



## Carlina Ramirez Wheeler, Ph.D.

### Philosophy of Care

Dr. Wheeler feels privileged to serve her child and family clients by promoting wellness, healing, and growth. She aims to provide high-quality services by delivering strengths-based, developmentally appropriate, culturally sensitive, and trauma-informed clinical care.

### Clinical Interests

Dr. Wheeler is a multi-racial/cultural Assistant Clinical Professor with specialized training and experience working with high-risk and systems-involved youth ages 0-21. Within the UC Davis Clinical Child Psychology Training Programs, she serves as the Training Director for both the Doctoral Internship Program and the Postdoctoral Psychology Program.

As a licensed and credentialed Health Service Psychologist (HSP), Dr. Wheeler provides a range of direct clinical services primarily at the Sacramento County Child and Adolescent Psychiatric Services (CAPS) Clinic. She has received supervised training in a range of evidence-based practices specific to infants, children, and adolescents exposed to traumatic and adverse childhood experiences (e.g., Functional Family Therapy, Child-Parent Psychotherapy, Trauma-Focused CBT, Parent-Child Interaction Therapy, Incredible Years, Aggression Replacement Training, and Acceptance and Commitment Therapy).

She has dedicated her career to bringing these services to children and families from underserved, low-income, and diverse communities.

### Research/Academic Interests

Dr. Wheeler's clinical, teaching, and research interests include: risk and resilience factors; developmental psychopathology; trauma, adversity, and maltreatment; attachment and family systems theory and approaches; diversity-related issues and acculturative/minority stress; strength-based, comprehensive psychological assessment; and prevention/early intervention program development and outcomes research.

In addition, she currently serves as the instructor for the UC Davis Psychiatry Residency Program's Introduction to Psychological Assessment Seminar and the co-instructor for the Child and Adolescent Psychiatry Fellowship Program's Family Therapy Seminar.

**Title** Assistant Clinical Professor, Health Sciences

Training Director, Doctoral Internship Program and the Postdoctoral Psychology Program

**Specialty** Child Clinical Psychology

**Department** [Psychiatry and Behavioral Sciences](#)

**Division** Child and Adolescent Psychiatry

**Center/Program Affiliation** [UC Davis Medical Group](#)



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<b>Additional Phone</b>	Physician Referrals: 800-4-UCDAVIS (800-482-3284)
<b>Languages</b>	Spanish
<b>Education</b>	M.S., Clinical Psychology, Pacific Graduate School of Psychology, Palo Alto University, Palo Alto CA 2011 Ph.D., Clinical Psychology, Pacific Graduate School of Psychology, Palo Alto University, Palo Alto CA 2013 B.A., UC Santa Cruz, Santa Cruz CA 2007
<b>Internships</b>	Clinical Child Psychology, Western Youth Services, Anaheim CA 2012-2013
<b>Fellowships</b>	Clinical Child Psychology, UC Davis Medical Center, Sacramento CA 2013-2014
<b>Board Certifications</b>	National Register - Health Services Psychologist State of California Licensed Psychologist
<b>Professional Memberships</b>	American Psychological Association American Psychology-Law Society (Division 41) Society for Couple and Family Psychology (Division 43) Society of Clinical Child and Adolescent Psychology (Division 53)
<b>Honors and Awards</b>	American Psychological Association, Teaching Grant, Co-Investigator, 2017 National Register, Health Service Psychologist Scholarship, 2013 American Psychology- Law Society, Minority Affairs Committee, Diversity Travel Grant, 2012 Students for Ethnic and Cultural Awareness, Evidence Based Practices in Child Welfare Settings Symposium, Travel Grant, 2012 County of San Mateo, Cultural Competence Award, 2010

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