

Erik Orlando Fernandez y Garcia, M.D., M.P.H.

Philosophy of Care

It is Dr. Fernandez y Garcia's goal to address pediatric healthcare and health maintenance through the lens of family dynamics and cultural humility. He strives to form cooperative relationships with the parents of patients and their communities to ensure that his patient (the child) reaches his or her fullest potential.

He hopes to propagate this philosophy by teaching UC Davis pediatric residents at the General Pediatric Clinic and with our partners the Sacramento Native American Health Center and the Sacramento County Health Center. He also teaches UC Davis medical students in the "Transforming Education and Community Health for Medical Students" (TEACH-MS) program as an Academic Coach.

He also brings this philosophy of care to his research in pediatric-based intergenerational mental healthcare.

Dr. Fernandez y Garcia is a Sacramento native who has come back to work in his community.

Clinical Interests

Dr. Fernandez y Garcia's clinical interests include asthma, nutrition and sports medicine.

Research/Academic Interests

Dr. Fernandez y Garcia's research interests focus on racial and ethnic healthcare disparities, parental depression identification and reduction of parental depression in pediatrics, and residential cultural competency education.

Dr. Fernandez y Garcia is also an Academic Coach for the School of Medicine. You can read more here.

Title Associate Professor of Clinical Pediatrics

Specialty [Pediatrics General](#)

Department [Pediatrics](#)

Division General Pediatrics

Center/Program Affiliation [Center for Healthcare Policy and Research](#)

[UC Davis Children's Hospital](#)

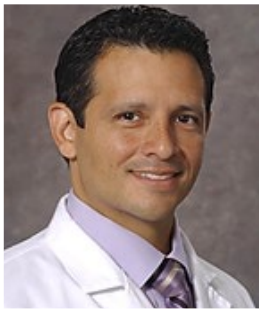
[UC Davis Medical Group](#)

[Betty Irene Moore School of Nursing](#)

Address/Phone Glassrock Building, 2521 Stockton Blvd. Suite 2200 Sacramento, CA 95817

Phone: 916-734-3112

Additional Phone Physician Referrals: 800-4-UCDAVIS (800-482-3284)



Erik Orlando Fernandez y Garcia, M.D., M.P.H.

Languages Spanish

Education M.D., UCLA School of Medicine, Los Angeles CA 1999
M.P.H., UCLA, Los Angeles CA 2000
B.S., St. Mary's College of California, Moraga CA 1995

Residency General Pediatric, Children's Hospital and Research Center, Oakland CA 200-2003

Fellowships Office of Multicultural Health, Children's Hospital and Research, Oakland CA 2003-2004
K23MH101157, National Institute of Mental Health, Sacramento CA 2014-2017
Primary Care Outcomes Research, UC Davis School of Medicine, Sacramento CA 2006-2008
Teaching Scholars Program, UC Davis School of Medicine, Sacramento CA 2006-2008
Clinical Translational Research Scholar, UC Davis School of Medicine, Sacramento CA 2010-2013

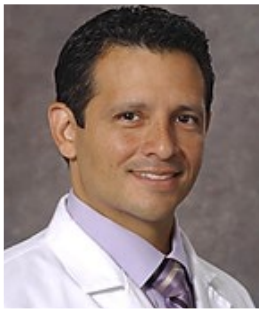
Board Certifications American Board of Pediatrics, 2004

Professional Memberships Alpha Omega Alpha, Medical Honor Society
American Academy of Pediatrics - Fellow (FAAP)
Board Member, Sacramento Latino Medical Association (SaLMA)
Society for Pediatric Research

Honors and Awards Recognition for Leadership on the Council of Medical Societies, 2013
Ambassador of Diversity-UC Davis Health System/School of Medicine, 2007
Faculty Teaching Award UC Davis Pediatric Residency Program, 2006
Dr. Charles R. Drew Award Charles R. Drew University of Medicine and Sciences highest award for exemplary combination of compassion and academic excellence over all years of training, 1999
Primary Care Research Award, Charles R. Drew University of Medicine and Science, 1999
Alpha Omega Alpha Honor Society, 1999

Select Recent Publications Chaidez V, Fernandez y Garcia E, Wang L, Angkustiri K, Krakowiak P, Hertz-Picciotto I, Hansen RL. Comparison of maternal beliefs about causes of autism spectrum disorder and association with utilization of services and treatments. *Child Care Health Dev.* 2018 Nov;44(6):916-925. Epub 2018 Aug 22. PubMed PMID: 30136409.

Fernandez y Garcia E. California Task Force on Maternal Mental Health.* A Report from the California Task Force on the Status of Maternal Mental Health Care: a catalyst for shifting statewide systems to improve care across California and beyond. Released June 11, 2017. <https://www.2020mom.org/ca-task-force-recommendations>



Erik Orlando Fernandez y Garcia, M.D., M.P.H.

Bohon L, Cotter KA, Kravitz RL, Cello P, Fernandez y Garcia E. The Theory of Planned Behavior as it predicts potential intention to seek mental health services for depression among college students. *J Am Coll Health*. 2016 Nov-Dec;64(8):593-603. PMID: 27386898.

Li E, Freedman LR, Fernandez y Garcia E, Miller E. Faith-based organizations' perspectives on adolescent relationship abuse. *Violence Against Women*. 2016 Apr;22(5):609-624. Published online 2015 Oct 14. doi:10.1177/1077801215608702.

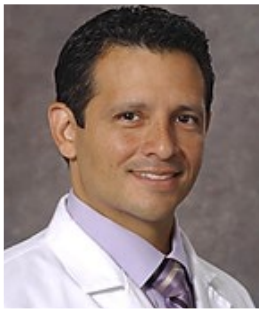
Fernandez y Garcia E, Joseph J, Wilson MD, Hinton L, Simon G, Ludman E, Scott F, Kravitz RL. Pediatric-based intervention to motivate mothers to seek follow-up for depression screens: The Motivating Our Mothers (MOM) trial. *Acad Pediatr*. 2015 May-Jun;15(3):311-8.

Fernandez y Garcia E. Immolation of Emulation. *Med Humanities*. 2015;41(1):e7.

Fernandez y Garcia E, Lau KK. A lack of living donor renal transplantation for Asian children represents an opportunity to improve pediatric healthcare. *J Natl Med Assoc*. 2013 Summer;105(2):196-200.

Fernandez y Garcia E, Duberstein PR, Paterniti D, Cipri CS, Kravitz RL, Epstein RM. Feeling Labeled, Judged, Lectured, and Rejected by Family and Friends over Depression: Cautionary Results for Primary Care Clinicians from a Multi-Centered, Qualitative Study. *BMC Family Practice*. 2012;13:64.

Fernandez y Garcia E, Breslau J, Hansen R, Miller EM. Unintended Consequences: An Ethnographic Narrative Case-Series Exploring Language Recommendations for Bilingual Families of Children with Autism Spectrum Disorders. *Journal of Medical Speech Language Pathology*. 2012 June;20(2).



Erik Orlando Fernandez y Garcia, M.D., M.P.H.

Fernandez y Garcia E, Franks PR, Jerant T, Bell RA, Kravitz RL. Depression Treatment Preferences of Hispanic Individuals: Exploring the Influence of Ethnicity, Language and Explanatory Models. Journal American Board of Family Medicine. 2011 Jan-Feb;24(1):39-50.

© 2021 UC Regents