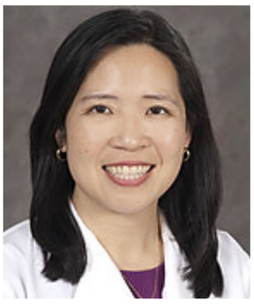

Elisa K. Tong, M.D., M.A.

Philosophy of Care

In general medicine, I enjoy taking care of the whole person whether they are in the clinic or hospital. Listening to my patients helps me understand how I can help support them, from preventive care for staying healthy to diagnosing and treating disease. Since tobacco is the leading preventable cause of death and worsens many diseases, I am dedicated to helping people and our communities become smoke and tobacco-free. Quitting tobacco for good can be one of the most difficult things to do but it's never too late to connect with positive support and enjoy the immediate health benefits.

Clinical Interests

Dr. Tong is a general internist who helps care for patients in the clinic and hospital. She has a special clinical interest in tobacco treatment and is the Medical Director for the Stop Tobacco Program at the UC Davis Comprehensive Cancer Center. She works closely with tobacco treatment partners in UCD Health Management Education (livinghealthy.ucdavis.edu) and the California Smokers' Helpline (nobutts.org, now Kick It California).

Research/Academic Interests

Dr. Tong's research interests are in tobacco control policy and cessation, with special interests in health services delivery of tobacco treatment, interventions to address tobacco/cancer disparities, and the behavioral impact of smoke and tobacco-free policies. She has founded and led "UC Quits" and now "CA Quits", a statewide project funded by the California Tobacco Control Program, which supports the integration of tobacco treatment into health systems in partnership with the California Department of Health Care Services. She has led tobacco interventions targeting diverse populations including college students, Chinese smokers and household nonsmokers, Medi-Cal members, and patients with cancer.

Title

Professor, Department of Internal Medicine
Medical Director, Stop Tobacco Program, UC Davis Comprehensive Cancer Center

Specialty

Health Services Research

Department

Internal Medicine

Division

General Medicine

Center/Program Affiliation

UC Davis Comprehensive Cancer Center
Center for Healthcare Policy and Research

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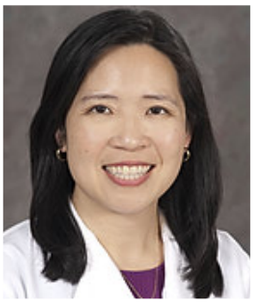

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Education
M.D., Stanford University School of Medicine, Stanford CA 2000
M.A., Heath Services Research, Stanford University, Stanford CA 2000
B.A., Stanford University, Stanford CA 1994

Residency
Internal Medicine, Santa Clara Valley Medical Center, San Jose CA 2000-2003

Fellowships
Dissemination and Implementation Research in Cancer, National Cancer Institute, 2020
Multilevel Intervention Training Institute, National Cancer Institute, 2020
General Internal Medicine Research, UC San Francisco School of Medicine, San Francisco CA 2003-2006

Board Certifications
Advanced Training in Clinical Research, Certificate
American Board of Internal Medicine, 2013

Professional Memberships
American Public Health Association
California Medical Association
Greater Sacramento Smoke & Tobacco-Free Coalition
Sierra Sacramento Valley Medical Society
Society for General Internal Medicine

Honors and Awards
Excellence in Clinical Investigation Award, CA-HI Society for General Internal Medicine, 2021
Healthcare Science Delivery Award, UC Davis Health Quality Forum, 2020
Faculty Research Award, Department of Internal Medicine, UC Davis Health, 2018
Christopher N.H. Jenkins Award for AAPI Cancer Prevention and Control, 2017
"Best Published Paper", Asian Pacific Islander Caucus, American Public Health Association, 2016
UC Davis Medical Center Dean's Team Award for Clinical Care & Inclusion Excellence, 2016
UC Health Center for Health Quality and Innovation Fellowship, 2013
UC Davis Health System Employee Excellence Award for Diversity, 2012
UC Davis Health System Employee Excellence Award for Social Responsibility, 2011
Christine and Helen S. Landgraf Memorial Research Award for Cancer Research, 2010
American Legacy Foundation Sybil G. Jacobs Award for Outstanding Use of Tobacco Industry Documents, 2007

Select Recent Publications
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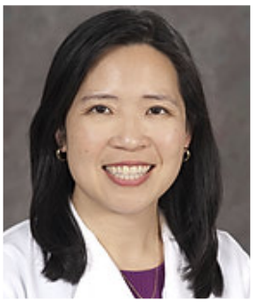

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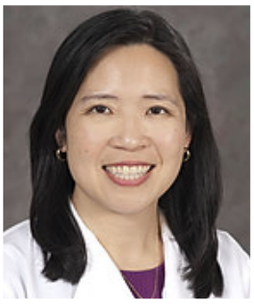

Elisa K. Tong, M.D., M.A.

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