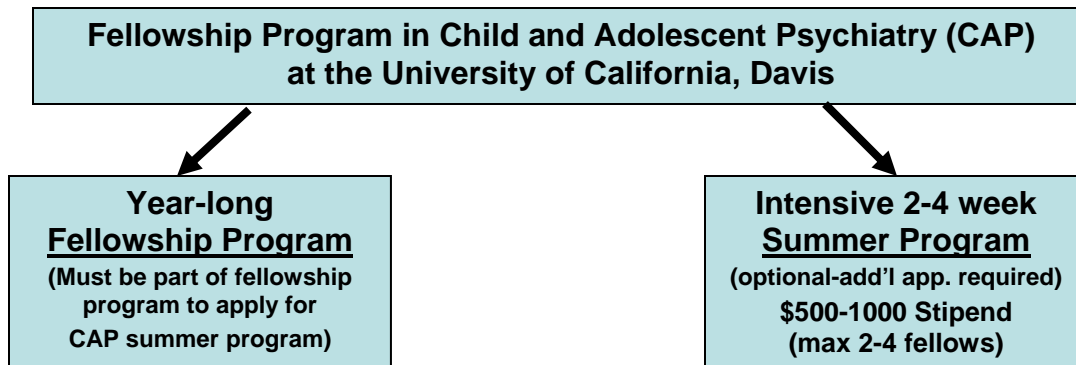


**The Klingenstein Third Generation Foundation  
Fellowship Program  
in Child and Adolescent Psychiatry  
at the University of California, Davis**

**Student Packet**

Revised August 19, 2013



**MENTORING/ CLINICAL EXPERIENCES**

- Exposure to all aspects of CAP
- Discuss Clinical Experiences
- Choose focused topic for educational project
- Professional Development

**EDUCATIONAL PROJECT**

- Literature Review
- Creation of teaching module
- Presentations to academic and community groups

**FELLOWSHIP MEETINGS**

- Monthly meetings
- Discuss Clinical Exp.
- Discuss Progress on Educational Project
- Professional Speakers
- Optional Movie Nights

**EVALUATIONS**

- Complete program evaluations
- AACAP Surveys

**Application Guidelines**

- Any first year medical student, in good standing, attending UC Davis School of Medicine is eligible for a fellowship.
- Applications may be submitted beginning October 2013 for the mentoring program. Summer program stipend will be available to members of the fellowship program. An additional application will be required.

**Summary of Fellow's Responsibilities**

- As representatives of the fellowship program, it is expected that fellows will conduct themselves with the highest degree of professionalism.
- Shadow at least 3 of the mentors and have at least 6 clinical experiences per year.
- Attend fellowship meetings on a regular basis.
- Complete an educational project on a focused topic of choice.
- Present educational project in at least one academic and one community setting.
- Complete interval evaluations of program and AACAP surveys (annual).
- Supply fellowship program with copy of your CV.



## **BACKGROUND**

### **What is The Klingenstein Third Generation Foundation?**

The Klingenstein Third Generation Foundation (the Foundation) was established in 1993. The Foundation has funded programs and post-doctoral research in children's mental health, primarily in the areas of childhood/adolescent depression and ADHD. The Foundation has also supported training programs that expose medical students to the field of Child and Adolescent Psychiatry (CAP).

### **What is The Fellowship Program in CAP at UC Davis (TKTGF)?**

The Klingenstein Fellowship at UCD, established in 2005, is a faculty mentoring program that introduces medical students in their pre-clinical years to the field of Child and Adolescent Psychiatry (CAP). The program leadership consists of 2-3 medical student leaders and a faculty program director. Student leaders send letters and host recruitment meetings to introduce the UC Davis Klingenstein Third Generation Fellowship Program to all first-year students. The goals and objectives of the program are clearly articulated. Those who are interested apply by means of a formal application.

Accepted candidates gain access to a pool of mentors comprised of volunteer clinical faculty, child psychiatry residents and full-time faculty. The mentor/fellow relationships are designed to accomplish several objectives. First, the mentors are available to meet with the fellows to arrange clinical experiences that include both shadowing and direct patient care. Because of the pool of mentors, there is opportunity for students to experience a variety of clinical settings and career options in Child and Adolescent Psychiatry. Second, mentor/fellow meetings allow for professional development, discussion of cases, and education in child and adolescent psychiatry. Third, the mentors help the Fellows choose an educational topic and can serve as advisors for an educational project.

Each Fellow chooses a focused topic of interest. This might be a specific child psychiatric disorder, a treatment model, or an aspect of normal development. The Fellow will review literature and have hands-on experience with the focused topic. Then, working independently or in a group of two or three students, the Fellow develops a teaching module. Each module is reviewed by peers and faculty. Each Fellow will be expected to present the topic to both their peers and a community audience. Possible community forums include parent and teacher organizations and the module will be added to a library for possible future use by other medical students.

In addition to these activities, Fellows will meet monthly as a group to discuss their clinical experiences and progress on their teaching modules. They will have the opportunity to share experiences, hear visiting child psychiatrists speak, and meet with faculty. The students are also invited to attend special lecture series and case conferences pertinent to child psychiatry held at UC Davis.

A limited number of Fellows (maximum 2-4) will have an opportunity to apply for an intensive, two-four week CAP summer clinical experience between their first and second years of medical school. Summer stipends of \$500-\$1,000 will be available for participation. During this "mini-clerkship", Fellows will attend clinics, in-patient settings, and clinicians' offices.

### **Evaluation of the Program**

There are 3 primary methods of evaluation of the Klingenstein Medical Student Fellowship Program at UC Davis. First, all Fellows will complete an evaluation of their experiences at regular intervals. These evaluations will be reviewed and adjustments will be made wherever possible.

Second, each Fellow's educational project will be evaluated by the peer group, the collective mentor group, and by the program leadership. When the educational module is finished, the Fellow will present the project to fellow students and/or community agencies.

Finally, future enrollment (student interest) and the ultimate career choices of participating Fellows (into first general and subsequently into child and adolescent psychiatry) will be monitored by the student leadership and the American Academy of Child and Adolescent Psychiatry via annual online surveys. These surveys are extremely important to complete and participation is mandatory.

## 2013 Klingenstein Fellow Clinical Sites

Contact student leaders and/or Dr. Horst for details

[robert.horst@ucdmc.ucdavis.edu](mailto:robert.horst@ucdmc.ucdavis.edu)

Cell: 916-541-2987/Pager: 916-816-8910

### Outpatient Sites

- **CAPS Clinic, 3331 Power Inn Road, Suite 140 (916) 875-1183** – Outpatient county based child psychiatry clinic – daily. (Comprehensive Multidisciplinary Assessment Team - CMAT – 4-5 week series of intensive team based assessment; meets Monday mornings.)  
Contact: Dr. Robert Horst (916-816-8910)
- **Wong Building (UCDMC), 2230 Stockton Blvd, (916) 734-2614** – Outpatient insurance-based child psychiatry clinic – daily.  
Contact: Dr. Murat Pakyurek ([murat.pakyurek@ucdmc.ucdavis.edu](mailto:murat.pakyurek@ucdmc.ucdavis.edu))
- **Sacramento Assessment and Treatment Center (SATC), 3990 Branch Center Road** – Group home at which adolescents involved in Juvenile Justice System undergo a team assessment. Involves psychiatry evaluation Wednesday morning with a team meeting the following Wednesday morning. Ideally the student would attend two Wednesday mornings in a row.  
Directions – HWY-50 to Bradshaw. South to Preservation Way. Take right then a left on Branch Center Road. SAC is a one story nondescript building immediately on your right, park anywhere in front parking lot. If you see Juvenile Hall or the Youth Center you have gone too far.  
Contact: Dr. Robert Horst (916-816-8910)
- **MIND Institute (UCDMC), 2825 50<sup>th</sup> St, (916) 703-0246** – Specialized institute for children with neurodevelopmental disorders, observe clinical assessments and research. Dr. Pakyurek runs an autism clinic on Thursdays afternoons and an ADHD clinic on Tuesday mornings. Dr. Brahmbhatt runs an ADHD clinic on Wednesday afternoons  
Contact: Dr. Murat Pakyurek or Dr. Khyati Brahmbhatt  
([murat.pakyurek@ucdmc.ucdavis.edu](mailto:murat.pakyurek@ucdmc.ucdavis.edu) or [khyati.brahmbhatt@ucdmc.ucdavis.edu](mailto:khyati.brahmbhatt@ucdmc.ucdavis.edu))
- **Telemedicine Clinic 2315 Stockton Blvd.**  
Room 1313 (up the hallway from the MRI suite--across the street from the bookstore)  
Contact: Dr. Matthew Soulier (916-734-0870 or [matthew.soulier@ucdmc.ucdavis.edu](mailto:matthew.soulier@ucdmc.ucdavis.edu))

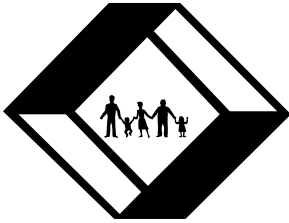
### Inpatient Sites

- **MERT (UCDMC), 2150 Stockton Blvd, (916) 875-1113** – Emergency evaluations of children and adolescents – daily, typically after business hours.  
Contact: Dr. Robert Horst (916-816-8910)
- **UCDMC Consult Service** – Hospital-based child and adolescent psychiatry consultation-liaison service based at University Hospital and Shriner's Hospital.  
Contact: Dr. Khyati Brahmbhatt ([khyati.brahmbhatt@ucdmc.ucdavis.edu](mailto:khyati.brahmbhatt@ucdmc.ucdavis.edu))  
Pager: 816-2898 – \*\*\*Please page Dr. Brahmbhatt when you are scheduled to on the consult service
- **Heritage Oaks Hospital, 4300 Auburn Blvd., (916) 489-3336** -- inpatient psychiatry unit for adolescents.  
Directions – HWY-80 to Auburn Blvd, Keep right at fork, continue straight into hospital parking lot. Ask for Dr. Sison.  
Contact: Dr. Joseph Sison (916-501-6666)

- **Sutter Center for Psychiatry 7700 Folsom Blvd (916) 386-3000** – Inpatient psychiatry units for children and adolescents.

Directions – HWY-50 to Power Inn Rd. South to Folsom Blvd. Turn right and watch for Sutter Center for Psychiatry on left. Ask for Dr. Blanco or Dr. Truong.

Contact: Dr. Robert Horst (916-816-8910)



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**UC DAVIS**  
**HEALTH SYSTEM**  
PSYCHIATRY AND  
BEHAVIORAL SCIENCES

**APPLICATION FOR FELLOWSHIP  
2013**

◆ Robert Horst, M.D., Program Director ◆  
◆ *Contact Person:* Deb Matsumoto ◆  
◆ UC Davis Dept of Psychiatry, Sacramento, CA 95817 ◆  
◆ Fax number: 916-734-0849 ◆ Phone number: 916-734-5514 ◆ E-mail: [debra.matsumoto@ucdmc.ucdavis.edu](mailto:debra.matsumoto@ucdmc.ucdavis.edu) ◆

To the Program Oversight Committee of The Klingenstein Third Generation Foundation Fellowship Program at the University of California, Davis:

*I Hereby Make Application for Fellowship in The Klingenstein Third Generation Foundation Fellowship Program.*

**PLEASE TYPE OR PRINT YOUR RESPONSES.**

\* IMPORTANT: Both pages are required for this application to be considered complete and ready for processing

Name: \_\_\_\_\_  MD  \_\_\_\_\_

Student ID: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/19\_\_\_\_

Please state your level of interest *at this time* in the following specialties:  
1 = no interest 2 = some interest 3 = a lot of interest 4 = high possibility as career choice  
 Family Practice  Internal Medicine  OB/Gyn  Pediatrics  Surgery  
 Psychiatry  Child/Adolescent Psychiatry  Other: \_\_\_\_\_

**CONTACT INFORMATION ADDRESS BELOW: [ ] HOME [ ] OFFICE**

Street: \_\_\_\_\_ Suite/Apt#: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Phone: \_\_\_\_\_ Fax: \_\_\_\_\_  
Cell: \_\_\_\_\_ Pager: \_\_\_\_\_  
Undergraduate degree & Institution: \_\_\_\_\_ Email: \_\_\_\_\_

*I understand that this information is being forwarded to the American Academy of Child and Adolescent Psychiatry (AACAP) and I agree to apply for active membership in this organization via the AACAP website. I am giving consent for information to be shared with these organizations and consent for these organizations to contact me. There is no fee required for student membership in AACAP.*

**SIGNATURES: (Application not valid unless signed. Only long hand signatures are accepted)**  
Applicant's Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Program Oversight Committee Signature: (Program Director and/or Secretary) \_\_\_\_\_ Date: \_\_\_\_\_



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**UC DAVIS**  
**HEALTH SYSTEM**  
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BEHAVIORAL SCIENCES

APPLICATION FOR FELLOWSHIP – continued- pg 2  
2013

Applicant Name: \_\_\_\_\_

In no more than 250 words, please describe why you are interested in The Klingenstein Third Generation Foundation Fellowship Program in Child and Adolescent Psychiatry.

[Large empty rectangular area for writing the response]

I have read the above notice and agree to the terms stated. (Signature required for applicant to be considered.)

Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Reviewed By: \_\_\_\_\_