

Identifying and Addressing Social Barriers to Care

Social barriers have huge impacts on the health outcomes. Here are some important questions to consider for every patient.

- Do they have regular access to healthy food?
- Do they have a safe place to stay once they are discharged?
- Are they safe at home?
- Do they need or want help with an addiction?
- Do they want resources to help quit smoking?
- Do they require immigration or asylum services?
- Do they have reliable internet and telephone access?
- Do they have reliable transportation?
- What is the best way to reach them?



Below are some examples of services available from the Medical Center and surrounding community.

Resource	Description	Contact Info
Substance Use Intervention Team	Interdisciplinary team focused on medical treatment for opioid use disorder, withdrawal management, psychosocial support and outpatient care coordination	916-313-8434 SUIT@groups.ucdavis.edu pager: 916 816-4182
Housing – Housing California	Hotline for assistance finding affordable housing in Sacramento area. <i>For immediate housing needs visit UCD Street Sheet, search online for “UC Davis Street Sheet”</i>	800-500-4931 916-498-1000
Sacramento Food Bank Central Downtown Food Basket	SFBFS: Food access - Produce For All, food stamp applications. Family services – clothing, education, immigration legal assistance, refugee resettlement assistance CDFB: food services to greater Sacramento area	Sacramentofoodbank.org Food stamps: 916-925-3240 CDFB: 916-761-5624
Domestic Violence - WEAVE	24/7 response, outreach, & services for victims of domestic violence, sexual assault, sex trafficking	916-920-2952
Undocumented Patients & Asylum seekers	openingdoorsinc.org, NorCalResist.org Bilingual, free to low cost immigration services, help with asylum, family petitions, DACA, deportation defense, employment authorization + legal and financial education. NorCal Resist can help plug into available community resources including food and supplies	opening doors: 9164922591 NorCal Resist (916) 382-0256 (leave a message)
Violence Intervention Program – Wraparound	Assigns victims of violence to an outreach coordinator for crisis intervention, mental health support, and case management. For ages 15 - 26 from Oak Park neighborhood.	916-734-9782
Safe discharge for homeless still needing care - ICP	Interim Care Program (ICP): Short-term medical and recuperative services for homeless people ready for discharge but too sick for shelters or return to the street.	Generally referred by social worker if eligible. Jenkins@wellspacehealth.org
Smoking Cessation	UC Quit line “Opt Out” program	1-800-NO-BUTTS e-referral: “quitline”