



Richelle Long, Ph.D.

Philosophy of Care

I enjoy the role I get to play in working with children and their families to create lasting change in their lives. I value relationship and curiosity in learning about and treating children's complex needs and aim to work alongside clients and their families to understand both the personal and the systemic factors that create problems for children. Appreciating the individual diversity of each person is important to how I collaborate with families and apply my training in evidence supported treatments, social justice advocacy, and developmental neuroscience to each unique person.

Clinical Interests

Dr. Long is a Licensed Clinical Psychologist with specialized training in working with children and families who have experienced various forms of psychological trauma including working with infants and young children. Her clinical, teaching, and research interests include: the impact of early adversity on child development, interventions for complex trauma disorders in children and families, training psychologists in developing basic competence in treating psychological trauma, providing services to fostered and adopted children, comprehensive treatment for survivors of human trafficking, incorporating culture and diversity into therapeutic practice, international issues in mental health, and therapeutic assessment. Dr. Long has received specialized training and supervision in several evidence-based practices including Child-Parent Psychotherapy, Trauma-Focused CBT, Parent-Child Interaction Therapy, Incredible Years, and Seeking Safety, and she is passionate about working with children and families whose circumstances have made it difficult to access high quality mental health care.

Title Counseling Psychologist

Assistant Clinical Professor

Specialty Child and Adolescent Psychiatry, Trauma

Department [Psychiatry and Behavioral Sciences](#)

Division Clinical Psychologist
Child and Adolescent Psychiatry

Address/Phone UC Davis School of Medicine, UC Davis School of Medicine - Child and Adolescent Psychiatric Services (CAPS) Clinic, 3331 Power Inn Rd Suite 140 Sacramento, CA 95826
Phone: 916-875-1183

Additional Phone Clinic Referral Phone: 916-875-1055

Physician Referrals: 800-4-UCDAVIS (800-482-3284)

Education M.S., Psychology, Drexel University, Philadelphia PA 2010
Ph.D., Counseling Psychology, University of Memphis, Memphis TN 2014
B.A., UC San Diego, La Jolla CA 2007



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Internships Infant Mental Health, Tulane University School of Medicine, New Orleans LA 2013-2014

Fellowships Trauma Psychology/Early Childhood, Children's Hospital Los Angeles, Los Angeles CA 2014-2016
Napa Infant-Parent Mental Health, UC Davis, Napa CA 2021-2022

Board Certifications California Board of Psychology
Child Parent Psychotherapy

Professional Memberships American Psychological Association (APA)
California Association for Infant Mental Health
Division 17 – Society of Counseling Psychology
Division 35 – Society for the Psychology of Women
Division 37 – Section on Child Maltreatment
International Society for Traumatic Stress Studies

Select Recent Publications Rogers K, Hewett J, Long R. Assessing victimization risk in children with autism and developmental disabilities. Paper presented at the Institute on Violence and Trauma 2015 conference. 2015.

Bushouse BK, Long RAM, Imig D. Growing a new policy initiative in hard times: Pre-Kindergarten and the Great Recession. Prepared for panel 25-18: Growing and sustaining fragile policies in hard time The 2014 Annual Meeting of the American Political Science Association, Washington DC. 2014 Aug 30.

McGhee (Long) RA. Child soldiers in East Africa: Their experience and our challenge. Paper presented as part of a symposium titled International Intersections: Violence, Gender, and Generations (Sally D. Stabb, chair), at the National Multicultural Conference and Summit, Houston, TX. 2013 Jan.

Lightsey OR, McGhee (Long) RA., Ervin A, Gharibian GG, Rarey EB, Daigle RP, Wright KF, Constantin DCL, Powell K. Self-efficacy for affect regulation as a predictor of future life satisfaction and moderator of the negative affect: Life satisfaction relationship. J Happiness Stud. 2013 Mar;14: 1-18. doi:10.1007/s10902-011-9312-4.



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McGhee (Long) RA, Priest R, Lightsey OR. Self Care in Treating Sexually Victimized Children: an International Perspective. Poster presented at the Annual American Psychological Association Convention. Washington, DC. 2011.

Powell K, Constantin DC, Daigle RP, Jehu CM, McGhee (Long) RA, Owens AC, Wagner HJ. Direct-to-Consumer Marketing of Psychotherapy: A Response to Pharmaceutical Ads. Poster presented at the Annual American Psychological Association Convention. Washington DC. 2011.

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