



Stephanie Crossen, M.D., M.P.H.

Philosophy of Care

I enjoy working with patients and their parents to deliver individualized treatment plans, and appreciate the longterm relationships that I develop with families. When not working, I recharge at home with my husband and two young children. I spent my own childhood and adolescence in Davis, and after sixteen years away I was pleased to return home when I joined the UCD faculty in 2016.

Clinical Interests

Dr. Crossen provides clinical care for infants, children, and adolescents with a wide variety of endocrine conditions. Her expertise includes disorders of the thyroid, adrenal, and pituitary glands; disorders of growth, puberty, and sexual development; disorders of bone health and calcium regulation; type 1 and type 2 diabetes mellitus; and various genetic conditions with associated endocrine issues.

Research/Academic Interests

Dr. Crossen is dedicated to improving the management of chronic conditions for pediatric patients within our healthcare system. Her current research focuses on leveraging telehealth technologies to improve care delivery and outcomes for children and adolescents with type 1 diabetes.

Title Assistant Professor

Specialty Pediatric Endocrinology

Department [Pediatrics](#)

Division Pediatric Endocrinology

Center/Program Affiliation [UC Davis Children's Hospital](#)

[Center for Health and Technology](#)

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Education M.D., University of North Carolina at Chapel Hill School of Medicine, Chapel Hill NC 2010

M.P.H., UNC Gillings School of Global Public Health, Chapel Hill NC 2009

B.S., Stanford University, Stanford CA 2004

Internships Pediatrics, Oregon Health Sciences University, Portland OR 2010-2011



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- Residency** Pediatrics, Oregon Health Sciences University, Portland OR 2011-2013
- Fellowships** Pediatric Endocrinology, Stanford University, Stanford CA 2013-2016
- Board Certifications** American Board of Pediatrics
American Board of Pediatrics, Pediatric Endocrinology
- Professional Memberships** American Diabetes Association
Endocrine Society
Pediatric Endocrine Society
- Honors and Awards** Dr. Anthony E. Philipps Research Award, 2020
Golden Apple Teaching Award, UC Davis Pediatrics Residency, 2019, 2020
Dean's Scholar Award, UC Davis School of Medicine, 2019, 2020
Sacramento Magazines Top Doctors, 2018, 2019
Ramsay Fellowship in Pediatric Translational Medicine, Stanford University 2014, 2015, 2016
James K Lace Advocacy Award, Oregon Pediatric Society, 2013
Delta Omega National Honors Society for Public Health, 2009
Heusner Pupil Award, UNC Chapel Hill School of Medicine, 2008
- Select Recent Publications** Crossen S, Raymond J, Neinstein A. Top 10 Tips for Successfully Implementing a Diabetes Telehealth Program. *Diabetes Technol Ther.* 2020;10.1089/dia.2020.0042. doi:10.1089/dia.2020.0042.
- Crossen S, Xing G, Hoch JS. Changing costs of type 1 diabetes care among US children and adolescents. *Pediatr Diabetes.* 2020;21(4):644-648. doi:10.1111/pedi.12996.
- Crossen SS, Marcin JP, Qi L, et al. Home Visits for Children and Adolescents with Uncontrolled Type 1 Diabetes. *Diabetes Technol Ther.* 2020;22(1):34-41. doi:10.1089/dia.2019.0214.
- Crossen S, Glaser N, Sauers-Ford H, Chen S, Tran V, Marcin J. Home-based video visits for pediatric patients with poorly controlled type 1 diabetes. *J Telemed Telecare.* 2019; 1357633X19828173. doi:10.1177/1357633X19828173.



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Crossen SS, Zambrano E, Newman B, et al. Tumor-induced Osteomalacia in a 3-Year-Old With Unresectable Central Giant Cell Lesions. *J Pediatr Hematol Oncol*. 2017;39(1):e21-e24. doi: 10.1097/MPH.0000000000000686.

Crossen SS, Wilson DM, Saynina O, Sanders LM. Outpatient care preceding hospitalization for diabetic ketoacidosis. *Pediatrics*. 2016 Jun;137(6):e20153497.

Neely EK, Crossen SS. Precocious puberty. *Curr Opin Obstet Gynecol*. 2014;26(5):332-8.

Crossen SS, Hanna C, Anderson JM. Visual diagnosis: premature baby girl with ambiguous genitalia. *NeoReviews*. 2013 Jul;14(7):e377.

Wroolie TE, Williams KE, Keller J, Zappert LN, Shelton SD, Kenna HA, Reynolds MF, Rasgon NL. Mood and neuropsychological changes in women with mid-life depression treated with escitalopram. *Journal of Clinical Psychopharmacology*. 2006 Aug;26(4):361-6.

Rasgon N, Shelton S, Halbreich U. Perimenopausal mental disorders: epidemiology and phenomenology. *CNS Spectrums*. 2005 Jun;10(6):471-8.

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