Armaiti Mody, M.D.

Philosophy of Care

As an advocate for children's health, I believe in creating a safe and nurturing environment for my patients and their families. As a provider I encourage open discussions regarding diagnosis, treatment and management, and focus on providing an individualized treatment plan that best benefits my patients. I enjoy building lasting relationships with my patients and work hard to displace any fears or misconceptions regarding their endocrine issues.
Many endocrine conditions are chronic and require ongoing close follow up. I am committed to providing up-to-date evidenced based medicine and ongoing education to help patients and families take control of their health.

Clinical Interests

Dr. Mody is a pediatric endocrinologist offering care for children and adolescents with various endocrine conditions including diabetes, thyroid dysfunction, pituitary and adrenal disorders, as well as disorders of puberty and growth. Her clinical interest and expertise is in Polycystic Ovary Syndrome (PCOS), an increasingly common endocrine condition related to hyperandrogenism, ovulatory dysfunction and often insulin resistance. Dr. Mody currently is offering care to adolescents with PCOS in her Multidiscplinary Adolescent PCOS (MAP) clinic at UC Davis. She also works alongside Pediatric Neurology in the Leukodystrophy clinic, with a clinical interest in adrenal insufficiency associated with X-linked Adrenoleukodystrophy (X-ALD).

Research/Academic Interests

Dr. Mody's academic interests include Type 1 and Type 2 Diabetes, obesity, and Polycystic Ovary Syndrome (PCOS). She has a particular interest in alternative approaches to diagnosing and managing PCOS in both adolescents and young adults. Her research primarily focuses on improving our understanding of the etiology and pathophysiology around PCOS as well as management of this disorder in adolescent females.

Title

Assistant Clinical Professor

Specialty

Pediatric Endocrinology

Department

Pediatrics

Division

Pediatric Endocrinology and Diabetes

Center/Program Affiliation

UC Davis Children's Hospital

Address/Phone

Glassrock Building, Pediatric Specialty Clinics, 2521 Stockton Blvd. Suite 3200 Sacramento, CA 95817
Phone: 916-734-3112

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Armaiti Mody, M.D.

Additional Phone Physician Referrals: 800-4-UCDAVIS (800-482-3284)

Education M.D., St. George's University, School of Medicine, True Blue, Grenada, West Indies 2014
B.S., Microbiology, UCLA, Los Angeles CA 2008

Internships Pediatrics, Rutgers - New Jersey Medical School, Newark NJ 2014-2015

Residency Pediatrics, Rutgers - New Jersey Medical School, Newark NJ 2015-2017

Fellowships Pediatric Endocrinology, UC San Francisco, San Francisco CA 2017-2000

Board Certifications American Board of Pediatrics

Professional Memberships American Diabetes Association
Endocrine Society
Pediatric Endocrine Society

Honors and Awards Golden Apple Teaching Award, 2021, 2022
Sacramento Magazine's Top Doctors, 2021
Excellence in Quality Improvement and Safety Award, Rutgers New Jersey Medical School, 2017

Select Recent Publications

Mody A, Shinkai K. Addressing important knowledge gaps about the disease burden of hirsutism. Int J Womens Dermatol. 2021 May 9;7(3):243-245. doi:10.1016/j.ijwd.2021.04.009. PMID: 34222578.

Mody A, Lodish MB, Auchus RJ, Huddleston HG. MON-040 11-Oxygenated C19 Steroids in Polycystic Ovarian Syndrome. J Endocr Soc. 2020 May 8;4(Suppl 1):MON-040. doi:10.1210/jendso/bvaa046.551.

Schaufele FJ, Mody A, Huddleston HG. SAT-748 Advantages and Limitations of an Integrative Measurement for All Serum Androgens and Anti-Androgens. J Endocr Soc. 2020 May 8;4(Suppl 1): SAT-748. doi:10.1210/jendso/bvaa046.1612.

Mody A, Lee J, Tenney J, Srinivasan S. MON-268 A Rare Case of Primary Hypoaldosteronism in a Newborn. J Endocr Soc. 2019 Apr 30;3(Suppl 1):MON-268. doi:10.1210/js.2019-MON-268.

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Baltazar GA, Pate AJ, Panigrahi B, LaBoy S, Prosniak R, Mody A, Chendrasekhar A. Malnutrition as measured by albumin and prealbumin on admission is associated with poor outcomes after severe traumatic brain injury. Am Surg. 2015 Feb;81(2):E61-3. PMID:25642858.

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