



Daniel Isaac Shapiro, Ph.D.

Philosophy of Care

Dr. Shapiro relies heavily on growth- and resiliency-oriented cognitive-behavioral approaches, but also emphasizes the importance and power of relationships in our lives. His work at the UC Davis Early Psychosis Programs focuses on utilizing these approaches within a team-based treatment modality so that clients can receive the best, individualized, evidence-based services as they seek change and fulfillment.

Clinical Interests

Dr. Shapiro is a Clinical Psychologist who has focused his career on the goal of preventing mental illness and the distress or disability that can arise in those who experience it. He specializes in evidence-based practice for mental health concerns with particular emphasis on the identification and treatment of those at-risk for or in the early stages of psychosis. He also has clinical and teaching expertise in Cognitive Behavioral Therapy, particularly for mood, anxiety, psychosis, and trauma-related concerns in adults and adolescents.

Research/Academic Interests

Dr. Shapiro's research centers on the evaluation of approaches to identifying and treating those in the earliest stages of psychosis, with the goal of delaying or preventing mental illness and any associated difficulties or distress. He is particularly interested in better understanding what treatment approaches work best for whom and in how differences in culture, background, and beliefs affect pathways to and decisions about treatment. A second area of interest is in training the next generation of providers in CBT and other evidence-based approaches.

Title Health Sciences Clinical Assistant Professor

Director of Operations, UC Davis Early Psychosis Programs

Specialty Clinical Psychology, Mental Illness, Psychosis, Cognitive Behavioral Therapy

Department [Psychiatry and Behavioral Sciences](#)

Division General Psychiatry

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Education M.A., Clinical Psychology, Emory University, Atlanta GA 2009



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Ph.D., Clinical Psychology, Emory University, Atlanta GA 2013

B.S., Indiana University, Bloomington IN 2005

Internships

Psychology, West Los Angeles VA Medical Center, Los Angeles CA 2012-2013

Fellowships

Aaron T Beck Psychopathology Research Center, University of Pennsylvania/Perelman School of Medicine, Philadelphia PA 2013-2014

Board Certifications

Licensed Clinical Psychologist, 2018

National Register - Health Services Psychologist

Professional Memberships

Association for Behavioral and Cognitive Therapy

International Early Psychosis Association

North America Cognitive Behavioral Therapy for Psychosis Network

Society for Research in Psychopathology

Honors and Awards

Atlanta Center for Cognitive Therapy Co-Director of Training and Certification 2016, 2017, 2018, 2019, 2020

Schizophrenia International Research Society Early Career Travel Fellowship, 2016

Ruth L. Kirschstein NRSA T32 Fellowship 2013, 2014

Emory University Alfred B. Heilbrun Award for Outstanding Publication, 2011

Emory University Irwin Jay Knopf Award for Outstanding Research Presentation, 2010

Howard Hughes Medical Institute Capstone Research Grant, 2005

Select Recent Publications

Li H, Shapiro DI, Seidman LJ (Eds). Handbook of Attenuated Psychosis Syndrome Across Cultures: International Perspectives on Early Identification and Intervention. Springer International Publishing. 2019. (Also chapter author/co-author of 5 chapters)

Yang L, Woodberry KA, Link BG, Corcoran CM, Bryant C, Shapiro DI, Downing D, Girgis RR, Brucato G, Huang D, Crump FM, Verdi M, Seidman LJ, McFarlane WR. Impact of "psychosis risk" identification: Examining predictors of how youth view themselves. Schizophrenia Research. 2019; 208:300-307. doi:10.1016/j.schres.2019.01.037.

Li H, Zhang T, Xu L, Tang Y, Cui H, Wei Y, Woodberry K, Shapiro DI, Li C, Xiao Z, Seidman LJ, Wang J. A comparison of conversion rates, clinical profiles and predictors of outcomes in two independent samples of individuals at clinical high risk for psychosis in China. Schizophrenia Research. 2018;197:509-515.



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Seidman LJ, Shapiro DI, Stone WS, Woodberry KA, Ronzio A, Cornblatt BA, Addington J, Bearden CE, Cadenhead KS, Cannon TD, MATHALON DH, McGlashan TH, Perkins DO, Tsuang MT, Walker EF, Woods SW. Association of Neurocognition With Transition to Psychosis: Baseline Functioning in the Second Phase of the North American Prodrome Longitudinal Study. *JAMA Psychiatry*. 2016 Dec 1;73(12):1239-1248. doi:10.1001/jamapsychiatry.2016.2479. PMID:27806157.

Carmel A, Shapiro DI. Development of an Evidence-Based Psychotherapy Seminar for Psychiatry Residency Training. *Acad Psychiatry*. 2016 Feb;40(1):188-9. doi:10.1007/s40596-015-0455-1. Epub 2015 Nov 17. PMID:26576998.

Woodberry KA, Shapiro DI, Bryant C, Seidman LJ. Progress and Future Directions in Research on the Psychosis Prodrome: A Review for Clinicians. *Harv Rev Psychiatry*. 2016 Mar-Apr;24(2):87-103. doi:10.1097/HRP.000000000000109. PMID:26954594.

Walker EF, Trotman HD, Goulding SM, Holtzman CW, Ryan AT, McDonald A, Shapiro DI, Brasfield JL. Developmental mechanisms in the prodrome to psychosis. *Dev Psychopathol*. 2013 Nov;25(4 Pt 2):1585-600. doi:10.1017/S0954579413000783. PMID:24342857.

Holtzman CW, Trotman HD, Goulding SM, Ryan AT, Macdonald AN, Shapiro DI, Brasfield JL, Walker EF. Stress and neurodevelopmental processes in the emergence of psychosis. *Neuroscience*. 2013 Sep 26;249:172-91. doi:10.1016/j.neuroscience.2012.12.017. Epub 2013 Jan 5. PMID: 23298853.

Shapiro DI, Cubells JF, Ousley OY, Rockers K, Walker EF. Prodromal symptoms in adolescents with 22q11.2 deletion syndrome and schizotypal personality disorder. *Schizophr Res*. 2011 Jun; 129(1):20-8. doi:10.1016/j.schres.2011.03.030. Epub 2011 Apr 19. PMID:21507614.



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Shapiro DI, Larson MK, Walker EF. Schizophrenia. In B. Bradford Brown, Prinstein M. (Eds) Encyclopedia of Adolescence, Oxford: Elsevier Ltd. 2011.

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