



## Stephanie Crossen, M.D., M.P.H.

### Philosophy of Care

I enjoy working with patients and their parents to deliver individualized treatment plans that promote health and wellness, and appreciate the longterm relationships that I develop with families. When not working, I recharge at home with my husband and two children. I spent my own childhood and adolescence in Davis, and after sixteen years away I was pleased to return home when I joined the UC Davis Health faculty in 2016.

### Clinical Interests

Dr. Crossen provides clinical care for infants, children, and adolescents with a wide variety of endocrine conditions. Her expertise includes disorders of the thyroid, adrenal, and pituitary glands; disorders of growth, puberty, and sexual development; disorders of bone health and calcium regulation; type 1 and type 2 diabetes mellitus; and various genetic conditions with associated endocrine issues.

### Research/Academic Interests

Dr. Crossen is dedicated to improving the management of chronic conditions for pediatric patients within our healthcare system. Her current research focuses on leveraging telehealth, digital health technologies, and remote patient monitoring to improve care delivery and outcomes for youth living with type 1 diabetes.

**Title** Associate Professor

**Specialty** Pediatric Endocrinology

**Department** [Pediatrics](#)

**Division** Pediatric Endocrinology and Diabetes

**Center/Program Affiliation** [UC Davis Children's Hospital](#)  
[Center for Health and Technology](#)  
[Clinical and Translational Science Center](#)  
[Center for Healthcare Policy and Research](#)

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**Education** M.D., University of North Carolina at Chapel Hill School of Medicine, Chapel Hill NC 2010  
M.P.H., UNC Gillings School of Global Public Health, Chapel Hill NC 2009



## Stephanie Crossen, M.D., M.P.H.

B.S., Stanford University, Stanford CA 2004

**Internships** Pediatrics, Oregon Health Sciences University, Portland OR 2010-2011

**Residency** Pediatrics, Oregon Health Sciences University, Portland OR 2011-2013

**Fellowships** Pediatric Endocrinology, Stanford University, Stanford CA 2013-2016

**Board Certifications** American Board of Pediatrics  
American Board of Pediatrics, Pediatric Endocrinology

**Professional Memberships** American Diabetes Association  
Endocrine Society  
Pediatric Endocrine Society

**Honors and Awards** K23 Award, National Institute of Diabetes and Digestive and Kidney Diseases, 2020, 2021, 2022, 2023, 2024  
Golden Apple Teaching Award, UC Davis Pediatrics Residency, 2019, 2020, 2021, 2022, 2023  
Eli Gold Award, UC Davis Department of Pediatrics, 2020  
KL2 Award, UC Davis Clinical and Translational Science Center, 2017, 2018, 2019  
Anthony E. Philipps Research Award, UC Davis Department of Pediatrics, 2020

**Select Recent Publications** Complete List of Published Work: <https://www.ncbi.nlm.nih.gov/myncbi/stephanie.crossen.1/bibliography/public/>

Crossen SS, Wagner DV. Narrowing the divide: the role of telehealth in type 1 diabetes care for marginalized communities. Journal of Diabetes Science and Technology. 10 March 2023 published online: <https://doi.org/10.1177/19322968231157367>.

Crossen SS, Romero CC, Lewis C, Glaser NS. Remote glucose monitoring is feasible for patients and providers using a commercially available population health platform. Front Endocrinol (Lausanne). 2023 Feb 2;14:1063290. doi: 10.3389/fendo.2023.1063290. PMID: 36817610; PMCID: PMC9931729.



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Haynes SC, Kompala T, Tancredi DJ, Neinstein AB, Crossen SS. Factors associated with discontinuation of subspecialty diabetes care during the COVID-19 pandemic: a multi-site retrospective cohort study. *Diabetes Care*. 2022 Feb 1;45(2):e34-e36. doi: 10.2337/dc21-1360. PMID: 35020822.

Crossen SS, Romero CC, Loomba LA, Glaser NS. Patient perspectives on use of video telemedicine for type 1 diabetes care in the United States during the COVID-19 pandemic. *Endocrines*. 2021 Nov 1;2(4):449-456. doi:10.3390/endocrines2040040.

Haynes SC, Kompala T, Neinstein A, Rosenthal J, Crossen S. Disparities in telemedicine use for subspecialty diabetes care during COVID-19 shelter-in-place orders. *J Diabetes Sci Tech*. 2021 Sep; 15(5):986-992. doi:1177/1932296821997851. Epub 2021 Mar 14. PMID:33719622.

Crossen S, Raymond J, Neinstein A. Top 10 Tips for Successfully Implementing a Diabetes Telehealth Program. *Diabetes Technol Ther*. 2020 Dec;22(12):920-928. doi:10.1089/dia.2020.0042. Epub 2020 Apr 21. PMID:32191141.

Crossen S, Xing G, Hoch JS. Changing costs of type 1 diabetes care among US children and adolescents. *Pediatric Diabetes*. 2020 Jun;21(4):644-648. doi: 10.1111/pedi.12996. Epub 2020 Mar 2. PMID: 32061049; PMCID: PMC7217720.

Crossen SS, Marcin JP, Qi L, Sauers-Ford HS, Reggiardo AM, Chen ST, Tran VA, Glaser NS. Home Visits for Children and Adolescents with Uncontrolled Type 1 Diabetes. *Diabetes Technology and Therapeutics*. 2020 Jan;22(1):34-41. doi: 10.1089/dia.2019.0214. Epub 2019 Sep 18. PMID:



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Crossen SS, Wilson DM, Saynina O, Sanders LM. Outpatient care preceding hospitalization for diabetic ketoacidosis. *Pediatrics*. 2016 Jun;137(6):e20153497. doi: 10.1542/peds.2015-3497. PMID 27207491. PMCID: PMC4894257.

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