



Kent K. Ishihara, M.D.

Philosophy of Care

It is not uncommon for me to be asked, "What does an endocrinologist do?" I often find myself answering this question with examples of the common diseases that I treat - diabetes, thyroid disorders, adrenal abnormalities, pituitary problems, bone diseases, cholesterol problems, etc. But the study of endocrinology is more complex than that.

In general, the endocrinologist strives to understand the complex ways in which the different glands and organs of the body communicate with one another to maintain the structure, function, nutrition and health of the whole body. Hormones are the means by which many of these glands and tissues communicate with one another. Yet these hormones often have many effects throughout the whole body. Therefore, as an endocrinologist I may be asked to help evaluate and manage a specific endocrine problem, but I must always look at the specific problem in the context of the whole person. And that is my favorite part of being an endocrinologist.

I believe in caring for people, not just diseases. And I believe that each person has been created in such a way that they are very much like everyone else, yet also completely unique in many ways.

Therefore, when I see you as a patient,

I always try to listen carefully and perform a thorough physical examination. I then evaluate and help manage your condition based on the most current, scientifically-based evidence available, and then individualize the plan of care to meet your specific needs.

All of this will be done in coordination with your primary care provider to ensure the best care possible. And when necessary, we have the privilege of utilizing the expertise of some of the brightest minds in medicine and the cutting-edge resources available to us as part of the UC Davis Health System.

Title Associate Physician Diplomat

Specialty Endocrinology, Diabetes, and Metabolism, Internal Medicine

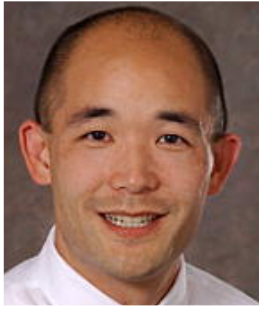
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Board Certifications American Board of Internal Medicine, 2014

American Board of Internal Medicine, Endocrinology, Diabetes and Metabolism, 2007

Professional Memberships American Association of Clinical Endocrinologists

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The Endocrine Society

Honors and Awards Summa cum laude. Vanderbilt University School of Engineering (May 1997), 1997

Select Recent Publications Ishihara, K. Diabetes Insipidus. In: *The Washington Manual: Endocrinology Subspecialty Consult 2nd edition*, edited by K.E. Henderson, T. J. Baranski, P.E. Bickel, W.E. Clutter, J.B. McGill, 19-26. Philadelphia: Lippincott Williams & Wilkins, 2009

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