Laura Kair, M.D., M.A.S.

Philosophy of Care Dr. Kair strives to provide high-quality, equitable pediatric care that combines updated scientific

evidence with the needs of each individual child and family.

Clinical Interests Dr. Kair serves as Medical Director of Well Newborn Care at UC Davis Children's Hospital. She

works clinically as a newborn hospitalist and a pediatric hospitalist.

Research/Academic Interests Dr. Kair conducts clinical research focused on improving maternal and child health through

designing and implementing evidence-based interventions aimed at overcoming barriers to lactation and human milk feeding. She is also passionate about care of term and late preterm

newborns and healthcare equity.

Title Associate Professor of Clinical Pediatrics

Specialty Pediatric Hospital Medicine, Pediatrics General

Department Pediatrics

Division General Pediatrics

Pediatric Hospital Medicine

Center/Program Affiliation UC Davis Children's Hospital

Center for Healthcare Policy and Research

Address/Phone UC Davis Children's Hospital, 2315 Stockton Blvd. Sacramento, CA 95817

Phone: 800-282-3284

Additional Phone Clinic Phone: 916-734-2011

Physician Referrals: 800-4-UCDAVIS (800-482-3284)

Education M.D., University of Iowa Carver College of Medicine, Iowa City IA 2010

M.A.S., UC Davis, Sacramento CA 2019

B.S., Midwestern State University, Wichita Falls TX 2006

Internships Pediatrics, Oregon Health Sciences University, Portland OR 2010-2011

Residency Pediatrics, Oregon Health Sciences University, Portland OR 2011-2013

Fellowships Mentored Clinical Research Program, UC Davis, Sacramento CA 2017-2019

Board Certifications American Board of Pediatrics

American Board of Pediatrics, Pediatric Hospital Medicine

Professional Memberships Academic Pediatric Association



Laura Kair, M.D., M.A.S.

Academy of Breastfeeding Medicine American Academy of Pediatrics Society for Pediatric Research (SPR)

Honors and Awards UC Davis Department of Pediatrics Golden Apple Teaching Award, 2019, 2020

Children's Miracle Network, UC Davis Dr. Anthony F. Philipps Research Award, 2019

UC Davis Eli Gold Award, 2019

Nutrition in Underserved Communities Young Investigator Award, Academic Pediatric Association,

2017

Resident Research Award, Academic Pediatric Association, 2012

Select Recent Publications To view a detailed list of Dr. Kair's publications, please click here.

Cheema R, Partridge E, Kair LR, Kuhn-Riordon KM, Silva AI, Bettinelli ME, Chantry CJ, Underwood MA, Lakshminrusimha S, Blumberg D. Protecting Breastfeeding during the COVID-19 Pandemic. Am J Perinatol. 2023 Feb;40(3):260-266. doi:10.1055/s-0040-1714277. Epub 2020 Jul 21. PMID:32693415.

Kair LR, Phillipi CA, Wood KE. Long-Awaited AAP Hyperbilirubinemia Guidelines Have Arrived. Hosp Pediatr. 2022 Dec 1;12(12):e443-e445. doi:10.1542/hpeds.2022-006938. PMID:36073232.

Nidey N, Hoyt-Austin A, Chen MJ, Bentley B, Tabb KM, Anyigbo C, Wilder C, Terplan M, McAllister JM, Wexelblatt SL, Murnan A, Kair LR. Racial Inequities in Breastfeeding Counseling Among Pregnant People Who Use Cannabis. Obstet Gynecol. 2022 Nov 1;140(5):878-881. doi: 10.1097/AOG.0000000000004834. Epub 2022 Oct 5. PMID:36201781.

Chen MJ, Kair LR, Schwarz EB, Creinin MD, Chang JC. Future Pregnancy Considerations after Premature Birth of an Infant Requiring Intensive Care: A Qualitative Study. Womens Health Issues. 2022 Sep-Oct;32(5):484-489. doi:10.1016/j.whi.2022.03.004. Epub 2022 Apr 28. PMID: 35491347



Laura Kair, M.D., M.A.S.

Richardson GM, Mitchell E, Stratton K, Kair LR, Marshall LM. History of Breastfeeding and Stroke Prevalence Among Parous Females: Findings from the National Health and Nutrition Examination Survey, 1999-2012. Breastfeed Med. 2022 Sep;17(9):768-775. doi:10.1089/bfm.2022.0107. Epub 2022 Aug 12. PMID:35960501.

Hoyt-Austin AE, Miller IT, Kuhn-Riordon KM, Rosenthal JL, Chantry CJ, Marcin JP, Hoffman KR, Kair LR. Bonding, Relaxation, Separation, and Connection: Expressing Human Milk While Videoconferencing with the Hospitalized Premature Infant. Breastfeed Med. 2022 Aug;17(8):653-659. doi:10.1089/bfm.2021.0214. Epub 2022 May 23. PMID:35605051.

Kair LR, Goyal NK. Hospital Readmission Among Late Preterm Infants: New Insights and Remaining Questions. Hosp Pediatr. 2022 Jul 1;12(7):e273-e274. doi:10.1542/hpeds.2022-006640. PMID:35694875.

Nidey N, Groh K, Agnoli A, Wilder C, Froehlich TE, Weber S, Kair LR. Breastfeeding Initiation and Continuation Among Women with Substance and Tobacco Use During Pregnancy: Findings from the Pregnancy Risk Assessment Monitoring System 2016-2018. Breastfeed Med. 2022 Jun;17(6): 544-549. doi:10.1089/bfm.2021.0337. Epub 2022 Apr 26. PMID:35475630.

Mitchell KB, Johnson HM, Rodríguez JM, Eglash A, Scherzinger C, Zakarija-Grkovic I, Cash KW, Berens P, Miller B; Academy of Breastfeeding Medicine. Academy of Breastfeeding Medicine Clinical Protocol #36: The Mastitis Spectrum, Revised 2022. Breastfeed Med. 2022 May;17(5):360-376. doi:10.1089/bfm.2022.29207.kbm. Erratum in: Breastfeed Med. 2022 Nov;17(11):977-978. PMID:35576513.

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