UNIVERSITY OF CALIFORNIA, DAVIS
SCHOOL OF MEDICINE
Dept. of Psychiatry and Behavioral Sciences

CLINICAL CHILD PSYCHOLOGY
DOCTORAL INTERNSHIP TRAINING PROGRAM
2019 – 2020

UCD Medical Center, Dept. of Psychiatry and Behavioral Sciences
Sacramento County Child and Adolescent Psychiatric Services
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PROGRAM DESCRIPTION AND ADMINISTRATION

The UC Davis Medical Center, located in Sacramento, California, is an integrated, academic health system that is consistently ranked among the nation’s top medical schools. Within the UC Davis School of Medicine, the Department of Psychiatry and Behavioral Sciences has a strong collaborative relationship with Sacramento County’s Department of Health Services.

Our doctoral internship program in clinical child psychology offers interns the best of both worlds: training from a strong academic approach that emphasizes evidence-based treatment within the context of providing complex clinical work in a community mental health outpatient setting. Alongside UC Davis Clinical Faculty, postdoctoral psychology fellows, as well as psychiatry residents and fellows, our clinical child psychology interns will receive their training and provide direct psychological services at the Sacramento County Child and Adolescent Psychiatric Services (CAPS) Clinic, which serves diverse Sacramento County Medi-Cal/EPSDT child and family recipients.

UC Davis Clinical Faculty

Co-Training Directors
Carlina R. Wheeler, Ph.D.
Stacey Peerson, Ph.D.

Assistant Training Director
Elizabeth Solomon, Psy.D.

Additional Supervising Psychologists
Richelle Long, Ph.D.
Margaret Bezmalinovic, Psy.D.

CAPS Medical Director
Robert Horst, M.D.

Sacramento County Child and Family Mental Health

CAPS Program Coordinator
Tricia Watters, L.C.S.W.
1. **Lead Person-Centered Care** in the best way, at the best time, in the best place, and with the best team
2. **Reimagine Education** by cultivating diverse, transdisciplinary, life-long learners who will lead transformation in health care to advance well-being and equity for all
3. **Accelerate Innovative Research** to improve lives and reduce the burden of disease through the discovery, implementation and dissemination of new knowledge
4. **Improve Population Health** through the use of big data and precision health
5. **Transform Our Culture** by engaging everyone with compassion and inclusion, by inspiring innovative ideas, and by empowering each other
6. **Promote Sustainability** through shared goals, balanced priorities and investments in our workforce and in our community

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**Our Mission**

*To provide a culturally competent system of care that promotes holistic recovery, optimum health, and resiliency*

**Our Vision**

*We envision a community where persons from diverse backgrounds across the life continuum have the opportunity to experience optimum wellness.*

**Our Values**

*Respect, Compassion, Integrity • Client and/or Family Driven • Equal Access for Diverse Populations • Culturally Competent, Adaptive, Responsive and Meaningful • Prevention and Early Intervention • Full Community Integration and Collaboration • Coordinated Near Home and in Natural Settings • Strength-Based Integrated and Evidence-Based Practices • Innovative and Outcome-Driven Practices and Systems • Wellness, Recovery, and Resilience Focus*
LOCATION

The UC Davis Department of Psychiatry and Behavioral Sciences is located in Sacramento, California, approximately 20 miles east of the main UC Davis campus, in Davis, California.

The CAPS Clinic is located at the Granite Regional Park (GRP), which is less than 5 miles away from the UCD Medical Center campus. The GRP provides a fishing pond, nearby walking paths, outdoor benches, soccer fields, and a newly constructed skate park. The CAPS Clinic is also located near a light rail station that provides frequent shuttle services. Business hours are from 8:00am – 5:00pm, therefore interns are not expected to work outside business hours, unless other arrangements have been made with the intern’s supervisors.
CAPS CLINIC STAFF

Robert Horst, M.D. serves as the medical director for the CAPS Clinic, which is staffed by four full-time UC Davis faculty psychologists and three psychiatrists.

CAPS Clinic is the primary training site for our doctoral psychology interns, as well as UC Davis’ postdoctoral psychology and psychiatry fellows. Medical students and psychiatry residents in psychiatry also complete rotations at the CAPS Clinic.

As with all of our training sites, there is a strong collaborative atmosphere and emphasis on interdisciplinary teamwork with county-employed masters-level clinicians and psychiatric nurses. Our trainees develop strong working relationships with a number of professionals within the community that last beyond their training year.

CAPS CLINIC POPULATION

The CAPS Clinic is a county-operated community mental health outpatient clinic for roughly 275 infants, children, adolescents, and transitional-aged youth (ages 0 to 21-years-old), who receive therapy, psychological testing, and medication management services. The CAPS Clinic solely serves children and adolescents who have mental health coverage through California’s state-funded health care program, Medi-Cal/EPSDT.

These clients present with a wide range of complex diagnostic concerns. Most of our clients and their families struggle with multiple environmental stressors including low income, unemployment, poor social support, and/or family history of mental health or alcohol/substance abuse problems. Oftentimes, our clients and their family members have also experienced neglect or abuse and may be involved with Child Protective Services (CPS). Clients may also be involved with the juvenile justice system and are on probation.

In addition, many of our clients experience difficulties in the learning environment and are provided special educations services (i.e., 504 Behavior Plan or IEP). Clients represent diverse ethnic and racial backgrounds such as African American, Asian, Caucasian, Middle Eastern, and Latino who may be first- or second-generation immigrants.

COMPETENCIES AND LEARNING ELEMENTS

The primary goal of the one-year UC Davis Clinical Child Doctoral Internship Training Program is to promote professional development and prepare interns for independent practice as clinical child psychologists who will contribute both to the welfare of society and to the profession. Our clinical child training program subscribes to a practitioner-scholar model, which emphasizes knowledge of current research to guide assessment and
intervention. The clinical psychology training program is a challenging and dynamic internship program that provides advanced training in the areas of direct evidence-based, developmentally appropriate, and culturally-sensitive clinical service, professional development, ethical decision-making, and scholarly inquiry.

Over the course of the one-year UC Davis Clinical Child Doctoral Internship Program, the interns will receive training and supervised experience in therapeutic interventions (e.g., individual, family, dyadic, and group therapy), psychological testing (e.g., comprehensive psychological evaluations, intake assessments, and brief psychological screening), and consultation (e.g., to internal providers and to local agencies/schools).

It is expected that the interns will develop competencies in a range of areas outlined by the Association of State and Provincial Psychology Boards (ASPPB), the Association of Psychology Postdoctoral and Internship Centers (APPIC), the American Psychological Association (APA), the Commission on Accreditation (CoA), and the APA Standards of Accreditation (SoA) Health Service Psychology (HSP). These competencies include:

1) Intervention  
2) Assessment  
3) Ethical and Legal Standards  
4) Individual and Cultural Diversity  
5) Research  
6) Professional Values and Attitudes  
7) Consultation and Interdisciplinary/Interprofessional Skills  
8) Supervision  
9) Communication and Interpersonal Skills  
10) Self-Care

TRAINING ACTIVITIES AND EXPECTATIONS

Doctoral interns at the CAPS Clinic provide several important services to our clients. Following a developmentally appropriate, culturally sensitive, and trauma-informed systems approach to client care, interns develop competencies throughout the training year in order to coordinate and collaborate with several professionals involved in the client’s care, including those working in the mental health, medical, academic, and legal domains. The County has a deep commitment to providing treatment that “meets clients where they are,” which allows providers to tailor their interventions to each client (i.e. Family Systems, CPP, ARC, TF-CBT, CBT, DBT, ACT, FFT, Interpersonal, Psychodynamic, etc.). Interns provide
short- and long-term individual and family therapy, which if appropriate, may be conducted outside the clinic setting in the client’s schools or homes. Interns also complete intake services for therapy referrals, medication management cases, and short-term assessments (to determine medical eligibility). In addition, interns conduct extensive psychological assessments (utilizing a Collaborative/Therapeutic Assessment approach). During the course of their training year, interns also participate on and may have the chance to lead the Comprehensive Multidisciplinary Assessment Team (CMAT) that is facilitated by our faculty psychologists at the CAPS Clinic. Interns also have the opportunity to observe and co-facilitate therapy groups. Lastly, interns will have opportunities to provide consultation and/or brief psychological screening within the CAPS Clinic and with outside providers.

1. **Average 40 hours per week for about 50 weeks (2000 internship hours total)**

   a. **10-15 Hours/Week: Direct Clinical Service (Face-to-Face)**
      - 8 to 10 Individual and Family Psychotherapy cases over the course of the year
      - Case Management (ongoing)
      - 1 to 2 Intake Assessments (monthly, as available)
      - 3 to 5 Psychological Testing cases over the course of the year
      - 3 to 4 Consultation and/or Brief Psychological Screening cases over the course of the year
      - 1 Comprehensive Multidisciplinary Assessment Team (CMAT) case (based on interest and experience)
      - 1 Group Therapy Co-Facilitator (based on interest and experience)
      - Infant-Parent Mental Health Cases (based on interest and experience)

   b. **10-14 Hours/Week: Indirect Clinical Service (Not Face-to-Face)**
      - Psychological Screening and Testing (scoring, interpretation, report-writing)
      - Case Management, Consultation, and Family Collateral Services
      - Clinical Documentation (progress notes, psychosocial assessments)

   c. **5-8 Hours/Week: Indirect Service**
      - 4 to 7 hours: Training Seminars/Didactics/Case Conferences
      - 1 to 2 hours: Non-billable services (i.e., managing appointments, emails, literature reviews, administrative duties)
      - 2 hours/month: Staff meetings

   d. **4-5.5 Hours/Week: Supervision**
      - 2.5 hours (weekly): Individual Therapy Supervision and Individual Assessment Supervision
      - 1.5 hours (bi-monthly): Group Supervision
      - 1.5 hours (once per month): Supervision of Supervision and Professional Development Group Supervision
      - 1.5 hours (bi-monthly): Assessment Group Supervision (optional)
Productivity refers to the percentage of time that a clinician spends engaging in services that are “billable.” As part of the contract with UC Davis, Sacramento County expects that mental health providers from UC Davis maintain an 80% rate of productivity per month. Because the clinical child doctoral interns are balancing their direct clinical service with several hours’ worth of supervision, seminars, didactics, and case conferences each week, their productivity is calculated out of a 32-hour, rather than 40-hour, work week. Therefore, clinical psychology interns are responsible for spending 64% of their time engaged in billable clinical activity. Interns can capture both direct, face-to-face clinical services, as well as indirect clinical services (i.e., psychological testing report-writing), which is counted towards their productivity.

Interns are expected to complete clinical documentation using AVATAR, our online documentation system (i.e., progress notes within 72 hours, treatment plans, psychosocial assessment paperwork, etc.) in a timely manner consistent with both professional expectations and specific county/clinic guidelines.

**SUPERVISION**

All primary supervisors of interns are University of California Davis, Medical Center clinical faculty members who have doctoral degrees in Clinical or Counseling Psychology and are licensed to practice in the state of California. They are required to be in good standing with the California Board of Psychology. In accordance with regulations set by APPIC, APA, SoA, CoA, and the California Board of Psychology, our training program provides doctoral interns minimum of 4 hours of supervision per week (2.5 hours of individual supervision and 1.5 hours of group supervision). Recurring, protected time is scheduled for supervision to ensure consistency and predictability of the supervision time, as well as the availability of supervisors. Supervisors also have an “open-door” policy, in which interns are supported to seek out supervision and/or consultation outside of the designated supervision hour.

- **Primary Therapy Supervision:** Doctoral interns are assigned one of the supervising psychologists as their primary therapy supervisor, with whom they meet on an individual and weekly basis for 1.5 hours to discuss their therapy clients. In addition, the primary therapy supervisor will be responsible for co-signing therapy client notes, oversee other administrative duties, review the overall training program, and professional development.

- **Assessment Supervision:** Doctoral interns are assigned one of the supervising psychologists as their primary assessment supervisor, with whom they meet individually to discuss assessment clients (1 hour, each week). The primary assessment supervisor is responsible for co-signing assessment client notes. The interns can also participate in bi-monthly assessment group supervision (for an additional 1.5 hours) with the two supervising psychologists and postdoctoral psychology fellows in order to gain additional experience presenting their cases and receiving more diverse feedback and support. Assessment group supervision also
provides the opportunity to discuss various issues (e.g., responsibility, expectations, ethical concerns, interprofessional relationships, etc.) that pertain to the role of a provider of psychological testing. In addition, participation in CMAT provides the unique opportunity for live supervision of psychological testing.

- **Group Supervision**: On alternating weeks, Tricia Watters, LCSW will provide group supervision for 1.5 hours for the interns and the CAPS clinical team. Interns will be asked to bring case-related material to engage in case consultation opportunities.

- **Professional Development Group Supervision**: Once a month, group supervision is facilitated by our Volunteer Clinical Faculty (VCF), **Margaret Bezmalinovic, Psy.D.** In our commitment to providing our interns with support and guidance as they transition from students into professionals, interns are encouraged to use these meetings as opportunities to discuss a range of topics. Many interns have used the time to discuss issues related to their training, balancing their work and professional life, or professional development and career choices.

- **Supervision of Supervision**: Interns have the opportunity to engage in peer supervision and training opportunities to develop their skills in providing supervision. As part of the training program, interns will receive supervision of supervision once per month, along with the post-doctoral fellows. Supervision of Supervision is co-led by **Stacey Peerson, Ph.D.** and **Margaret Bezmalinovic, Psy.D.** Accordingly, interns may begin to meet with fellows for supervision of a specific therapy and/or assessment cases, under the supervision of the primary therapy/assessment supervisor.

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**DIDACTIC SEMINARS AND CASE CONFERENCES**

All of our required core seminars meet on a regular basis throughout the entire training year. As part of the internship, we are committed to providing our interns with opportunities to learn from psychologists who have experience with a wide range of clients in a variety of treatment settings. As such, our seminars are facilitated by the program’s attending psychologists as well as several volunteer clinical faculty members who are employed throughout the Sacramento area. Didactic seminars and cases conference aim to provide additional training in:

- Theories and effective methods of psychological assessment, diagnosis, and interventions
- Consultation, program evaluation, supervision, and/or teaching
- Strategies of scholarly inquiry
- Professional conduct, ethics, law, and related standards
- Issues of cultural and individual diversity
Required didactic seminars and case conferences, which are detailed further in the Program Manual, include:

- Intervention Seminar
- Assessment Seminar
- Developmental Seminar
- Therapy Case Conference
- Diversity Seminar
- Comprehensive Multidisciplinary Assessment Team

**APPOINTMENT, STIPEND, AND BENEFITS**

Two applicants will be accepted for the 2019 - 2020 training year. Clinical internship appointments are full-time (average 40-hour week) for one year. Our doctoral interns acquire a total of 2000 supervised hours during the training year in order to qualify for various states’ licensure requirements. Upon successful completion, the doctoral clinical child psychology intern will be awarded a certificate of internship completion from the UC Davis School of Medicine. *Clinical moonlighting is not permitted.*

**2019 – 2020 Training Year:** July 1, 2019 - June 30, 2020

Interns receive a stipend of **$25,600** for the training year, which is comparable to other community mental health/academic medical center internship stipends in the area. Applicable federal and state taxes and social security deductions are withheld. Interns receive approximately **24 days of paid time off** (including **12 days** of sick time per year) and **paid holidays** (approximately **12 days off** per year for county and federal holidays). At this time, we are pleased to offer our interns **UCD Mid-Level Health and Welfare benefits.** Employees hired to work 100 percent time for at least three months (but for less than one year) are eligible for the following Mid-Level Benefits: choice of medical plans, legal, disability, life, and accident insurance, tax-saving programs, and family care resources. For more information about the Mid-Level benefits plan, please visit:


Our interns share an office with each other for two half-days (Monday and Wednesday), each having their own designated workspace, personal computer, voicemail, email (UCD and Sacramento County). For the remainder of the time, the interns will have their own office that are also used by the psychiatry residents/fellows (Tuesday, Thursday, Friday, and the afternoons of Monday and Wednesday). They are also provided administrative assistance (faxing, scanning, phone appointment reminders to clients, and paging when clients arrive to the office). Interns can also enjoy full access to the UC Davis libraries and associated services, as well as art/play therapy materials located at the CAPS Clinic. In addition, interns can reserve a number of offices, observation rooms (with one-way mirror and audio/visual equipment), and the psychological testing office to provide confidential, direct services with CAPS Clinic clients.
ELIGIBILITY AND APPLICATION PROCEDURES

Applicants currently enrolled at an APA-accredited graduate university from a clinical or counseling psychology are preferred. Applicants from educational psychology programs with a strong emphasis in clinical training will also be considered.

Prior to the interview, applicants must have completed at least 3 years of graduate level training, 500 hours of doctoral level supervised intervention hours, all doctoral coursework as required, pass their academic program’s comprehensive exams, be accepted into doctoral candidacy, and have an accepted dissertation proposal before the beginning of the internship. Successful applicants will have acquired doctoral level experience with children and adolescents and have written at least three child or adolescent integrated psychological assessment reports and/or completed 100 hours of Assessment Interventions.

The UCD Clinical Child Doctoral Internship program utilizes the uniform application developed by the Association of Psychology Postdoctoral and Internship Centers (APPIC). Our National Matching Service (NMS) Program Number is 245711. Please submit only the APPI online application located on the APPIC website (www.appic.org). Follow the directions detailed on the APPIC website for submitting your application and uploading additional documents requested below. Your application will be considered complete upon receipt of the following:

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<th>A completed APPIC Uniform Application (APPI)</th>
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<td>A coverletter</td>
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<td>A current Curriculum Vitae</td>
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<td>Transcripts of all graduate level coursework</td>
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<td>A psychological evaluation of a child or adolescent with all identifying information removed</td>
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<td>Three letters of recommendations- one from current graduate school faculty, and preferably two from practicum placement supervisors</td>
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Our application deadline is Friday November 30, 2018 (11:59PM, EST).

SELECTION PROCEDURES

Intern selection is made by a committee comprised of the co-training directors and the supervising training psychologists. Applicants are rated on the basis of their clinical training (i.e., assessment and therapy), academic coursework, letter of recommendation, clinical and
research interests, progress toward dissertation completion, and stated goals for internship. Strong writing skills are also favorably evaluated, as evidenced by the APPI essays and redacted psychological report. Those prospective candidates assessed by the committee to hold interests and goals most closely matching those opportunities offered by our program will be asked to participate in an on-site interview.

Prospective candidates will be notified via email by **Friday December 21, 2018** whether or not they will be granted an interview with the co-training directors and supervisors. During the interview, candidates will also have the opportunity to meet with the current doctoral interns, postdoctoral fellows, clinical staff, and tour the clinic. Interviews will be held on **Friday January 11, 2019** and **Friday January 25, 2019**. Interviews are required and weigh heavily in the matching process, as this provides an opportunity for program staff and applicants to determine fit. In addition, the program values applicants who are able to demonstrate an ability to balance strong interpersonal skills with professionalism. Should economic or other reasons interfere with a highly ranked candidate’s ability to travel for an in-person interview, a case-by-case decision will be made by training staff to arrange an alternative video/phone interview. Interviews will only be offered to applicants who have submitted a complete application and only after these applications have been screened by the faculty. Applicants who wish to be considered for interviews should submit application materials prior to **November 30, 2018**.

The internship training program agrees to abide by the APPIC policy regarding offers or acceptances. More specifically, no person at this training facility will solicit, accept, or use any ranking-related information from any intern applicant. If you encounter violations of the APPIC policy, please consider discussing it with your academic training director and reporting the violation to APPIC Standards and Review Committee by completing a Complaint Form at: http://www.appic.org/Forms/APPIC-standards-review-asarc-complaint-form.

**ACCREDITATION STATUS**

At this time, our internship training program is a member of Association of Psychology Postdoctoral and Internship Centers (APPIC; program code 2457) and California Association of Psychology Internship Council (CAPIC). Supervised hours accrued meet the California Board of Psychology’s requirements for licensure. Our training program **is not** accredited by the American Psychological Association (APA). We were awarded the APA Grant for Internship Programs to support our efforts toward APA accreditation. We have our site visit scheduled in November 2018. Any questions about accreditation may be addressed to: Office of Accreditation, American Psychological Association, 750 First Street, NE, Washington, DC 20002. Telephone: (202) 336-5979.

Our program will be participating in the National Matching Service (NMS). **Our 2019-2020 National Matching Service (NMS) Program Number is 245711.** The internship training
program agrees to abide by the recruitment and ranking policies. More specifically, no person at this training facility will solicit, accept, or use any ranking-related information from any intern applicant.

**TRAINING PROGRAM CONTACT INFORMATION**

Detailed information about our program is available in our Training Manual uploaded on our UC Davis webpage:

http://www.ucdmc.ucdavis.edu/psychiatry/education/child_psychology/internship.html

For additional information, please contact:

University of California, Davis Medical Center  
Department of Psychiatry and Behavioral Sciences  
Clinical Child Psychology Training Program  
2230 Stockton Blvd. Sacramento, CA 95817-1419  
Training Office: (916) 734-2614  
Drs. Carlina Wheeler and Stacey Peerson: (916) 875-1183