



## Carol Vandenakker Albanese, M.D.

**Clinical Interests** Dr. Vandenakker-Albanese has clinical interests in diagnosis and non-operative care of spine conditions and problems related to sequelae of polio. She has extensive experience working with a team of spine specialists to provide patients with consultation, an accurate diagnosis and the most effective treatments and therapies available. Dr. Vandenakker-Albanese is well-known for her expertise in post-polio syndrome and established the UC Davis Post-Polio Clinic in 2001. Dr. Vandenakker-Albanese emphasizes patient education regarding their conditions to promote self-management and patient directed care. She speaks locally, nationally and internationally on topics related to spine care and the management of polio-related conditions. She reviews manuscripts for multiple medical journals and has authored several book chapters and peer-reviewed journal publications on topics relating to aging with disability, and rehabilitation of spine and post-polio conditions.

**Research/Academic Interests** As the department's Mentoring Director and Associate Residency Program Director, Dr. Vandenakker promotes quality medical education and fosters professional development.

**Title** Professor  
Associate Residency Program Director  
Faculty Development Director

**Specialty** Physical Medicine and Rehabilitation

**Department** [Physical Medicine and Rehabilitation](#)

**Division** Physical Medicine and Rehabilitation

**Center/Program Affiliation** [Spine Center](#)

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**Education** M.D., Oral Roberts University, Tulsa OK 1986  
B.S., Oral Roberts University, Tulsa OK 1980



## Carol Vandenakker Albanese, M.D.

- Internships** Internal Medicine, St. Lukes-Roosevelt Hospital, Columbia University, New York NY 1986-1987
- Residency** Physical Medicine and Rehabilitation, Rusk Institute of Rehab Medicine, New York University Medical Center, New York NY 1987-1990
- Board Certifications** American Board of Physical Medicine and Rehabilitation
- Professional Memberships** American Academy of Physical Medicine and Rehabilitation  
Association of Academic Physiatrists  
International Society of Physical and Rehabilitation Medicine  
North American Spine Society
- Honors and Awards** David D. Kilmer Faculty Teaching Award, 2014
- Select Recent Publications** Vandenakker-Albanese C. Medical Management of Post-Polio Syndrome. Post-Polio Health. 2019 Winter;35(4).
- Joyce N, Vandenakker Albanese C. Motor Neuron Disease. Chapman's Comprehensive Orthopaedic Surgery, Fourth Edition. 2019.
- Vandenakker Albanese C, Dorsett J. Physiatric History and Physical Exam. Chapman's Comprehensive Orthopaedic Surgery, Fourth Edition. 2019.
- Vandenakker-Albanese C. Poliomyelitis/ Post-Polio Syndrome. PM&BR Knowledge NOW/ American Academy of Physical Medicine and Rehabilitation. 2013 August 30. <https://now.aapmr.org/pain-neuro/neuromuscular-medicine/Pages/Poliomyelitis-post-polio-syndrome.aspx>.
- Siegel L, Vandenakker Albanese C, Siegel D: Anterior Cruciate Ligament Injuries: Anatomy, Physiology, Biomechanics, and Management. Clin J Sport Med. 2012 July;22(4):349-355.
- Moore MN, Vandenakker Albanese C, Hoffman MD: Use of Partial Body-Weight Support for Aggressive Return to Running after Lumbar Disk Herniation: A Case Report. Archives of Physical



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