

Dennis Michael Styne, M.D.

Philosophy of Care

Dr. Styne understands that complex endocrine conditions in a child may affect the whole family and guides care to include the family unit. As a result of this, he works alongside an excellent team of nurses, dietitians and social workers as the family proceeds through the evaluation and treatment process. He aims to only perform laboratory or radiographic tests when truly indicated so as to spare the child or teenager discomfort and expense. He sees patients on a consistent basis providing continuity of care.

Clinical Interests

Dr. Styne cares for all types of pediatric endocrine conditions in children and teenagers with a particular focus upon obesity, growth disorders, disorders of puberty and diabetes mellitus. Dr. Styne has written a textbook on Pediatric Endocrinology that is used by providers around the world as well as over 100 other medical publications. He is also a leader in the evaluation and treatment of childhood obesity and the complications that arise from it.

Research/Academic Interests

Dr. Styne is considered an authority on puberty, growth and obesity and has numerous publications in these areas and many others. He led the international team that developed new guidelines for the evaluation and treatment of childhood obesity. He has an avid interest in the effects of endocrine disrupting chemicals in the environment on the development of children. While his initial focus was on disorders of growth and puberty, more recently he has turned his attention to childhood obesity and its effects. He is recognized as an outstanding teacher and invited to give presentations across the country and internationally on topics of pediatric endocrinology and obesity.

Title

Yocha Dehe Endowed Chair in Pediatric Endocrinology
Professor, Department of Pediatrics

Specialty

Pediatric Endocrinology

Department

Pediatrics

Division

Pediatric Endocrinology and Diabetes

Center/Program Affiliation

UC Davis Children's Hospital
Center for Health and Technology

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Dennis Michael Styne, M.D.

Education
M.D., Northwestern University Medical School, Evanston IL 1971
B.S., Biology, Northwestern University, Evanston IL 1969

Internships
Pediatrics, UC San Diego, San Diego CA 1971-1972

Residency
Pediatrics, UC San Diego, San Diego CA 1972-1973
Pediatrics, Yale Medical School, Yale-New Haven Hospital, New Haven CT 1973-1974

Fellowships
Pediatric Endocrinology, UC San Francisco, San Francisco CA 1974-1977

Board Certifications
American Board of Pediatrics
American Board of Pediatrics, Pediatric Endocrinology, 2002

Professional Memberships
American Pediatric Society
Pediatric Endocrine Society
Society for Pediatric Research
The Endocrine Society
Western Society for Pediatric Research

Honors and Awards
Yocha Dehe Endowed Chair in Pediatric Endocrinology (2006-present), 2023
Top Doctors, Pediatric Endocrinology, Sacramento Magazine (2010-2022), 2022
Best Doctors in America, (1992-2020), 2020
Best Doctors in America, Pacific Region (1995-2019), 2019
Dean's Excellence in Mentoring, UC Davis Medical Center, School of Medicine, Department of Pediatrics, 2013

Select Recent Publications

Shilts MK, Diaz Rios LK, Panarella KH, Styne DM, Lanoue LL, Drake CM, Ontai L, Townsend MS. Feasibility of Colocating a Nutrition Education Program into a Medical Clinic Setting to Facilitate Pediatric Obesity Prevention. J Prim Care Community Health. 2021 Jan-Dec;12: 21501327211009695. doi:10.1177/21501327211009695. PMID:33845676.

Townsend MS, Shilts MK, Lanoue L, Drake C, Díaz Rios LK, Styne DM, Keim NL, Ontai L. Obesity Risk Assessment Tool for Low-Income Spanish Speaking Immigrant Parents with Young Children: Validity with BMI and Biomarkers of Obesity. Nutrients. 2020 Nov 22;12(11):3582. doi:10.3390 /nu12113582. PMID:33266497.

Townsend MS, Shilts MK, Lanoue L, Drake C, Styne DM, Woodhouse L, Ontai L. Obesity Risk Assessment Tool among 3-5 Year Olds: Validation with Biomarkers of Low-Grade Chronic

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Inflammation. Child Obes. 2020 Aug;16(S1):S23-S32. doi:10.1089/chi.2019.0237. PMID: 32857609.

Styne DM. Physiology %26amp%3B Disorders of Puberty. Melmed, Koenig, Rosen, Auchus % 26amp%3B Goldfine, (ed). Williams Textbook of Endocrinology, 14th edition, Elsevier Health. 2020:1023-1164.

Townsend MS, Shilts ML, Lanoue L, Drake C, Styne DM, Woodhouse L, Ontai L. Healthy Kids Study among 3-5 year olds: Validation with biomarkers of low-grade chronic inflammation. Childhood Obesity. 2020;16(1): S23-32.

Jetter KM, Adkins J, Cortez S, Hopper GK Jr, Shively V, Styne DM. Yes We Can: Eating Healthy on a Limited Budget. J Nutr Educ Behav. 2019 Mar;51(3):268-276. doi:10.1016/j.jneb.2018.12.002. PMID:30851840.

Styne D. Growth. Gardner %26amp%3B Shoback (ed). Basic %26amp%3B Clinical Endocrinology, Vol. 10, Greenspan. 2018:137-170.

Styne DM, Arslanian SA, Connor EL, Farooqi IS, Murad MH, Silverstein JH, Yanovski JA. Pediatric Obesity-Assessment, Treatment, and Prevention: An Endocrine Society Clinical Practice Guideline. J Clin Endocrinol Metab. 2017 Mar 1;102(3):709-757. doi:10.1210/jc.2016-2573. PMID: 28359099.

Styne DM. Pediatric Endocrinology-A Clinical Handbook, Vol. 1, Springer International Publishing AG, Chaim, Switzerland. 2016.

Williams S, Styne DM. Obesity: Clinical Approach %26amp%3B Pharmacologic Treatment (Part I: Adult, Part II: Pediatric Obesity). Luu B, Kayingo G, Gerald, V McCoy Hass V (ed). Advanced



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Pharmacology for Prescribers, Vol. 1, Springer Publishing Company, LLC, New York. 2022;36: 602-605.

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