Nathan Paul Fairman, M.D., M.P.H.

Philosophy of Care
I am a psychiatrist and palliative medicine physician. I see patients in the cancer center and in the hospital. I work as part of a multidisciplinary team of experts, helping to take care of adults dealing with serious illnesses. Our goal is to provide care that is comprehensive and person-centered, aimed at supporting quality of life and easing the burden of suffering, for patients and their loved ones.

Clinical Interests
Dr. Fairman is a psychiatrist and palliative medicine physician. He helps take care of patients with serious illness, both in the UC Davis Comprehensive Cancer Center and in the hospital. His particular clinical interests include serious illness communication, advance care planning, and bioethics.

Research/Academic Interests
Dr. Fairman's academic and professional interests include provider communication, advance care planning, and bioethics - focused on patients dealing with serious illness.

Title
Health Sciences Associate Clinical Professor

Specialty
Psychiatry, Palliative Care, Psycho-Oncology, Bioethics

Department
Psychiatry and Behavioral Sciences

Division
Psychiatry

Center/Program Affiliation
UC Davis Comprehensive Cancer Center

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UC Davis Comprehensive Cancer Center, 2279 45th Street Sacramento, CA 95817
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Education
M.D., UC Davis School of Medicine, Sacramento CA 2005
M.P.H., Harvard University School of Public Health, Boston MA 2006
B.A., Swarthmore College, Swarthmore PA 1995

Internships
Psychiatry, UC Davis Medical Center, Sacramento CA 2006-2007

Residency
Psychiatry, UC Davis Medical Center, Sacramento CA 2007-2010

Fellowships
Palliative Care Psychiatry, Institute for palliative Medicine at San Diego Hospice, San Diego CA 2010-2011

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Board Certifications

American Board of Psychiatry and Neurology
Hospice and Palliative Medicine

Professional Memberships

American Academy of Hospice and Palliative Medicine
American Psychiatric Association
American Psychosocial Oncology Society
American Society for Bioethics and Humanities

Select Recent Publications

Reed SC, Bell JF, Miglioretti DL, Nekhlyudov L, Fairman N, Joseph JG. Relationships Between Fear of Cancer Recurrence and Lifestyle Factors Among Cancer Survivors. J Cancer Educ. 2020 Aug;35 (4):669-677. doi:10.1007/s13187-019-01509-2. PMID:30879181.

Fedyk M, Black H, Yarborough M, Fairman N, Wenger NS. Bioethics Emergencies Can Be Used to Perform a Real-World Test of Utilitarian Policies. Am J Bioeth. 2020 Jul;20(7):101-103. doi: 10.1080/15265161.2020.1779398. PMID:32716765.

Tong EK, Wolf T, Cooke DT, Fairman N, Chen MS Jr. The Emergence of a Sustainable Tobacco Treatment Program across the Cancer Care Continuum: A Systems Approach for Implementation at the University of California Davis Comprehensive Cancer Center. Int J Environ Res Public Health. 2020 May 6;17(9):3241. doi:10.3390/ijerph17093241. PMID:32384731.

Reed SC, Bell JF, Miglioretti DL, Nekhlyudov L, Fairman N, Joseph JG. Fear of cancer recurrence and associations with mental health status and individual characteristics among cancer survivors: Findings from a nationally representative sample. J Psychosoc Oncol. 2020 Mar-Apr;38(2):125-142. doi:10.1080/07347332.2019.1649338. Epub 2019 Sep 11. PMID:31510882.

Anderson WG, Puntillo K, Cimino J, Noort J, Pearson D, Boyle D, Grywalski M, Meyer J, O'Neil-Page E, Cain J, Herman H, Barbour S, Turner K, Moore E, Liao S, Ferrell B, Mitchell W, Edmonds K, Fairman N, Joseph D, MacMillan J, Milic MM, Miller M, Nakagawa L, O'Riordan DL, Pietras C, Thornberry K, Pantilat SZ. Palliative Care Professional Development for Critical Care Nurses: A Multicenter Program. Am J Crit Care. 2017 Sep;26(5):361-371. doi:10.4037/ajcc2017336. PMID: 28864431.

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Iglewicz A, Morrison K, Nelesen RA, Zhan T, Iglewicz B, Fairman N, Hirst JM, Irwin SA. Ketamine for the treatment of depression in patients receiving hospice care: a retrospective medical record review of thirty-one cases. Psychosomatics. 2015 Jul-Aug;56(4):329-37. doi:10.1016/j.psym.2014.05.005. Epub 2014 Jun 5. PMID:25616995.

Fairman N, Hirst JM, Irwin SA. Clinical Manual of Palliative Care Psychiatry. American Psychiatric Publishing, Inc. Washington, DC. 2016 Mar.

Fairman N, Irwin SA. Depression and the Desire to Die Near the End of Life. In: Youngner SJ, Arnold RM, Eds. The Oxford Handbook of Ethics at the End of Life. Oxford University Press. New York, NY. Jan 2016.

Fairman N, Hirst JM, Irwin SA. Depression and Anxiety: Assessment and Management in Hospitalized Patients with Serious Illness. In: Pantilat S, Anderson W, Gonzales M, Widera E, Eds. Hospital-Based Palliative Medicine: A Practical, Evidence-Based Approach. John Wiley %26amp%3B Sons, Inc. Hoboken, NJ. 2015 Feb.

Fairman N, Thomas LP, Whitmore S, Meier EA, Irwin SA. What did I miss? A qualitative assessment of the impact of patient suicide on hospice clinical staff. J Palliat Med. 2014 Jul;17(7):832-6. doi:10.1089/jpm.2013.0391. Epub 2014 Apr 9. PMID:24717077.

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