

Calvin H. Hirsch, M.D.

Philosophy of Care I believe in caring for the whole person and understanding how illness and life circumstances have impacted health and the ability to do daily activities. For frailer patients, I believe in the doctor - patient - caregiver triad, meaning that the needs and abilities of the caregiver need to be taken into consideration.

Clinical Interests Dr. Hirsch is a general internist and geriatrician primarily involved in teaching medical residents and clinical clerks. Clinically, he focuses on optimization of functional status and reduction of the number medications whenever possible within the context of acute and chronic illnesses. He has interest and expertise in the diagnosis and management of dementing illnesses like Alzheimer disease.

Research/Academic Interests Dr. Hirsch is the Principal Investigator of the UC Davis Field Center of the Cardiovascular Health Study, which is a 33 year old longitudinal epidemiological study of 5,888 individuals age 65 and older and study enrollment looking not only at factors associated with cardiovascular health, but also factors related to cognition and functional status. He is author or co-author of over 50 scientific articles, commentaries, and book chapters and co-editor of two medical textbooks.

Title Emeritus Professor of Medicine (recalled)

Specialty Geriatric Medicine, Internal Medicine

Department [Internal Medicine](#)
[Public Health Sciences](#)

Division General Medicine
Public Health Sciences

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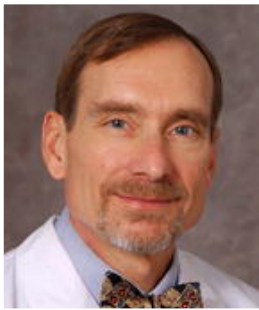
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Education M.D., University of Connecticut, Farmington CT 1980
B.S., Yale University, New Haven CT 1976

Internships Internal Medicine, Mt. Zion Hospital and Medical Center, San Francisco CA 1980-1981

Residency Internal Medicine, Mt. Zion Hospital and Medical Center, San Francisco CA 1981-1983



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Fellowships Robert Wood Johnson Clinical Scholar/Health Services, Stanford University, Palo Alto Veterans MC, Palo Alto CA 1985-1987

Board Certifications American Board of Internal Medicine
American Board of Internal Medicine, Geriatric Medicine

Professional Memberships American College of Physicians
American Geriatrics Society
American Medical Association (AMA)
Society of General Internal Medicine

Honors and Awards Top Doctor, Sacramento, 2018, 2019, 2020, 2021
Lange Award for Scholarship, University of Connecticut School of Medicine, 1980
Richard Gordon Memorial Fellowship, Epilepsy Foundation of America, 1978

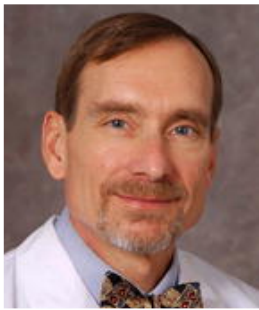
Select Recent Publications Hirsch C. Daily aspirin for primary prevention increased risk for major GI bleeding in healthy older adults. *Ann Intern Med.* 2021 Jan;174(1):JC4. doi:10.7326/ACPJ202101190-004. Epub 2021 Jan 5. PMID:33395330.

Hirsch C. In older adults with a history of falls, interventions to reduce use of fall risk-increasing drugs do not reduce falls. *Ann Intern Med.* 2020 Jun 16;172(12):JC68. doi:10.7326/ACPJ202006160-068. PMID:32539505.

Hirsch C. In older adults with acute ischemic stroke, the Clinical Frailty Scale predicted mortality at 28 days. *Ann Intern Med.* 2020 May 19;172(10):JC57. doi:10.7326/ACPJ202005190-057. PMID:32422086.

Hirsch CH, Woo TKW. Comprehensive Geriatric Assessment. Hategan A, Bourgeois JA, Hirsch CH, Giroux CE (eds). *Geriatric Psychiatry: A Case-Based Textbook*, Springer Nature, Switzerland. 2018:27-46.

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Hirsch C. In postmenopausal women with osteoporosis, romosozumab followed by alendronate reduced fractures vs alendronate alone. *Ann Intern Med.* 2018 Jan 16;168(2):JC3. doi:10.7326/ACPJC-2018-168-2-003. PMID:29335715.

Hirsch C. In older men with low testosterone levels and age-associated memory impairment, testosterone did not improve memory. *Ann Intern Med.* 2017;166(10):Jc56. doi:10.7326/ACPJC-2017-166-10-056.

Hirsch CH, Woo T. The Chief Physical Complaints. Hategan A, Bourgeois JA, Hirsch CH (eds). *On-Call Geriatric Psychiatry: Handbook of Principles and Practice*, Springer Nature, Switzerland. 2016:141-60.

Hirsch CH, Francis DC, Bourgeois JA. The Physical and Behavioral Indicators of Elder Mistreatment and Neglect. Hategan A, Bourgeois JA, Hirsch CH (eds). *On-Call Geriatric Psychiatry: Handbook of Principles and Practice*, Springer Nature, Switzerland. 2016:185-96.

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