



## Michelle L. Dossett, M.D., Ph.D., M.P.H.

### Philosophy of Care

As a physician, my goal is to serve as a consultant and advocate for your health. I believe in the importance of having a healing relationship with your clinician and providing whole person centered care.

In my free time, I enjoy vegetarian cooking, hiking, meditating, practicing yoga, playing the harmonium, and singing.

### Clinical Interests

Dr. Dossett helps to care for patients in both the clinic and hospital settings. Her clinical interests include primary care, lifestyle medicine, and integrative medicine. She has extensive experience in using mind-body approaches to reduce stress and mitigate the negative health effects of stress.

### Research/Academic Interests

Dr. Dossett's research focuses on patient-clinician relationships and how the quality of this relationship affects health outcomes. She also has research interests in mind-body and integrative medicine and in clinician well-being.

**Title** Assistant Professor

**Specialty** Internal Medicine, Integrative Medicine

**Department** [Internal Medicine](#)

**Division** General Medicine

**Center/Program Affiliation** [Center for Health Services Research in Primary Care](#)

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**Education** M.D., University of Washington, Seattle WA 2008  
M.P.H., Harvard T.H. Chan School of Public Health, Boston MA 2013  
Ph.D., University of Washington, Seattle WA 2006  
B.S., University of Washington, Seattle WA 1999

**Internships** Internal Medicine, Harvard/Beth Israel Deaconess Medical Center, Boston MA 2008-2009

**Residency** Internal Medicine, Harvard/Beth Israel Deaconess Medical Center, Boston MA 2009-2011



## Michelle L. Dossett, M.D., Ph.D., M.P.H.

**Fellowships** Complementary and Integrative Medicine, Harvard/Beth Israel Deaconess Medical Center, Boston MA 2011-2014

**Board Certifications** American Board of Integrative Medicine  
American Board of Internal Medicine

**Professional Memberships** American College of Physicians  
Society of General Internal Medicine

**Select Recent Publications** Chemali Z, Ezzeddine FL, Gelaye B, Dossett ML, Salameh J, Bizri M, Dubale BW, Fricchione GL. Burnout among healthcare providers in the complex environment of the Middle East: A systematic review. *BMC Public Health*. 2019 Oct 22;19(1):1337. PMID 31640650. DOI: 10.1186/s12889-019-7713-1.

Dubale BW, Friedman LE, Chemali Z, Denninger JW, Mehta DH, Alem A, Fricchione GL, Dossett ML, Gelaye B. Systematic review of burnout among healthcare providers in sub-Saharan Africa. *BMC Public Health*. 2019 Sep 11;19(1):1247. PMID 31510975. DOI: 10.1186/s12889-019-7566-7.

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Dossett ML, Yeh GY. Homeopathy Use in the United States and Implications for Public Health: A Review. *Homeopathy*. 2018 Jan;107(1):3-9. PMID: 29528473. DOI: 10.1055/s-0037-1609016.

Dossett ML, Cohen EM, Cohen J. Integrative Medicine for Gastrointestinal Disease. *Prim Care*. 2017 Jun;44(2):265-280. PMID: 28501229. DOI: 10.1016/j.pop.2017.02.002.

Chad-Friedman E, Pearsall M, Miller KM, Wheeler AE, Denninger JW, Mehta DH, Dossett ML.



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Total Lifestyle Coaching: A Pilot Study Evaluating the Effectiveness of a Mind-Body and Nutrition Telephone Coaching Program for Obese Adults at a Community Health Center. *Glob Adv Health Med.* 2018 Jul 4;7:2164956118784902. PMID: 30013821. DOI: 10.1177/2164956118784902.

Dossett ML, Davis RB, Kaptchuk TJ, Yeh GY. Homeopathy Use by U.S. Adults: Results of a National Survey. *Am J Public Health.* 2016 Apr;106(4):743-745. PMID: 26890179. PMCID: PMC4816083. DOI: 10.2105/AJPH.2015.303025.

Stahl JE, Dossett ML, LaJoie AS, Denninger JW, Mehta DH, Goldman R, Fricchione GL, Benson H. Relaxation Response and Resiliency Training and Its Effect on Healthcare Resource Utilization. *PLoS One.* 2015 Oct 13;10(10):e0140212. PMID: 26461184. PMCID: PMC4603901. DOI: 10.1371/journal.pone.0140212.

Dossett ML, Mu L, Davis R, Bell I, Lembo A, Kaptchuk TJ, Yeh GY. Patient-Provider Interactions Affect Symptoms in Gastroesophageal Reflux Disease: A Pilot Randomized, Double-Blind, Placebo-Controlled Trial. *PLoS One.* 2015 Sep 30;10(9):e0136855. PMID: 26422466. PMCID: PMC4589338. DOI: 10.1371/journal.pone.0136855.

Dossett ML, Davis RB, Lembo AJ, Yeh GY. Complementary and alternative medicine use by US adults with gastrointestinal conditions: Results from the 2012 National Health Interview Survey. *Am J Gastroenterol.* 2014 Nov;109(11):1705-1711. PMID: 25001257. PMCID: PMC4304651. DOI: 10.1038/ajg.2014.108.

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