UNIVERSITY OF CALIFORNIA, DAVIS
SCHOOL OF MEDICINE
Dept. of Psychiatry and Behavioral Sciences

CLINICAL CHILD PSYCHOLOGY
DOCTORAL INTERNSHIP TRAINING PROGRAM
2021 – 2022

UCD Medical Center, Dept. of Psychiatry and Behavioral Sciences

Sacramento County Child and Adolescent Psychiatric Services
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The UC Davis Medical Center, located in Sacramento, California, is an integrated, academic health system that is consistently ranked among the nation’s top medical schools. Within the UC Davis School of Medicine, the Department of Psychiatry and Behavioral Sciences has a strong collaborative relationship with Sacramento County’s Department of Health and Human Services.

Our doctoral internship program in clinical child psychology offers interns the best of both worlds: training from a strong academic approach that emphasizes evidence-based treatment within the context of providing complex clinical work in a community mental health outpatient setting. Alongside UC Davis Clinical Faculty, postdoctoral psychology fellows, as well as psychiatry residents and fellows, our clinical child psychology interns will receive their training and provide direct psychological services at the Sacramento County Child and Adolescent Psychiatric Services (CAPS) Clinic, which serves diverse Sacramento County Medi-Cal/EPSDT child and family recipients.

### UC Davis Clinical Faculty

**Training Director**
Carlina R. Wheeler, Ph.D.

**Assistant Training Director**
Elizabeth S. Loyola, Psy.D. *Victoria Galvez, Psy.D., Interim ATD*

**Additional Supervising Psychologists**
Stacey Peerson, Ph.D.
Richelle Long, Ph.D.
Margaret Bezmalinovic, Psy.D.

**CAPS Medical Director**
Robert Horst, M.D.

**Sacramento County Child and Family Mental Health**

**CAPS Program Coordinator**
Tricia Watters, L.C.S.W.
1. **Lead Person-Centered Care** in the best way, at the best time, in the best place, and with the best team
2. **Reimagine Education** by cultivating diverse, transdisciplinary, life-long learners who will lead transformation in health care to advance well-being and equity for all
3. **Accelerate Innovative Research** to improve lives and reduce the burden of disease through the discovery, implementation and dissemination of new knowledge
4. **Improve Population Health** through the use of big data and precision health
5. **Transform Our Culture** by engaging everyone with compassion and inclusion, by inspiring innovative ideas, and by empowering each other
6. **Promote Sustainability** through shared goals, balanced priorities and investments in our workforce and in our community

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**Our Mission**

*To provide a culturally competent system of care that promotes holistic recovery, optimum health, and resiliency*

**Our Vision**

*We envision a community where persons from diverse backgrounds across the life continuum have the opportunity to experience optimum wellness.*

**Our Values**

*Respect, Compassion, Integrity • Client and/or Family Driven • Equal Access for Diverse Populations • Culturally Competent, Adaptive, Responsive and Meaningful • Prevention and Early Intervention • Full Community Integration and Collaboration • Coordinated Near Home and in Natural Settings • Strength-Based Integrated and Evidence-Based Practices • Innovative and Outcome-Driven Practices and Systems • Wellness, Recovery, and Resilience Focus*
The UC Davis Department of Psychiatry and Behavioral Sciences is located in Sacramento, California, approximately 20 miles east of the main UC Davis campus, in Davis, California.

The CAPS Clinic is located at the Granite Regional Park (GRP), which is less than 5 miles away from the UCD Medical Center campus. The GRP provides a fishing pond, nearby walking paths, outdoor benches, soccer fields, and a newly constructed skate park. The CAPS Clinic is also located near a light rail station that provides frequent shuttle services. Business hours are from 8:00am – 5:00pm, therefore interns are not expected to work outside business hours, unless other arrangements have been made with the intern’s supervisors.
**DIVERSITY AND INCLUSION STATEMENT**

As a training program, the UCDMC Clinical Child Psychology Doctoral Internship stands for diversity, inclusion, and equity. We are committed to creating a welcoming training and teaching environment that respects individual differences while supporting the attainment of nationally recognized competencies for becoming a health service psychologist. To this end, we commit to: recognizing and addressing unconscious bias within our training organization, making efforts to recruit and retain diverse trainees and faculty from historically underrepresented groups in the field, engaging our team to create a more inclusive environment, developing the space for all team members to gather, share, and learn from one another, and to increase our awareness for inequality, power and privilege, discrimination, and various forms of oppression across clinical, professional, and personal settings to better engage in respectful and inclusive practices.

**CAPS CLINIC STAFF**

The CAPS Clinic is staffed by four full-time UC Davis faculty psychologists and three board-certified child psychiatrists. It is the primary training site for our doctoral psychology interns, as well as UC Davis’ postdoctoral psychology and psychiatry fellows. Medical students and psychiatry residents in psychiatry also complete rotations at the CAPS Clinic. At our training site, there is a strong collaborative atmosphere and emphasis on interdisciplinary teamwork with county-employed masters-level clinicians and psychiatric nurses. Our trainees develop strong working relationships with a number of professionals within the community that last beyond their training year.

**CAPS CLINIC POPULATION**

The CAPS Clinic is a county-operated outpatient community mental health clinic for roughly 275 infants, children, adolescents, and transitional-aged youth (ages 0 to 21-years-old), who receive therapy, psychological testing, and/or medication management services. The CAPS Clinic solely serves children and adolescents who have mental health coverage through California’s state-funded health care program, Medi-Cal/EPDDT. These clients present with a wide range of complex diagnostic concerns. Most of our clients and their families struggle with multiple environmental stressors including low income, unemployment, poor social support, and/or family history of mental health or alcohol/substance abuse problems. Oftentimes, our clients and their family members have also experienced complex developmental trauma, maltreatment, exposure to other adverse childhood experiences, and may be involved with Child Protective Services (CPS). Clients may also be involved with the juvenile justice system and are on probation. In addition, many of our clients experience difficulties in the learning environment and are provided special educations services (i.e., 504 Behavior Plan or IEP). Clients represent diverse backgrounds and identities.
The primary goal of the one-year UC Davis Clinical Child Doctoral Internship Training Program is to promote professional growth and development and prepare interns for independent practice as health service psychologists with specialized experience with underserved child and family populations. We firmly believe that is our responsibility to train interns and fellows who will exercise strong clinical judgment and contribute both to the welfare of society and to the profession. Our clinical child training program is committed to the lifelong learning process and aims to create an environment that supports trainees to develop across different competency areas by recognizing their strengths and areas for growth. We also respect each trainee’s unique cultural identity that the trainee brings to the team, clinic, and community. The program subscribes to a practitioner-scholar model, which emphasizes knowledge of current research to guide assessment and intervention with diverse, underserved, and oftentimes historically oppressed communities. The clinical psychology training program is a challenging and dynamic internship program that provides advanced training in the areas of direct evidence-based, developmentally appropriate, and culturally-sensitive clinical service, professional development, ethical decision-making, and scholarly inquiry. We support interns in reflecting on their self-care practices in order to increase their longevity and effective engagement in the field. Successful interns are actively open to the learning process, adaptable, flexible, culturally curious, and collaborative.

Over the course of the one-year UC Davis Clinical Child Doctoral Internship Program, interns will receive training and supervised experience in therapeutic interventions (e.g., individual, family, dyadic, and group therapy), psychological testing (e.g., comprehensive psychological evaluations, intake assessments, and brief psychological screening), and consultation (e.g., to internal providers and to local agencies/schools).

It is expected that the interns will develop competencies in a range of areas outlined by the Association of State and Provincial Psychology Boards (ASPPB), the Association of Psychology Postdoctoral and Internship Centers (APPIC), the American Psychological Association (APA), the Commission on Accreditation (CoA), and the APA Standards of Accreditation (SoA) Health Service Psychology (HSP). These competencies include:

1) Intervention
2) Assessment
3) Ethical and Legal Standards
4) Individual and Cultural Diversity
5) Research
6) Professional Values and Attitudes
7) Consultation and Interdisciplinary/Interprofessional Skills
8) Supervision
9) Communication and Interpersonal Skills
10) Self-Care
TRAINING ACTIVITIES AND EXPECTATIONS

Doctoral interns at the CAPS Clinic provide several important services to our clients. Following a developmentally appropriate, culturally sensitive, and trauma-informed systems approach to client care, interns develop competencies throughout the training year in order to coordinate and collaborate with several professionals involved in the client’s care, including those working in the mental health, medical, academic, and legal domains. Sacramento County has a deep commitment to providing treatment that “meets clients where they are,” which allows providers to tailor their interventions to each client. Interns provide short- and long-term individual and family therapy, which are typically provided at the clinic. Interns also complete intake services for brief assessments to determine medical eligibility (referred to as two-month assessments), medication management clients, and psychological testing. In addition, they conduct extensive psychological assessments. During the course of their training year, interns also participate on and may have the chance to co-facilitate the Comprehensive Multidisciplinary Assessment Team (CMAT) that is led by our faculty psychologists and post-doctoral fellows at the CAPS Clinic. Interns also have the opportunity to observe and co-facilitate therapy groups. Lastly, interns will have opportunities to provide consultation and/or brief psychological screening within the CAPS Clinic and with outside providers.

Average 40 hours per week for about 50 weeks (2000 internship hours total)

a. 10 - 15 Hours/Week: Direct Clinical Service (Face-to-Face; Telehealth)
   - 10 to 12 Individual and Family Psychotherapy cases over the course of the year
   - Case Management (ongoing)
   - 1 to 2 Intake (or Two-Month) Assessments (monthly, as available)
   - 3 to 5 Psychological Testing cases over the course of the year
   - 3 to 4 Consultation and/or Brief Psychological Screening cases over the course of the year
   - 1 to 2 Therapy Group(s) (for clients and/or caregivers)
   - 1 Comprehensive Multidisciplinary Assessment Team (CMAT) case or CMAT Consult (based on interest and experience)
   - Infant-Parent Mental Health Cases (based on interest, experience, and availability)

b. 10 - 14 Hours/Week: Indirect Clinical Service (Not Face-to-Face)
   - Psychological Screening and Testing (scoring, interpretation, report-writing)
   - Case Management, Consultation, and Family Collateral Services (via phone)
   - Clinical Documentation (progress notes, psychosocial assessments)
c. **5-8 Hours/Week: Indirect Service**
   - 4 to 7 hours: Training Seminars/Didactics/Case Conferences
   - 1 to 2 hours: Non-billable services (i.e., managing appointments, emails, literature reviews, administrative duties)
   - 2 hours/month: Staff meetings

d. **4.25 – 4.5 Hours/Week: Supervision**
   - 2 hours: Individual Therapy Supervision and Individual Assessment Supervision
   - 1.25 to 1.5 hours: Clinical Group Supervision and Supervision of Supervision (alternating weeks)
   - 1 hour: Psychology Team Group Supervision

Productivity refers to the percentage of time that a clinician spends engaging in services that are “billable.” As part of the contract with UC Davis, Sacramento County expects that mental health providers from UC Davis maintain an 80% rate of productivity per month. Therefore, it is expected that 80% of a clinician’s total time at a clinic each week is spent on services that can be billed to Medi-Cal. For example, if a clinician works 40 hours per week at the CAPS Clinic, then they are expected to bill for 32 hours each week, which is 80% of 40 hours.

Because the clinical child doctoral interns are balancing their direct clinical service with several hours’ worth of supervision, seminars, didactics, and case conferences each week, their productivity is calculated out of a 32-hour, rather than 40-hour, work week. Therefore, clinical psychology interns are responsible for spending 64% of their time engaged in direct, billable clinical activity. These billable activities include those outlined above including: a) Direct Clinical Service and b) Indirect Clinical Services.

Interns are expected to complete clinical documentation using AVATAR, our online documentation system (i.e., progress notes within 48 working hours, treatment plans, psychosocial assessment paperwork, etc.) in a timely manner consistent with both professional expectations and specific county/clinic guidelines. All documentation will be reviewed and co-signed by their supervisors.

**SUPERVISION**

All primary supervisors of interns are University of California Davis, Medical Center clinical faculty members who have doctoral degrees in Clinical or Counseling Psychology and are licensed to practice in the state of California. They are required to have active, valid licenses, free of any disciplinary action with the California Board of Psychology. In accordance with regulations set by APPIC, APA, SoA, CoA, and the California Board of Psychology, our training program provides doctoral interns with a minimum of 4 hours of supervision per week or 10% of direct service time for a 40 hour work week (2 hours of individual supervision and 2.25 to 2.5 hours of group supervision). Recurring, protected time is scheduled for
supervision to ensure consistency and predictability of the supervision time, as well as the availability of supervisors. When in-person supervision is not feasible, video supervision will be utilized as an alternative. Supervisors also have an “open-door” policy, in which interns are encouraged to seek out supervision and/or consultation outside of the designated supervision hour. In accordance with CA regulation, supervisors are available at all times the intern is accruing supervised professional experience (SPE).

- **Primary Therapy Supervision:** Doctoral interns are assigned one of the supervising psychologists as their primary therapy supervisor, with whom they meet on an individual and weekly basis for 1 hour to discuss their therapy clients. In addition, the primary therapy supervisor will be responsible for co-signing progress notes for therapy clients, overseeing other administrative duties, reviewing the overall training program, and discussing professional development-related issues.

- **Assessment Supervision:** Doctoral interns are assigned one of the supervising psychologists as their primary assessment supervisor, with whom they meet individually for 1 hour each week to discuss assessment clients. The assessment supervisor is responsible for co-signing progress notes for screening and assessment clients. Assessment supervision also provides the opportunity to discuss various issues that pertain to the roles and responsibilities of an evaluator (e.g., responsibility, expectations, ethical concerns, interprofessional relationships, etc.).

- **Clinical Group Supervision:** On alternating weeks, the interns will meet with the county clinicians and post-doctoral fellows for group supervision for 1.25 hours. Interns will be asked to bring case-related material to engage in case consultation opportunities. This group supervision is facilitated by Tricia Watters, LCSW.

- **Psychology Team Group Supervision:** The purpose of this group supervision is to spend time as a team on a weekly basis discussing a variety of issues, while also fostering a sense of community, building relationships, and increasing socialization across the team. Each meeting will have either a focused topic for the team to discuss and/or include a case conference. These topics typically will fall under the following categories: Law and Ethics, Research, Individual and Cultural Diversity, Trauma, and Self-Care. The focus is often on emergent interprofessional issues. While Dr. Richelle Long facilitates the Psychology Team Group Supervision, interns and fellows are provided opportunities to lead the team group supervision throughout the year.

- **Supervision of Supervision:** Interns have the opportunity to engage in peer supervision and training opportunities to develop their skills in providing supervision. As part of the training program, interns will receive supervision of supervision twice per month, along with the post-doctoral fellows. Accordingly, interns may begin to meet with fellows for supervision of a specific therapy and/or assessment case, under the supervision of one of the supervising psychologists. Supervision of Supervision is facilitated by Dr. Margaret Bezmalinovic. Dr. Stacey Peerson facilitates Supervision of Supervision for the post-doctoral fellows.
DIDACTIC SEMINARS AND CASE CONFERENCES

All of our required core seminars meet on a regular basis throughout the entire training year. As part of the internship, we are committed to providing our interns with opportunities to learn from psychologists who have experience with a wide range of clients in a variety of treatment settings. As such, our seminars are facilitated by the program’s supervising psychologists as well as several volunteer clinical faculty members who are employed with UC Davis or throughout the Sacramento area. Didactic seminars and case conferences aim to provide additional training in:

- Theories and effective methods of psychological assessment, diagnosis, and interventions
- Consultation, program evaluation, supervision, and/or teaching
- Strategies of scholarly inquiry
- Professional conduct, ethics, law, and related standards
- Issues of cultural and individual diversity

Required didactic seminars and case conferences, which are detailed further in the Program Manual, include:

- Intervention Seminar: Group Therapy, TF-CBT, FFT
- Assessment Seminar
- Trauma-Informed Care Seminar
- Neurodevelopmental Seminar
- Diversity Seminar
- Comprehensive Multidisciplinary Assessment Team

APPOINTMENT, STIPEND, AND BENEFITS

Two applicants will be accepted for the 2021 - 2022 training year. Clinical internship appointments are full-time (average 40-hour week) for one year. Our doctoral interns acquire a total of 2000 supervised hours during the training year in order to qualify for various states’ licensure requirements. Upon successful completion, the doctoral clinical child psychology intern will be awarded a certificate of internship completion from the UC Davis School of Medicine. Clinical moonlighting is not permitted.

2021 – 2022 Training Year: July 1, 2021 - June 30, 2022

Interns receive a stipend of $25,600 for the training year, which is paid out on a monthly basis. Applicable federal and state taxes and social security deductions are withheld. Interns receive approximately 32 days of paid time off (including 20 vacation days and 12 days of sick time per year) and paid holidays (approximately 12 days off per year for county
and federal holidays). In addition, interns receive **4 educational/professional leave days**, which they can use for training, dissertation release time, and/or licensure preparation. At this time, we are pleased to offer our interns **UCD Mid-Level Health and Welfare benefits**. Active interns working at least 20 hours a week are eligible for coverage in the UC medical, dental, vision, life and disability insurance plans. For more information about the Mid-Level benefits plan, please visit:

https://ucdavis.app.box.com/s/4t1285hh4ydcgtvmcn8yhka0t6u71tv

Our interns share an office with each other for two half-days (Monday and Wednesday), each having their own designated workspace, personal computer, voicemail, email (UCD and Sacramento County). For the remainder of the time (Tuesday, Thursday, Friday, and the afternoons of Monday and Wednesday), the interns will have their own office that are also used by the psychiatry residents/fellows. To facilitate the transition to provide telehealth and have the option of teleworking, however, their telework schedules will have to be approved by their supervisor in advance. Interns are provided with locked storage clipboards, county-issued cell phones, laptops, and webcams at each workstation. They are also provided administrative assistance (faxing, scanning, phone appointment reminders to clients, and phone calls when clients arrive to the office). Interns also have full access to the UC Davis libraries and associated services, as well as art/play therapy materials located at the CAPS Clinic. In addition, interns can reserve a number of offices, observation rooms (with one-way mirror and audio/visual equipment), and the psychological testing office to provide confidential, direct services with CAPS Clinic clients.

**ELIGIBILITY AND APPLICATION PROCEDURES**

Applicants currently enrolled at an **APA-accredited graduate university** from a **clinical or counseling psychology are preferred**. Applicants from educational psychology programs with a strong emphasis in clinical training will also be considered.

Prior to the interview, applicants must have completed **at least 3 years** of graduate level training, **350 hours** of doctoral level supervised intervention hours, **all doctoral coursework** as required, pass their academic program’s **comprehensive exams**, be accepted into **doctoral candidacy**, and have an **accepted dissertation proposal** before the beginning of the internship. Successful applicants will have acquired doctoral level **experience with children and adolescents** and have written at least **three integrated psychological assessment reports (preferably with a child and/or adolescent client) and/or completed 50 hours of Assessment Interventions**. Due to covid-19 impacting the accrual of supervised clinical experience (intervention and assessment hours and number of psychological reports), the UCD Clinical Child Doctoral Internship program may consider applicants who are close to meeting these requirements and include in their coverletter how their hours have been impacted and what they have done to supplement their clinical experience.
The UCD Clinical Child Doctoral Internship program utilizes the uniform application developed by the Association of Psychology Postdoctoral and Internship Centers (APPIC). **Our National Matching Service (NMS) Program Number is 245711.** Please submit only the APPI online application located on the APPIC website (www.appic.org). Follow the directions detailed on the APPIC website for submitting your application and uploading additional documents requested below. Your application will be considered complete upon receipt of the following:

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<td>A completed APPIC Uniform Application (APPI)</td>
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<td>A coverletter</td>
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<td>A current Curriculum Vitae</td>
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<td>Transcripts of all graduate level coursework</td>
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<td>A psychological evaluation with all identifying information removed</td>
<td>(preferably of a child or adolescent client)</td>
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<td>Three letters of recommendations- one from current graduate school</td>
<td>faculty, and preferably two from practicum placement supervisors</td>
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Our application deadline is **Monday November 30, 2020 (11:59PM, EST).**

**SELECTION PROCEDURES**

Intern selection is made by a committee comprised of the training director, assistant training director, and the supervising training psychologists. Applicants are rated on the basis of their clinical training (i.e., assessment and therapy), academic coursework, letter of recommendation, clinical and research interests, progress toward dissertation completion, and stated goals for internship. Strong writing skills are also favorably evaluated, as evidenced by the APPI essays and redacted psychological report. Those prospective candidates assessed by the committee to hold interests and goals most closely matching those opportunities offered by our program will be asked to participate in an on-site interview.

Prospective candidates will be notified via email by **Friday December 18, 2020** whether or not they will be granted a virtual interview (via Zoom) with the training director and supervisors. During the interview, candidates will also have the opportunity to meet with the current doctoral interns, postdoctoral fellows, clinical staff, and virtually tour the clinic. Interviews are typically for half a day and will be held on **Friday January 15, 2021, Friday January 22, 2021,** and **Monday January 25, 2021.** Interviews are required and weigh heavily in the matching process, as this provides an opportunity for program staff and applicants to determine fit. In addition, the program values applicants who are able to
demonstrate an ability to balance strong interpersonal skills with professionalism. Should economic or other reasons interfere with a highly ranked candidate’s ability engage in a video interview, a case-by-case decision will be made by training staff to arrange an alternative phone interview. Interviews will only be offered to applicants who have submitted a complete application and only after these applications have been screened by the faculty. Applicants who wish to be considered for interviews should submit application materials prior to November 30, 2020.

ACCREDITATION STATUS

At this time, our internship training program is a member of Association of Psychology Postdoctoral and Internship Centers (APPIC; program code 2457). Supervised hours accrued meet the California Board of Psychology’s requirements for licensure. Our training program is currently accredited (on-contingency status) by the American Psychological Association (APA). Any questions about accreditation may be addressed to: Office of Accreditation, American Psychological Association, 750 First Street, NE, Washington, DC 20002. Telephone: (202) 336-5979.

Our program will be participating in the National Matching Service (NMS). Our 2021-2022 National Matching Service (NMS) Program Number is 245711. The internship training program agrees to abide by the recruitment and ranking policies. More specifically, no person at this training facility will solicit, accept, or use any ranking-related information from any intern applicant.

TRAINING PROGRAM CONTACT INFORMATION

Detailed information about our program is available in our Training Manual uploaded on our UC Davis webpage:

https://health.ucdavis.edu/psychiatry/education/child_psychology/internship.html

For additional information, please contact:

University of California, Davis Medical Center
Department of Psychiatry and Behavioral Sciences
Clinical Child Psychology Training Program
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Christine Bertini, Training Office: (916) 734-7523
Dr. Carlina R. Wheeler, Training Director: (916) 875-1183