



## Peter Mackinlay Yellowlees, M.B.B.S., M.D.

### Philosophy of Care

Dr. Yellowlees has many years of experience in treating physicians and other clinical and academic professionals and has written several books about the special needs of such individuals.

### Clinical Interests

Dr. Yellowlees has been involved in patient care, research and education for the past 30 years, focusing on psychiatry, physician wellbeing, telemedicine and health informatics. He is an experienced and successful principal research investigator and currently hold 3 federal grants having obtained prior funding from multiple sources in both the USA and Australia. He has developed and taught hybrid postgraduate programs in health informatics, psychiatry and clinician wellbeing and has been involved with mentoring fellows and young faculty for over 25 years in both psychiatry and health informatics. Dr. Yellowlees specializes in seeing physicians and faculty as patients.

### Research/Academic Interests

Dr. Yellowlees is an internationally renowned expert on telepsychiatry and physician wellbeing.

### Title

Allan Stoudemire Endowed Distinguished Professor of Psychiatry

### Specialty

General Psychiatry, Physician Health

### Department

[Psychiatry and Behavioral Sciences](#)

### Division

Psychiatry

### Address/Phone

Psychiatry and Behavioral Sciences, Psychiatry and Behavioral Sciences - Behavioral Health Center, 2230 Stockton Blvd. Sacramento, CA 95817

**Phone:** 916-734-3574

### Additional Phone

Clinic Phone: 916-734-3574

### Education

M.D., Flinders University, Adelaide, Australia 1989

M.B.B.S., University College London, London, UK 1979

B.Sc., Psychology Sociology and Biomechanics, University of London, London, UK 1976

### Residency

Psychiatry, Flinders University, Adelaide, Australia 1980-1984

### Board Certifications

Australia - Psychiatry

United Kingdom - Psychiatry

### Professional Memberships

American Psychiatric Association

American Telemedicine Association



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### Honors and Awards

Chief of Staff Award, for Wellbeing Committee work, UC Davis, 2017  
Dean's Team Award, UC Davis School of Medicine, 2013  
Stangler Innovator of the Year, American Association for Technology in Psychiatry, 2009  
Best Teacher, UC Davis Health Informatics Program, 2009  
Outstanding Service Award, UC Davis Extension, 2008

### Select Recent Publications

Parish MB, Gonzalez A, Hilty D, Chan S, Xiong G, Scher L, Liu D, Sciolla A, Shore J, McCarron R, Kahn D, Iosif AM, Yellowlees P. Asynchronous Telepsychiatry Interviewer Training Recommendations: A Model for Interdisciplinary, Integrated Behavioral Health Care. *Telemed J E Health*. 2021 Sep;27(9):982-988. doi:10.1089/tmj.2020.0076. Epub 2021 Jan 12. PMID: 33434453.

Yellowlees PM, Parish MB, Gonzalez AD, Chan SR, Hilty DM, Yoo BK, Leigh JP, McCarron RM, Scher LM, Sciolla AF, Shore J, Xiong G, Soltero KM, Fisher A, Fine JR, Bannister J, Iosif AM. Clinical Outcomes of Asynchronous Versus Synchronous Telepsychiatry in Primary Care: Randomized Controlled Trial. *J Med Internet Res*. 2021 Jul 20;23(7):e24047. doi:10.2196/24047. PMID:33993104.

Yellowlees P. Commentary on Avalone et al. Reimbursement for Telepsychiatry: Permanent Changes Are Needed. *Psychiatr Serv*. 2021 Jun;72(6):724-725. doi:10.1176/appi.ps.202000890. PMID:34110251.

Sciolla AF, Haskins J, Chang CH, Kirshnit C, Rea M, Uppington J, Yellowlees P. The Suicide Prevention, Depression Awareness, and Clinical Engagement Program for Faculty and Residents at the University of California, Davis Health. *Acad Psychiatry*. 2021 Jun;45(3):272-278. doi:10.1007/s40596-021-01439-6. Epub 2021 Apr 2. PMID:33797017.

Yellowlees P, Coate L, Misquitta R, Wetzel AE, Parish MB. The Association Between Adverse Childhood Experiences and Burnout in a Regional Sample of Physicians. *Acad Psychiatry*. 2021 Apr;45(2):159-163. doi:10.1007/s40596-020-01381-z. Epub 2021 Jan 6. PMID:33409937.



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Hilty DM, Torous J, Parish MB, Chan SR, Xiong G, Scher L, Yellowlees PM. A Literature Review Comparing Clinicians' Approaches and Skills to In-Person, Synchronous, and Asynchronous Care: Moving Toward Competencies to Ensure Quality Care. *Telemed J E Health*. 2021 Apr;27(4):356-373. doi:10.1089/tmj.2020.0054. Epub 2020 May 15. PMID:32412882.

Kinoshita S, Cortright K, Crawford A, Mizuno Y, Yoshida K, Hilty D, Guinart D, Torous J, Correll CU, Castle DJ, Rocha D, Yang Y, Xiang YT, Kølbaek P, Dines D, ElShami M, Jain P, Kallivayalil R, Solmi M, Favaro A, Veronese N, Seedat S, Shin S, Salazar de Pablo G, Chang CH, Su KP, Karas H, Kane JM, Yellowlees P, Kishimoto T. Changes in telepsychiatry regulations during the COVID-19 pandemic: 17 countries and regions' approaches to an evolving healthcare landscape. *Psychol Med*. 2020 Nov 27:1-8. doi:10.1017/S0033291720004584. Epub ahead of print. PMID:33243311.

Nakagawa K, Yellowlees P. Inter-generational Effects of Technology: Why Millennial Physicians May Be Less at Risk for Burnout Than Baby Boomers. *Curr Psychiatry Rep*. 2020 Jul 13;22(9):45. doi:10.1007/s11920-020-01171-2. PMID:32661817.

Yellowlees P, Nakagawa K, Pakyurek M, Hanson A, Elder J, Kales HC. Rapid Conversion of an Outpatient Psychiatric Clinic to a 100% Virtual Telepsychiatry Clinic in Response to COVID-19. *Psychiatr Serv*. 2020 Jul 1;71(7):749-752. doi:10.1176/appi.ps.202000230. Epub 2020 May 28. PMID:32460683.

Gardner JS, Plaven BE, Yellowlees P, Shore JH. Remote Telepsychiatry Workforce: a Solution to Psychiatry's Workforce Issues. *Curr Psychiatry Rep*. 2020 Jan 27;22(2):8. doi:10.1007/s11920-020-1128-7. PMID:31989417.

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