

**UC DAVIS/UC IRVINE TRAIN NEW TRAINERS (TNT)
CLINICIAN HEALTH AND WELLBEING (PHWB) FELLOWSHIP
April 2020 – September 2020**

April 18 -19th, 2020	CHWB Conference & Fellowship Program Kickoff Saturday, April 18 th 9 am – 4pm, (Open to the public) Sunday, April 19 th 9 am – Noon, (Fellows and Faculty)	Sacramento, CA Conference Teaching session
May 2020	Two Monthly Teleconference One-Hour Teaching Sessions Monday, May 11th and Wednesday, May 27th (*due to Monday holiday) <i>*Reading: Chapter 1. Suicide and the Professional Culture of Medicine-</i> <i>*Reading: Chapter 2. Burnout and Depression-</i> One monthly one-hour mentoring session w/TNT faculty	Via Zoom Via Zoom or in-person
	Assignment and discussion with mentor: How to identify symptoms of clinician burnout and depression	
June 2020	Two Monthly Teleconference One-Hour Teaching Sessions Monday, June 8th and Monday, June 22nd <i>*Reading: Chapter 3. Anxiety, Engagement in Treatment and the impact on Second Victims</i> <i>*Reading: Chapter 4. Alcohol Use Disorders</i> One monthly one-hour mentoring session w/TNT faculty	Via Zoom Via Zoom or in-person
	Assignment and discussion with mentor: How to prevent becoming a second victim	
July 2020	Two Monthly Teleconference One-Hour Teaching Sessions Monday, July 13th and Monday, July 27th <i>*Reading: Chapter 5. Substance (narcotic and other) Use Disorders</i> <i>*Reading: Chapter 6. Personality disorders and disruptive physicians</i> One monthly one-hour mentoring session w/TNT faculty	Via Zoom Via Zoom or in-person
	Assignment and discussion with mentor: What is the impact of provider addictions on patient care?	
August 2020	Two Monthly Teleconference One-Hour Teaching Sessions Monday, August 10th and Monday, August 24th <i>*Reading: Chapter 7. Aging Physicians and Cognitive Screening</i> <i>*Reading: Chapter 8. How Individual physicians should treat their colleagues</i> One monthly one-hour mentoring session w/TNT faculty	Via Zoom Via Zoom or in-person
	Assignment and discussion with mentor: How to achieve work-life balance and successfully retire	

September 2020

Two Monthly Teleconference One-Hour Teaching Sessions

Via Zoom

Monday, Sept. 14th and Monday, Sept. 28th

**Reading: Chapter 9. Caring for potentially impaired physicians: Systemic and Organizational Solutions*

**Reading: Chapter 10. How Individual physicians should treat their colleagues*

One monthly one-hour mentoring session w/TNT faculty

Via Zoom or in-person

Assignment and discussion with mentor: How to recognize symptoms in colleagues

Two –hour Fellowship Program Wrap-Up

Via Zoom

Evaluations

Required Reading

1. Yellowlees Peter. Physician Suicide: Cases and Commentaries. 2018. American Psychiatric Publishing Inc.

Program Contact:

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