The TNT PHWB Fellowship is a six month long clinical education program for trainees and providers who wish to receive advanced training in physician health and wellbeing.

Who Benefits?

Providers in all medical specialties could benefit from this fellowship, especially Internal medicine, Family medicine, Psychiatry, Emergency medicine, Neurology, Physician assistants, Nurse practitioners, and Psychiatric nurses.

Curriculum

The curriculum includes 28 required hours of training and will lead to a certificate of completion from the UC Davis Department of Psychiatry and Human Behavior:

- One weekend teaching session (10 CME hours*)
- One hour per month of individualized, in-person or teleconferenced mentoring sessions with a TNT fellowship faculty member/mentor (6 non CME hours)
- Twice-per-month, live case-based discussions. Learning sessions are held on the second and fourth Monday of each month from 12:00 pm – 1:00 pm (PST) via teleconference. (12 CME hours*)

Goals of TNT PHWB Fellowship

Trainees will learn:
- About solutions and treatments for burnout, depression, anxiety and substance disorders that commonly affect physicians and other providers
- About organizational and individual clinician preventive health approaches to ensure good personal health and continuing fitness to practice
- How to engage, treat, and monitor impaired clinicians
- How to teach TNT principles to their colleagues

This is not a traditional or Accreditation Council for Graduate Medical Education (ACGME) approved fellowship.

Core Topics Include:

- Suicide and the Professional Culture of Medicine
- Anxiety, Engagement in Treatment, and the impact of Second Victims
- Aging Physicians and Cognitive Screening
- Caring for Potentially Impaired Physicians- Systemic and Organizational Solutions
- Resilience and Individual Preventive Solutions
- Burnout and Depression
- Alcohol Use Disorders
- Substance Use Disorders
- Personality Disorders and Disruptive Physicians
- How Individual Physicians Should Treat Their Colleagues

2019 Tuition: $7,500 per fellow

http://www.ucdmc.ucdavis.edu/psychiatry/education/phwb/fellowship.html

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* This activity has been approved for AMA PRA Category 1 Credits™.