UC DAVIS/UC IRVINE TRAIN NEW TRAINERS (TNT)
CLINICIAN HEALTH AND WELLBEING (PHWB) FELLOWSHIP
April 2020 – September 2020

April 18-19th, 2020  CHWB Conference & Fellowship Program Kickoff  Sacramento, CA
Saturday, April 18th  9 am – 4pm, (Open to the public)  Conference
Sunday, April 19th  9 am – Noon, (Fellows and Faculty)  Teaching session

May 2020  Two Monthly Teleconference One-Hour Teaching Sessions  Via Zoom
Monday, May 11th and Wednesday, May 27th  (*due to Monday holiday)
*Reading: Chapter 1. Suicide and the Professional Culture of Medicine-
*Reading: Chapter 2. Burnout and Depression-
One monthly one-hour mentoring session w/TNT faculty  Via Zoom or in-person
Assignment and discussion with mentor: How to identify symptoms of clinician burnout and depression

June 2020  Two Monthly Teleconference One-Hour Teaching Sessions  Via Zoom
Monday, June 8th and Monday, June 22nd
*Reading: Chapter 3. Anxiety, Engagement in Treatment and the impact on Second Victims
*Reading: Chapter 4. Alcohol Use Disorders
One monthly one-hour mentoring session w/TNT faculty  Via Zoom or in-person
Assignment and discussion with mentor: How to prevent becoming a second victim

July 2020  Two Monthly Teleconference One-Hour Teaching Sessions  Via Zoom
Monday, July 13th and Monday, July 27th
*Reading: Chapter 5. Substance (narcotic and other) Use Disorders
*Reading: Chapter 6. Personality disorders and disruptive physicians
One monthly one-hour mentoring session w/TNT faculty  Via Zoom or in-person
Assignment and discussion with mentor: What is the impact of provider addictions on patient care?

August 2020  Two Monthly Teleconference One-Hour Teaching Sessions  Via Zoom
Monday, August 10th and Monday, August 24th
*Reading: Chapter 7. Aging Physicians and Cognitive Screening
*Reading: Chapter 8. How Individual physicians should treat their colleagues
One monthly one-hour mentoring session w/TNT faculty  Via Zoom or in-person
Assignment and discussion with mentor: How to achieve work-life balance and successfully retire
September 2020 Two Monthly Teleconference One-Hour Teaching Sessions Via Zoom
Monday, Sept. 14th and Monday, Sept. 28th
*Reading: Chapter 9. Caring for potentially impaired physicians: Systemic and Organizational Solutions
*Reading: Chapter 10. How Individual physicians should treat their colleagues
One monthly one-hour mentoring session w/TNT faculty Via Zoom or in-person
Assignment and discussion with mentor: How to recognize symptoms in colleagues

Two –hour Fellowship Program Wrap-Up Via Zoom
Evaluations

**Required Reading**

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