

## Erik Orlando Fernandez y Garcia, M.D., M.P.H.

### Philosophy of Care

It is Dr. Fernandez y Garcia's goal to address pediatric healthcare and health maintenance through the lens of family dynamics and Cultural Humility. He strives to form cooperative relationships with the parents of patients and their communities to ensure that his patient (the child) reaches his or her fullest potential.

He hopes to propagate this philosophy by teaching UC Davis pediatric residents at the General Pediatric Clinic and with our partners the Sacramento Native American Health Center and the Sacramento County Health Center. He also teaches UC Davis medical students in the "Transforming Education and Community Health for Medical Students" (TEACH-MS) program as an Academic Coach. He assists UC Davis Health in meeting its mission to maintain health equity as a Clinical Champion to Reduce Disparities in Population Health.

He also brings this philosophy of care to his research in pediatric-based intergenerational behavioral and mental healthcare.

Dr. Fernandez y Garcia is a Sacramento native who has come back to work in his community.

### Clinical Interests

Dr. Fernandez y Garcia's clinical interests include pediatric health equity, pediatric asthma, pediatric nutrition, school performance, pediatric sports medicine, and intergenerational behavioral and mental health.

### Research/Academic Interests

Dr. Fernandez y Garcia's research interests focus on developing pediatric setting-based interventions to improve parenting and pediatric behavioral and mental health; healthcare inequities rooted in social constructs such as socioeconomic status and race/ethnicity; and Cultural Humility-based education for medical students and resident physicians.

Dr. Fernandez y Garcia is also an Academic Coach for the School of Medicine. You can read more here: <https://health.ucdavis.edu/mdprogram/Academic-Coaching/overview.html>

### Title

Professor of Clinical Pediatrics, Department of Pediatrics

Academic Coach, School of Medicine

Clinical Champion to Reduce Disparities, Population Health UC Davis Health

### Specialty

[Pediatrics General](#)

### Department

[Pediatrics](#)

### Division

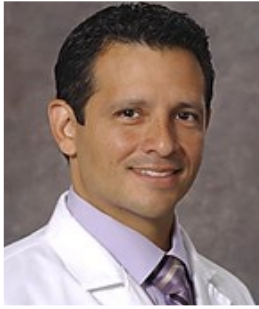
General Pediatrics

### Center/Program Affiliation

[Center for Healthcare Policy and Research](#)

[UC Davis Children's Hospital](#)

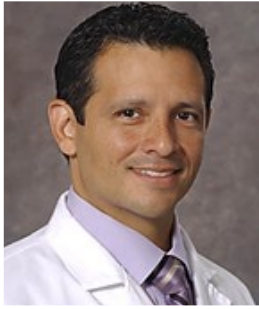
[UC Davis Medical Group](#)



## Erik Orlando Fernandez y Garcia, M.D., M.P.H.

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<b>Additional Phone</b>	Clinic Phone: 916-734-3112 Physician Referrals: 800-4-UCDAVIS (800-482-3284)
<b>Languages</b>	Spanish
<b>Education</b>	M.D., UCLA/Charles R. Drew University of Medicine and Science, Los Angeles CA 1999 M.P.A., Health Services and Public Policy, UCLA, Los Angeles CA 2000 B.S., Biology/Spanish, St. Mary's College of California, Moraga CA 1995
<b>Internships</b>	Pediatrics, Children's Hospital Oakland, Oakland CA 2000-2001
<b>Residency</b>	Pediatrics, Children's Hospital Oakland, Oakland CA 2001-2003
<b>Fellowships</b>	Multicultural Pediatric Health, Children's Hospital Oakland, Oakland CA 2003-2004
<b>Board Certifications</b>	American Board of Pediatrics
<b>Professional Memberships</b>	Alpha Omega Alpha, Medical Honor Society American Academy of Pediatrics - Fellow Board Member, Sacramento Latino Medical Association (SaLMA) Commissioner, Sacramento County First 5 Commission Society for Pediatric Research
<b>Honors and Awards</b>	Recognition for Leadership on the Council of Medical Societies, 2013 Ambassador of Diversity-UC Davis Health System/School of Medicine, 2007 Faculty Teaching Award – UC Davis Pediatric Residency Program, 2006 Dr. Charles R. Drew Award – Charles R. Drew University of Medicine and Science's highest award for exemplary combination of compassion and academic excellence over all years of training, 1999 Primary Care Research Award, Charles R. Drew University of Medicine and Science, 1999
<b>Select Recent Publications</b>	Visit Pubmed for articles by Dr. Fernandez y Garcia: <a href="https://pubmed.ncbi.nlm.nih.gov/?term=Fernandez+y+Garcia+E%26amp%3Bcauthor_id=17546451">https://pubmed.ncbi.nlm.nih.gov/?term=Fernandez+y+Garcia+E%26amp%3Bcauthor_id=17546451</a>

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## Erik Orlando Fernandez y Garcia, M.D., M.P.H.

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Fernandez y Garcia E. California Task Force on Maternal Mental Health.\* A Report from the California Task Force on the Status of Maternal Mental Health Care: a catalyst for shifting statewide systems to improve care across California and beyond. 2017 Apr. <https://static1.squarespace.com/static/56d5ca187da24ffed7378b40/t/5b40f84503ce641f98dbd329/1530984521889/Report-CATaskForce-7.18.pdf>

Fernandez y Garcia E, Joseph J, Wilson MD, Hinton L, Simon G, Ludman E, Scott F, Kravitz RL. Pediatric-based intervention to motivate mothers to seek follow-up for depression screens: The Motivating Our Mothers (MOM) trial. *Acad Pediatr*. 2015 May-Jun;15(3):311-8. doi:10.1016/j.acap.2014.11.008. PMID:25906700.

Fernandez y Garcia E, Breslau J, Hansen R, Miller EM. Unintended Consequences: An Ethnographic Narrative Case-Series Exploring Language Recommendations for Bilingual Families of Children with Autism Spectrum Disorders. *J Med Speech Language Pathol*. 2012 Jun;20(2):10-16.

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