Cathleen R. Lammers, M.D.

Philosophy of Care

As a perioperative physician specializing in pediatric anesthesia, I am committed to providing outstanding care to my patients. I feel that is important that family members have a thorough understanding of the anesthetic process and work with them in a collaborative basis. My position as the Medical Director of the APC allows me to educate patients and their families, answering questions and easing fears about the anesthetic and surgical process.

Clinical Interests

Dr. Lammers is a fellowship-trained pediatric anesthesiologist, administering anesthesia to pediatric patients scheduled for general surgical cases in the Children's Surgery Center. She is the Medical Director of the Anesthesia Pediatric Clinic, which is responsible for seeing pediatric patients prior to the scheduled procedures. Dr. Lammers is active in the educational programs provided to residents and fellows. She has a special clinical interest in the use of opioids in managing pediatric pain.

Research/Academic Interests

Dr. Lammers is engaged in research pediatric pain management, examining treatment of acute and chronic pain. She is focused on education and investigating the impact of the use of opioids in pediatric patients.

Title

Medical Director, Anesthesia Pediatric Clinic
Clinical Professor

Specialty

Pediatric Anesthesiology, Pain Medicine

Department

Anesthesiology and Pain Medicine

Division

Pediatric Anesthesiology

Center/Program Affiliation

UC Davis Children's Hospital

Address/Phone

UC Davis Children's Hospital, 2315 Stockton Blvd. Sacramento, CA 95817
Phone: 800-282-3284

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Phone: 916-734-5028
Fax: 916-734-7980
Clinic Fax: 916-734-7980
Clinic Referral Phone: 800-2-UCDAVIS (800-282-3284)
Physician Referrals: 800-4-UCDAVIS (800-482-3284)

Education

M.D., Baylor College of Medicine, Houston TX 1992
B.S., UC Davis, Davis CA 1988

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Internships
Pediatrics, UC San Francisco, San Francisco CA 1992-1993

Residency
Anesthesiology, Stanford University, Stanford CA 1994-1997

Fellowships
Anesthesiology, Lucile S. Packard Children's Hospital/Stanford Medical School, Stanford CA 1997-1998

Board Certifications
American Board of Anesthesiology
American Board of Anesthesiology - Pediatric Anesthesiology

Professional Memberships
American Board of Anesthesiology
California Society of Anesthesiologists
Society for Pediatric Anesthesia

Honors and Awards
Award from P & T Committee for service contributions on the Pain and Sedation subcommittee, 2020
Top Doctors, Sacramento Magazine, Voted by Sacramento peers, 2020
Chief of Staff Award, Outstanding Leadership in Opioid Stewardship, 2019
Contributions to Patient Safety Events Committee, UC Davis Health, 2018
Best Doctors in America, 2014, 2015, 2017, 2018
Award for Chronic Pain, Vizient, 2017
Thank you from "a grateful patient", UC Davis Health, 2017
106th UC Davis Woman Professor Pin, UC Davis School of Medicine, 2016
Best Doctors, Sacramento Business Journal, 9/16/11 Issue on Sacramento Magazine, 2011-2012
Americans Best Doctor Award, 2011
UC Davis, School of Medicine Appreciation Award Medical Student Research Forum Recognition of Mentoring Scholarly Project Research Student: Dua Anderson, MS IV, 2009
Americans Best Doctor Award, 2007
Certificate of Appreciation, Certificate presented to Dr. Lammers from Paul N. Wilson, MS IV, 2005
Nominee as "Physician of the Year", American Nursing Credentialing Center Magnet Recognition, 2000

Select Recent Publications
Say DS, de Lorimier A, Lammers CR, Natale J, Lakshminrusimha S, Wiedeman J, Partridge E. Addendum to: Risk Stratification and Personal Protective Equipment Use in Pediatric Endoscopy During the COVID-19 Outbreak: A Single-center Protocol. J Pediatr Gastroenterol Nutr. 2020 Jun; 70(6):755-756. doi:10.1097/MPG.0000000000002762. PMID:32443024.

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Say DS, de Lorimier A, Lammers CR, Natale J, Lakshminrusimha S, Wiedeman J, Partridge E. Risk Stratification and Personal Protective Equipment Use in Pediatric Endoscopy During the Coronavirus Disease 2019 Outbreak: A Single-center Protocol. J Pediatr Gastroenterol Nutr. 2020 Jun;70(6):751-754. doi:10.1097/MPG.0000000000002731. PMID:32443023.

Lammers CR, Clark-Wronski J. Anesthesia for Orthopedic Surgery. Gregory G, Andropolous D, (eds). Gregory's Pediatric Anesthesia, 6th Edition, Wiley-Blackwell Publishing, Hoboken, NJ. 2020; 33:834-856.

Stratmann G, Lee J, Sall JW, Lee BH, Alvi RS, Shih J, Rowe AM, Ramage TM, Chang FL, Alexander TG, Lempert DK, Lin N, Siu KH, Elphick SA, Wong A, Schnair CI, Vu AF, Chan JT, Zai H, Wong MK, Anthony AM, Barbour KC, Ben-Tzur D, Kazarian NE, Lee JY, Shen JR, Liu E, Behniwal GS, Lammers CR, Quinones Z, Aggarwal A, Cedars E, Yonelinas AP, Ghetti S. Effect of general anesthesia in infancy on long-term recognition memory in humans and rats. Neuropsychopharmacology. 2014 Sep;39(10):2275-87. doi:10.1038/npp.2014.134. Epub 2014 Jun 9. PMID:24910347.

Lammers CR, Wyckaert C. Anesthesia for Orthopedic Surgery. Gregory GA, Andropolous DB, (eds). Gregory's Pediatric Anesthesia, 5th edition, Wiley-Blackwell, Chichester, West Sussex, UK. 2012;30:757-776.

Academy of Breastfeeding Medicine. ABM Clinical Protocol #25: Recommendations for preprocedural fasting for the breastfed infant: 'NPO' Guidelines. Breastfeed Med. 2012 Jun;7(3): 197-202. doi:10.1089/bfm.2012.9988. PMID:22803929.

Crandall M, Lammers C, Senders C, Braun JV. Children's tonsillectomy experiences: influencing factors. J Child Health Care. 2009 Dec;13(4):308-21. doi:10.1177/1367493509344821. Epub 2009 Oct 15. PMID:19833669.

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Lammers C, Hackel A. Appendix G: Special Considerations for Latex Allergy. Jaffe RA, Samuels SI, (eds). The Anesthesiologist's Manual of Surgical Procedures, Lippincott Williams and Wilkins, Philadelphia. 2009:G1-G2.

Crandall M, Lammers C, Senders C, Braun JV, Savedra M. Children's pre-operative tonsillectomy pain education: clinical outcomes. Int J Pediatr Otorhinolaryngol. 2008 Oct;72(10):1523-33. doi: 10.1016/j.ijporl.2008.07.004. Epub 2008 Aug 30. PMID:18757103.

Crandall M, Lammers C, Senders C, Savedra M, Braun JV. Initial validation of a numeric zero to ten scale to measure children's state anxiety. Anesth Analg. 2007 Nov;105(5):1250-3, table of contents. doi:10.1213/01.ane.0000284700.59088.8b. PMID:17959951.

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