

SCI Bowel Diary

This diary will help us to figure out how to optimize your bowel program

Date	Medication			Results	Comments/Complications																					
	<table border="1" data-bbox="210 367 966 805"> <thead> <tr> <th data-bbox="210 367 558 430">Med</th> <th data-bbox="558 367 699 430">Dose</th> <th data-bbox="699 367 966 430">Time Taken</th> </tr> </thead> <tbody> <tr> <td data-bbox="210 430 558 493">Miralax</td> <td data-bbox="558 430 699 493"></td> <td data-bbox="699 430 966 493">AM/PM</td> </tr> <tr> <td data-bbox="210 493 558 557">Senna/Dulcolax</td> <td data-bbox="558 493 699 557"></td> <td data-bbox="699 493 966 557">AM/PM</td> </tr> <tr> <td data-bbox="210 557 558 620">Colace</td> <td data-bbox="558 557 699 620"></td> <td data-bbox="699 557 966 620">AM/PM</td> </tr> <tr> <td data-bbox="210 620 558 683">Bisacodyl/Magic</td> <td data-bbox="558 620 699 683"></td> <td data-bbox="699 620 966 683">AM/PM</td> </tr> <tr> <td data-bbox="210 683 558 747">Enema ()</td> <td data-bbox="558 683 699 747"></td> <td data-bbox="699 683 966 747">AM/PM</td> </tr> <tr> <td data-bbox="210 747 558 805"></td> <td data-bbox="558 747 699 805"></td> <td data-bbox="699 747 966 805">AM/PM</td> </tr> </tbody> </table> <p data-bbox="205 812 821 841"># of Digital Stimulations (<i>circle one</i>): 1 – 2 – 3</p> <p data-bbox="205 875 768 904">Position: Bed – Commode – Other _____</p>			Med	Dose	Time Taken	Miralax		AM/PM	Senna/Dulcolax		AM/PM	Colace		AM/PM	Bisacodyl/Magic		AM/PM	Enema ()		AM/PM			AM/PM	<p data-bbox="989 367 1325 396">Time until results: _____</p> <p data-bbox="989 435 1257 464">Consistency: _____</p> <p data-bbox="989 503 1199 532">Amount _____</p>	<p data-bbox="1589 334 1915 386"><i>(If Accidents, describe #, time, and consistency)</i></p>
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