib co tshuaj uas noj zoo heev rau koj. Txhua tus neeg yeej zoo siv txawv thiab ntau zaus yuav tau muab cov tshuaj nce losis txo mus mus los los kom haum koj. Vim li no, nws tseemceeb heev uas peb yuav tau ntsib koj tsis tu ncuu thiab koj yuav tau tso ntshav kuaj tsis tseg.

Daim ntawv no cog lus nruabnrab ntawm _____ thiab UCDCMC Anticoagulation Clinic (Clinic). Lub homphiaj yog xav pab kom koj tau txais kev khomob yam zoo npaum li zoo tau thiab kom koj tau txais txiajntsim los ntawm cov tshuaj.

Yog yuav ua tiav raws li homphiaj, kuv coglus raws li nramno rau Anticoagulation Clinic:

- Kuv yuavtsum yuav UC Davis tus kws khomob los ua kuv tus kws khomob.
- Kuv coglus yuav qhia kuv tus xovtooj thiab muab ib tug xovtooj ntxiv uas yog hu rau kuv thaum twg los yeej nrog tau kuv tham.
- Yog lub Clinic hu rau kuv, kuv yuavtsum tau hu rov qab.
- Kuv coglus yuav qhia losis muab lub tsev muag tshuaj uas kuv ib txwm mus yuav tshuaj lub npe thiab xovtooj rau lub Clinic yog xav tau.
- Kuv yuav noj kuv cov tshuaj raws nraim li lub Clinic tau qhia kuv lawm.
- Kuv yuav TSIS cia kuv tus kws khomob losis ib tug kws khomob twg muab kuv cov tshuaj nce losis txo ua ntej kuv nrog lub Clinic tham UANTEJ. Tshwj yog lub

samthawj uas ti tes ti taw lawm xwb, tabsis kuv nkagsiab tias kuv yuav tau hu mus qhia lub Clinic yog tias kuv cov tshuaj nce losis txo, losis cov tshuaj uas kuv noj raug hloov lawm

ATTACHMENT II: TUSMOB/NIAMTXIV-KWS KHOMOB KEV COGLUS NPLOOJ 2

- Kuv yuav hu mus qhia lub Clinic yog kuv tsis noj cov tshuaj lawm vim kuv yuav yoo, kuv yuav tau mus phais lubcev qhovtwg losis vim lwmyam teebmeem.
- Kuv yuav qhia rau lub Clinic yog muaj dabtsi hloov txog kuv cov tshuaj, tshuaj ntsuab/tshuaj lwmyam, losis cov tshuaj yuav tom tsev muag tshuaj uas kuv noj, losis yog kws khomob muab dua ib yam tshuaj tshiab rau kuv noj.
- Yog kuv haus cawv, kuv zoo siab yuav txo thiab haus me li me tau thiab kuv txaus siab hlo yuav qhia rau lub Clinic paub yog kuv hloov li cas.
- Tusmob uas yog pojniam: Kuv nkag siab tias qhov anticoagulation therapy yog xeebtub nws muaj peevxwm yuav ua rau tus menyuam hauv plab tsis zoo. Tamsim no kuv cev tsis xeebtub thiab yuav qhia rau lub Clinic paub sai li sai tau yog kuv ho xeebtub lawm.
- Kuv yuav hu rau lub Clinic yog kuv muaj teebmeem xws li:
 - Los ntshav ntawm poshniav losis qhovntswg uas yog los tsis tu
 - Tso zis liab liab losis muaj ntsis txho tsaus tsawv
 - Tso qhuav ntshav losis dub dub (kua dub nplaum nplaum)
 - Ntuav tau ntshav losis tejam zoo li “kua ksfes hmoov av”
 - Nqaij to los ntshav tsis tu losis doog thiab voos loj zuj zus tuaj
 - Coj khaubncaws coj ntshuav heev heev losis los ntshav hauv chaw xis/mos
 - Mob tobhau heev heev, zoo li tobhau ua voj ua viag, kiv losis nkees nkees
 - Vau thiab tsoo tobhau
 - Novqab tsis nco noj tshuaj 2 zaug rau ib limtiam
- Kuv nkagsiab tias yog kuv mus tso ntshav kuaj uas tsis yog UCD cov chaw kuaj ntshav, kuv yuavtsum tau hu mus qhia rau lub Clinic tias lub tsev kuaj ntshav ntawd hu li cas thiab hnubtwg yog hnub kuv mus tso ntshav kuaj.
- Kuv yuav hu mus rau lub Clinic yog kuv tsis hnov dabtsi tomqab 48 teev uas kuv mus tso ntshav kuaj tas tsis hais kuaj ntawm UCD losis lwmqhov.
- Kuv yuav mus nrhiav kev pab yog kuv los ntshav yam uas tsis paub tias yog vim li cas.

Kuv nkagsiab tias yog kuv tsis coj raws li kuv tau coglus tseg rau hauv daim ntawm coglus no, losis kuv tsis ua raws li lub Clinic txoj kev qhia, lub Clinic muajcai yuav tso tseg txojkev anticoagulation therapy losis yuav tso kuv tawm ntawm lub Clinic txoj kev pab tsis pab kuv ntxiv.

Clinic Tus Xovtooj yog 916-734-8158

Kuv suam kuv lubnpe hauv qab no qhia tias kuv twb muaj caijnyoog los saib zoo zoo thiab nkagsiab txog kuv cov lus cogtseg, kuv cov lusnug los twb teb rau kuv tas lawm thiab kuv nkagsiab thiab txaus siab yuav koj TAGNRO raws li cov nqai lus samhwm saum toj no huvsu los ntawm anticoagulation kev tswjhwm ntawm UCDMC.

Tusmob Suamnpe _____ Hnub: _____

Suamnpe los ntawm Tus Sawvcev _____

ATTACHMENT II: TUSMOB/NIAMTXIV-KWS KHOMOB KEV COGLUS NPLOOJ 3

Saunpe Tusneeg Mob: _____

_____ Hnub: _____
Suamnpe tus Anticoagulation Clinic Pharmacists

_____ Hnub: _____
Suamnpe Tus Txhaislus (yog siv tus txhaislus)