

Elisa K. Tong, M.D., M.A.

Philosophy of Care

In general medicine, I enjoy taking care of the whole person whether they are in the clinic or hospital. Listening to my patients helps me understand how I can help support them, from preventive care for staying healthy to diagnosing and treating disease. Since tobacco is the leading preventable cause of death and worsens many diseases, I am dedicated to helping people and our communities become smoke and tobacco-free. Quitting tobacco for good can be one of the most difficult things to do but it's never too late to connect with positive support and enjoy the immediate health benefits.

Clinical Interests

Dr. Tong is a general internist who helps care for patients in the clinic and hospital. She has a special clinical interest in tobacco treatment and is the Medical Director for the Stop Tobacco Program at the UC Davis Comprehensive Cancer Center. She works closely with tobacco treatment partners in UCD Health Management Education (livinghealthy.ucdavis.edu) and the California Smokers' Helpline (nobutts.org, now Kick It California).

Research/Academic Interests

Dr. Tong's research interests are in tobacco control policy and cessation, with special interests in health services delivery of tobacco treatment, interventions to address tobacco/cancer disparities, and the behavioral impact of smoke and tobacco-free policies. She has founded and led "UC Quits" and now "CA Quits", a statewide project funded by the California Tobacco Control Program, which supports the integration of tobacco treatment into health systems in partnership with the California Department of Health Care Services. She has led tobacco interventions targeting diverse populations including college students, Chinese smokers and household nonsmokers, Medi-Cal members, and patients with cancer.

Title Professor, Department of Internal Medicine
Medical Director, Stop Tobacco Program, UC Davis Comprehensive Cancer Center

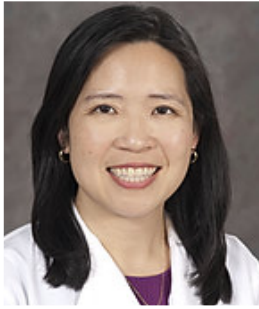
Specialty Health Services Research

Department [Internal Medicine](#)

Division General Medicine

Center/Program Affiliation [UC Davis Comprehensive Cancer Center](#)
[Center for Healthcare Policy and Research](#)

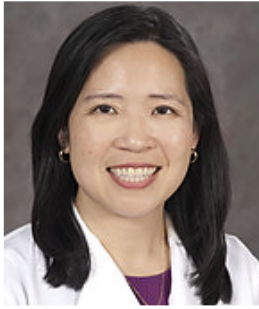
Address/Phone Lawrence J. Ellison Ambulatory Care Center, General Medicine, 4860 Y St. Suites 0101 & 0400
Sacramento, CA 95817
Phone: 916-734-2737



Elisa K. Tong, M.D., M.A.

Additional Phone	Phone: 916-734-7005 Physician Referrals: 800-4-UCDAVIS (800-482-3284)
Education	M.D., Stanford University School of Medicine, Stanford CA 2000 M.A., Heath Services Research, Stanford University, Stanford CA 2000 B.A., Stanford University, Stanford CA 1994
Residency	Internal Medicine, Santa Clara Valley Medical Center, San Jose CA 2000-2003
Fellowships	Dissemination and Implementation Research in Cancer, National Cancer Institute, 2020 Multilevel Intervention Training Institute, National Cancer Institute, 2020 General Internal Medicine Research, UC San Francisco School of Medicine, San Francisco CA 2003-2006
Board Certifications	Advanced Training in Clinical Research, Certificate American Board of Internal Medicine, 2013
Professional Memberships	American Public Health Association California Medical Association Greater Sacramento Smoke & Tobacco-Free Coalition Sierra Sacramento Valley Medical Society Society for General Internal Medicine
Honors and Awards	Excellence in Clinical Investigation Award, CA-HI Society for General Internal Medicine, 2021 Healthcare Science Delivery Award, UC Davis Health Quality Forum, 2020 Faculty Research Award, Department of Internal Medicine, UC Davis Health, 2018 Christopher N.H. Jenkins Award for AAPI Cancer Prevention and Control, 2017 "Best Published Paper", Asian Pacific Islander Caucus, American Public Health Association, 2016 UC Davis Medical Center Dean's Team Award for Clinical Care & Inclusion Excellence, 2016 UC Health Center for Health Quality and Innovation Fellowship, 2013 UC Davis Health System Employee Excellence Award for Diversity, 2012 UC Davis Health System Employee Excellence Award for Social Responsibility, 2011 Christine and Helen S. Landgraf Memorial Research Award for Cancer Research, 2010 American Legacy Foundation Sybil G. Jacobs Award for Outstanding Use of Tobacco Industry Documents, 2007
Select Recent Publications	www.ncbi.nlm.nih.gov/myncbi/1dUOaiU5hDNkS/bibliography/public/

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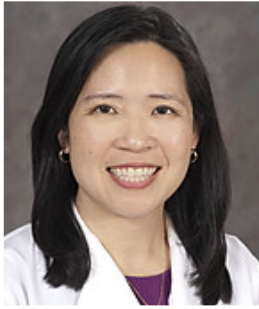
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Yang L, Tong EK, Mao Z, Hu TW, Lee AH. A Clustered Randomized Controlled Trial to Reduce Secondhand Smoke Exposure Among Nonsmoking Pregnant Women in Sichuan Province, China. *Nicotine Tob Res.* 2016 May;18(5):1163-70. doi:10.1093/ntr/ntv171. Epub 2015 Aug 20. PMID: 26296651.

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