Michael Wilkes, M.D.

Philosophy of Care

Dr. Wilkes is never rushed or too busy to return calls or check in on patients. He takes the time to listen carefully and explain issues clearly so that patients can decide for themselves and direct their own care. He is culturally respectful, and up to date.

Clinical Interests

Michael Wilkes is widely known for his efforts to introduce medical students to the humanistic side of being a physician, and for working tirelessly to include the public health and social sciences as part of training physicians. He is an award winning teacher who has lead the way toward enormous changes in medical education at UC Davis including UC Davis' "Doctoring" curriculum - a series of seminars through all 4 years of medical school that focus on evidence-based clinical care, communication skills, clinical reasoning and population health. In his current capacity as Director of Global Health he works locally with the UC Davis Vet and Nursing faculty and with medical and health sciences schools around the world as they seek to train the most capable health providers to address local health needs. He serves as a reviewer for many medical publications. He is the Director of Adolescent Health Services at WIND Youth Center, an affiliate of One Community Health and UC Davis.

Research/Academic Interests

Dr. Wilkes' research interests include how to best train tomorrow's doctors. He is also a leader in using eLearning (on-line learning) to help assure that students and practicing doctors are up to date with modern clinical practices. He is also highly sought after around the world to help design or improve medical and health science schools. His current research focuses on identifying emerging or re-emerging One Health infections and exposures in rural communities in Africa and Asia. Dr. Wilkes is also an award winning journalist.

Title

Director, Global Health
Professor, Department of Internal Medicine

Specialty

Internal Medicine, Adolescent Medicine

Department

Internal Medicine

Division

General Medicine

Additional Phone

Clinic Phone: 916-443-3299
Physician Referrals: 800-4-UCDAVIS (800-482-3284)

Education

M.D., University of Connecticut School of Medicine, Storrs CT 1985
M.P.H., Columbia University School of Public Health, New York NY 1987
Ph.D., UCLA School of Public Health, Los Angeles CA 1992
B.A., Film, History and Production, Vassar College, Poughkeepsie NY 1981

UCDAVIS HEALTH

Michael Wilkes, M.D.

Internships

Internal Medicine, New York University Medical Center, Bellevue Hospital, New York NY 1985-1986

Residency

Preventive Medicine, Department of Health, Columbia University, New York NY 1986-1988

Internal Medicine (Primary Care Track), UCLA School of Medicine, Los Angeles CA 1990-1991

Fellowships

Robert Wood Johnson Clinical Scholar, UCLA School of Medicine, Los Angeles CA 1988-1990

Board Certifications

California Medical License

Honors and Awards

C. John Tupper Award for Excellence in Teaching, UC Davis School of Medicine, 2013

Distinguished Scholarly Public Service Award, UC Davis Academic Senate, 2010

Woodward Lecturer and Visiting Professor, Penn State College of Medicine, 2008

Distinguished Teacher of the Year, UC Davis, 2008

SGIM "Best Published Research Paper of the Year", 2006

Select Recent Publications

Wilkes M, Kennedy R. Interprofessional Health Sciences Education: It's Time to Overcome Barriers and Excuses. J Gen Intern Med. 2017 Aug;32(8):858-859. doi:10.1007/s11606-017-4069-z. PMID:28497414.

Cassel C, Wilkes M. Location, Location, Location: Where We Teach Primary Care Makes All the Difference. J Gen Intern Med. 2017 Apr;32(4):411-415. doi:10.1007/s11606-016-3966-x. Epub 2017 Feb 27. PMID:28243875.

Wilkes M, Feldman MD. Mentoring clinical trainees: a need for high touch. Lancet. 2017 Jan 14; 389(10065):135-137. doi:10.1016/S0140-6736(16)32571-5. Epub 2017 Jan 13. PMID:28102126.

Summers PJ, Struve IA, Wilkes MS, Rees VW. Injection-site vein loss and soft tissue abscesses associated with black tar heroin injection: A cross-sectional study of two distinct populations in USA. Int J Drug Policy. 2017 Jan;39:21-27. doi:10.1016/j.drugpo.2016.08.006. Epub 2016 Oct 18. PMID:27768990.

Wilkes MS, Marcin JP, Ritter LA, Pruitt S. Organizational and Teamwork Factors of Tele-Intensive Care Units. Am J Crit Care. 2016 Sep;25(5):431-9. doi:10.4037/ajcc2016357. PMID:27587424.

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Michael Wilkes, M.D.

Berrian AM, van Rooyen J, Martínez-López B, Knobel D, Simpson GJ, Wilkes MS, Conrad PA. One Health profile of a community at the wildlife-domestic animal interface, Mpumalanga, South Africa. Prev Vet Med. 2016 Aug 1;130:119-28. doi:10.1016/j.prevetmed.2016.06.007. Epub 2016 Jun 14. PMID:27435655.

Ndenga E, Uwizeye G, Thomson DR, Uwitonze E, Mubiligi J, Hedt-Gauthier BL, Wilkes M, Binagwaho A. Assessing the twinning model in the Rwandan Human Resources for Health Program: goal setting, satisfaction and perceived skill transfer. Globalization and Health. 2016;12 (4): 1-14. doi:10.1186/s12992-016-0141-4.

Winer JN, Nakagawa K, Conrad PA, Brown L, Wilkes M. Evaluation of medical and veterinary students' attitudes toward a one health interprofessional curricular exercise. J Interprof Care. 2015 Jan;29(1):49-54. doi:10.3109/13561820.2014.940039. Epub 2014 Jul 22. PMID:25051087.

Li ST, Srinivasan M, Kravitz RL, Wilkes MS. Ethics of Physician Strikes in Health Care. Int Anesthesiol Clin. 2015 Summer;53(3):25-38. doi:10.1097/AIA.0000000000000054. PMID: 26057900.

Day FC, Srinivasan M, Der-Martirosian C, Griffin E, Hoffman JR, Wilkes MS. A comparison of Web-based and small-group palliative and end-of-life care curricula: a quasi-randomized controlled study at one institution. Acad Med. 2015 Mar;90(3):331-7. doi:10.1097/ACM. 0000000000000607. PMID:25539518.

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