The claim: Richard and Mildred Loving were convicted for being in an interracial marriage and later won a 1967 Supreme Court case that declared a Virginia law prohibiting mixed-race marriage unconstitutional.

National Loving Day is on June 12, and the name for this day is an interesting one. The holiday is, of course, about spreading love but, ironically, it also references the names of Mildred and Richard Loving, who fought against the laws confining them and everyone else from marrying inter racially.

Their Story

The Loving’s were arrested and given a one-year suspended sentence because they were a married interracial couple. Their union was a criminal act in Virginia because Richard was white, Mildred was black, and the state’s Racial Integrity Act, passed in 1924, criminalized interracial marriage.

Judge Leon M. Bazile then sentenced them to a one-year jail term, which he agreed to suspend if the Lovings would leave Virginia and not return for 25 years. The pair moved to Washington, but were unhappy there, according to the Post. The pair moved to Washington, but were unhappy there.

In 1964, Mildred Loving wrote a letter to U.S. Attorney General Robert F. Kennedy to ask for his assistance. Kennedy referred the couple to the American Civil Liberties Union. In a landmark decision, the Supreme Court declared the Virginia law prohibiting mixed-race marriage unconstitutional on June 12, 1967, which legalized interracial marriage in every state.

It is a known fact that there is no discrimination when it comes to love and the way to proclaim this fact is to celebrate National Loving Day. The world, as we know it, comprises different people from different races, backgrounds, ethnicities, cultures, tastes, preferences, etc. It is a diverse place and yet love is a common thread tying us all together.

Celebrating this day is to honor the bravery of the Loving couple who fought for their rights and that of others like them across the country.

Would you like to learn more about the Loving’s story?

You can watch their Bio, Drama, Romance Released in 2016 on Netflix.

The day is a celebration of this love, which does not find any difference between people and is found anywhere and everywhere.