Norika Malhado-Chang, M.D.

Philosophy of Care

My goal is to bring humanism, compassion, education, and the latest research into my practice. Parkinson's disease is not just a "movement disorder;" it affects every aspect of one's life, so a holistic approach to management is really important for long-term success. Top priority for me is to get to know my patients as people, so I can help them and their families navigate life with Parkinson's in the richest way possible.

Clinical Interests

Dr. Malhado-Chang is a fellowship-trained movement disorders neurologist, who is an expert in the diagnosis and treatment of Parkinson's disease, focal and generalized dystonia, tremor, and Parkinson's Plus Syndromes such as multiple system atrophy and progressive supranuclear palsy. She has specialized training in Deep Brain Stimulation (candidacy evaluation and brain programming,) as well as EMG-guided botulinum toxin injections for a variety of movement disorders.

Research/Academic Interests

Dr. Malhado-Chang's academic interests lie in Medical Education. For over a decade, she has directed the Advanced Clinical Clerkship and Sub-Internship in Neurology, and has been instrumental in curriculum development for UC Davis School of Medicine. Her passion is teaching learners at all levels, inspiring students to pursue a career in neurology, training them to become stellar physicians, and then welcoming them to join her as faculty and co-teachers for the next generation.

Title

Health Sciences Clinical Professor, Department of Neurology

Specialty

Neurology

Department

Neurology

Division

Neurology

Clinic

UC Davis Medical Group, Sacramento - Midtown

Center/Program Affiliation

Center for Neuroscience

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UC Davis Midtown Ambulatory Care Center, Midtown Neurology Clinic, 3160 Folsom Blvd Suite 2100 Sacramento, CA 95816
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Norika Malhado-Chang, M.D.

Education
M.D., Mount Sinai School of Medicine, New York NY 2001
B.A., Psychology (Neuropsychology), New York University, College of Arts and Sciences, New York NY 1997

Internships
Internal Medicine, Mount Sinai School of Medicine/Mount Sinai Medical Center, New York NY 2001-2002

Residency
Neurology, Mount Sinai School of Medicine/Mount Sinai Medical Center, New York NY 2002-2005

Fellowships
Movement Disorders, Mount Sinai School of Medicine/Mount Sinai Medical Center, New York NY 2005-2007

Board Certifications
American Board of Psychiatry and Neurology, 2016

Professional Memberships
American Academy of Neurology
Movement Disorders Society

Honors and Awards
Clerkship Director Teaching Award, American Academy of Neurology, 2023
Excellence in Teaching, UC Davis Department of Neurology, 2018
Outstanding Movement Disorder Faculty, UC Davis Department of Neurology Residency Program, 2016
Outstanding Outpatient Teaching Attending, UC Davis Department of Neurology Residency Program, 2013, 2014
Nominated for Neurology Faculty Teacher of the Year, 2010

Select Recent Publications

Wang XH, Zhang L, Sperry L, Olichney J, Farias ST, Shahlaie K, Chang NM, Liu Y, Wang SP, Wang C. Target Selection Recommendations Based on Impact of Deep Brain Stimulation Surgeries on Nonmotor Symptoms of Parkinson's Disease. Chin Med J (Engl). 2015 Dec 20;128(24):3371-80. doi:10.4103/0366-6999.171464. PMID:26668154.

Wang XH, Sperry L, Olichney J, Farias ST, Shahlaie K, Malhado-Chang N, Wheelock V, Zhang L. Impact of deep brain stimulation therapy on autonomic disturbances and related symptoms of Parkinson's disease. Brain Disorders %26amp%3B Therapy. 2015;4(1). doi:10.4172/2168-975X.1000150.

Disbrow EA, Carmichael O, He J, Lanni KE, Dressler EM, Zhang L, Malhado-Chang N, Sigvardt KA. Resting state functional connectivity is associated with cognitive dysfunction in non-demented

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people with Parkinson's disease. J Parkinsons Dis. 2014;4(3):453-65. doi:10.3233/JPD-130341. PMID:24662193.

Lanni KE, Ross JM, Higginson CI, Dressler EM, Sigvardt KA, Zhang L, Malhado-Chang N, Disbrow EA. Perceived and performance-based executive dysfunction in Parkinson's disease. J Clin Exp Neuropsychol. 2014;36(4):342-55. doi:10.1080/13803395.2014.892059. Epub 2014 Mar 10. PMID:24611823.

Disbrow EA, Sigvardt KA, Franz EA, Turner RS, Russo KA, Hinkley LB, Herron TJ, Ventura MI, Zhang L, Malhado-Chang N. Movement activation and inhibition in Parkinson's disease: a functional imaging study. J Parkinsons Dis. 2013;3(2):181-92. doi:10.3233/JPD-130181. PMID: 23938347.

Disbrow EA, Russo KA, Higginson CI, Yund EW, Ventura MI, Zhang L, Malhado-Chang N, Woods DL, Sigvardt KA. Efficacy of tailored computer-based neurorehabilitation for improvement of movement initiation in Parkinson's disease. Brain Res. 2012 May 3;1452:151-64. doi:10.1016/j.brainres.2012.02.073. Epub 2012 Mar 9. PMID:22459048.

Malhado-Chang N, Alterman RL, Tagliati M. Deep Brain Stimulation. Factor SA, Weiner WJ (eds). Parkinson’s Disease: Diagnosis and Clinical Management, 2nd edition. 2008.

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